

My story

Age	Source	Symptoms	Symptoms started	Symptoms ended	Physicians opinion
2/3	Lights on in bedroom at night	Headaches Feeling sick	At night	Shortly after switched of	I was far too young to tell anyone Diagnosed : weak immune system
5	Electric welding	Dizziness Nausea	When coming near the power cable; repeatedly	Immediately after going outside	None I didn't understand what was happening, and told no one
12	Semaphone network 172,45 MHz <i>I was at the time not aware of this source or of EHS</i>	Headaches Skin Problems Shingles	Soon after the network was rolled out	Shingles disappeared in a month, the other symptoms didn't	It struck the family doctor that this was happening throughout the family and amongst more of his patients at that time
16	Weather radar, aviation radar <i>I was not aware of this source or EHS</i>	Memory and concentration difficulties Insomnia Migraine attacks Severe skin problems Food intolerances, All kinds of allergies (including to freezing cold and the sun) and sensitivities Lost my energy and my health deteriorated	Acute Developed over a period of two to three years	Disappeared when moving to other city Most of them didn't disappear after the move	The doctors couldn't understand where all this had come from and prescribed complete rest. Allergies, skin problems confirmed
19	Electric alarm clock next to the bed	Headaches Nausea Not feeling well	After a few days	Stopped soon after the clock was at much bigger distance	I didn't get it and didn't tell anyone

25	Fluorescent tubes above bed in hospital	Headaches Nausea Not feeling well	After a few days	Stopped soon after the tubes were taken out	None I just asked the technical department. I still didn't get the bigger picture of EMF
25-30	More powerful electrical sources, such as grow lights, electric ovens, cockpits and computer rooms <i>I was not aware of EHS</i>	I just could feel it No energy Poor health Problems as earlier I needed twice as long to get my jobs done			I just thought it was funny to be able to feel electricity
37	Portophones in industry <i>I was not aware of this source or of EHS</i>	Trouble thinking Sleeping problems Problems as earlier	Acute	Improved when I started working at home	I didn't see the link to wireless Doctors could see the problems, but not find the cause
39	Neighbours got DECT phones Cell phones became generally available. I had one <i>I was not aware of this source or of EHS</i>	Trouble thinking Sleeping problems Problems as earlier Low blood sugar levels upon exposure I could no longer do any sport	Acute	Didn't	I consulted many doctors They could see the problems, but not find the cause
43	3G introduction <i>I was not aware of EHS</i>	Symptoms as mentioned above Skin rash by new phone like burning Shingels I was very ill , not able to think and eventually lost my job			My health continued to decline year on year Diagnosed ME, Fibromyalgia Shingels Unexplained B12 and D shortage, CMV, Pfeiffer ATP deficiency Doctors could see the problems, but not find the cause

45	Someone with Cell phone <i>I was not aware of EHS</i>	TIA after one hour sitting next to him	Symptoms as when TIA	Disappeared a few hours after the person with phone left	Doctor recognized TIA
50	<p>Staying right under Cell masts</p> <p>Solar panels Working at ungrounded computer</p> <p>bed on the mains</p>	<p>Burning skin extreme restlessness urge to flee no sleeping at all</p> <p>heart palpitations pain concentration problems nausea, headache tingling skin tinnitus etc, etc, etc.</p>		<p>Soon after building a cage of Faraday I started sleeping again. After shielding from RF EMF and taking measures against ELF EMF my health slowly improved.</p>	<p>Several infections were diagnosed and treated, but eventually turned out to be chronic. Lyme, Bartonellosis, Cerebrospinal fluid: albumin too high, glucose too low Tachycardy Inhibition of the vestibular system, Tinnitus, Neuropathy, Foodallergies Finally I was told it could be EHS, but not by a doctor</p> <p>MCS Missing and abnormal genes were also identified which could explain the chemical hypersensitivity</p>
58-67	<p>Introduction of Wifi, Bluetooth</p> <p>Again aviation radar</p> <p>Very many solar panels, heat pumps, charging points for electric cars</p> <p>Stray currents, heavier currents on the grid, contaminated power supply and ground connection</p>	<p>All symptoms can occur when exposed</p> <p>Which nowadays is happening more and more as the situation outside is worsening:</p> <p>More devices, more wireless techniques, more electricity</p> <p>RF EMF and ELF EMF entering the house from outside are becoming stronger and the protective measures taken are no longer entirely sufficient</p>			At the age of 66, a doctor finally officially made a probable diagnosis that I was suffering from severe EHS