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significant life stressors. Follow up from IP 7/13-7/21

HPI:

Paranoia- Patient reports ongoing paranoia and notes that the Abilify is only "kinda" helping with his concerns at this time. He seems to have more insight about the voices than he has in the past, now being able to identify them as "voices". He states, "It's f**ing annoying," but that he is now is used to it as well. Voices are the same intensity as when on seroquel, but he states they were not present while he was inpatient. Seems to be triggered exclusively around his things such as his house, his car and his previous job. Paranoia is exclusively persecutory in nature. He states he is trying to "push back" against the voices, but that this may be making his life worse. They are saying " 'you're not going to sell the house' . they are going to steal it". He reports a "Weird smell" coming from electrical outlets. "Its like they are burning something". He states they are Hacking the power meter box in order to pull electricity from the ground so they can talk to him. 4 voices, one is a female, "the nicer one". He reports difficulty sleeping at home because the voices are most active during that time. He continues to take the medication as prescribed. He reports not as much weight gain since being on Abilify and denies any concerns with his appetite.
He denies suicidal or homicidal ideation.

Anxiety- Patient reports he is anxious because, "my whole life is falling apart". He had hoped things would improve since discharge, but notes

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