

Symptom Logs (Redacted)

Cyber attacks , sleep disturbances by radio frequency , electronic harassment , 5G , cyber , operational support , MK Ultra whatever you want to call it . I am looking for someone that has experience to help me locate the origin of the attacks .

Below is a summary of attacks at least going to bed every night . Attacks have been for around eight years now .

Characteristics of attacks are similar to the mystery weapon used in Venezuela , Havana syndrome , MK Ultra , heating of skin , pain from pinpoint areas , transmission of images or profane animation sequences when attempting to sleep , sleep deprivation, tinnitus in ears , voices without origin , arms or legs moving uncontrollably , nightmares . When I am awake, cyber has the ability to see what I see when I see it , when I focus on words or objects they shake up and down or left and right as if operators can see what I see when I see it, possibly using a joystick that can interact with my field of vision , eye tracking technology . When I close my eyes I see animation sequences that vary from a man wearing sunglasses flipping me off like screw you , bright blinding dots shaking are constant for years , colors that vary in intensity mostly red and blue that combine with different images that of the man with glasses having a mustache to being clean shaven . Animation sequences can be anything and have been , though mainly of a guy flipping me off which often happens when being woken up from sleep by anything from something poking parts of my body to parts of my body moving suddenly . Also , animation and images reflect on events during the day as well as conversation I have (i.e. authorities targeting relationships and then when trying to sleep animation suggesting the operators taking or having relationships with people I have loved , basically painful animation sequences related to events in my life that repeat even to this day) .

Some nights I don't sleep much from the attacks , severe sleep deprivation related to remote torture . I have worked 15 hour days with one or two hours of sleep at times over the years , with worse attacks interfering with my coordination during the day . An example is that I have dropped my breakfast on three different mornings this week from being shaky from being attacked resulting in severe sleep deprivation .

Attacks vary in frequency , location , with a duration over several years . Severe attacks occur on important days of life like work related , vacation , holidays like Easter and Christmas and time with family , days off , job interviews . It is like someone knows where I am all the time , can see what I see , hear what I hear and adjust the attacks . I don't get a whole lot of opportunities in life being from a vulnerable family . When I work hard at something everything can come down to a good night's rest .

A typical attack is to go to bed , close my eyes to see colors and animation sequences with bright blinding dots that hurt my eyes , somehow fall asleep just to be woken up within a few minutes of falling asleep by my face tickling , burning sensations, pain in ears , body parts jolting very briefly sometimes violently . Body jolts are like the videos you see of brain surgery where the guy pokes a lobe and a body part moves , same thing here ; my legs kick , upper body raises , head turns , shoulders move , waist moves (I am healthy , no medicine , 20 pull ups , sub 14 minute 1.5 mile [age]) . Attacks are not limited to bed time . Sometimes it feels like needles or burning on my lips , face and especially ears . The ears are the most painful as it is deep in my head and makes my ears run with fluid . Ear attacks are pretty frequent and have been occurring for several years always when sleeping . Sometimes they attack my more sensitive areas . Other victims have spoke of rape using these weapons . Attacks when attempting to sleep sometimes result in severe sleep deprivation resulting in not being able to work or have a normal life , somedays I am not happy and when you try to be honest and explain what is going on people treat you differently and not in a good way , again resulting in less opportunities , victim of circumstances . Sometimes my head feels like pressure moving around inside . Other times my legs will jerk , arms will contract or shake like being punched in the head while attempting to sleep .

This cycle can go all night resulting in not getting any sleep , sometimes waking up 5 times or more . I text myself when I wake up, sometimes text myself when kept from sleep with descriptions of the attacks at least to prove that I was up, considering I don't have the means to locate transmissions or communications . When I have a work day or even off day the attacks from cyber increase in frequency . Example is I had an interview for law enforcement , a two month process and it is like someone knows everything , big day tomorrow , needs sleep , got tortured in a way I can't describe to anyone without threat to my liberty . It's almost like the origin of the attacks is also the source of information to critical infrastructure , first responders , law enforcement . Basically attack , torture me and my family then publish data making me a target in the community . When attempting to write or submit a complaint I am called crazy , referred to mental facilities , basically threats to my liberty and name called for coming forward . (I took the ACT for law enforcement and almost scored perfect on all categories and am above average on physical abilities as well) . I am interested in databases , terrorist screening , and law enforcement . (security seems to follow orders labeling me a problem when I have not done anything but been a victim which suggests wrongdoing, even a coverup) .

For the past several years attacks have usually been accompanied by air traffic . An example is like talking about a plane and a loud plane will fly right over me or a severe attack when sleeping or the night of an attack and a plane fly low directly over me .

Ability to transmit information ; critical infrastructure ,Radio , TV, government, local authorities , law enforcement databases , healthcare similar to an operational support or nerve center . Duration and frequency of attacks have been non stop for several years making work and personal life difficult to impossible .

The attacks are not limited to me but I believe my mom who suffers from Parkinson's also dementia she will scream in her sleep . She has strange dreams, something that I have had happen to me a lot . Just the other night she woke me up , startled. She would say there were 5 little Mexicans outside the house . Other nights she stares out of the window because she heard something outside . When she looks out she believes she sees flashlights . She also sees things in the house thinking people are sitting on the couch when nobody is there . While I don't disagree that she suffers from an illness from my own personal experience I believe her , in fact I am willing to believe more has happened than to my knowledge . Again similar to the animation being personal and painful seeing my mom running after things that are not there at a diminished mental capacity is not easy . For what it is worth they attacked me pretty hard Christmas eve and day as well as so far this year of 2026 .

The only defense I have is over the years is to text myself during attacks in hopes there is a history or record of the attacks against me . Also I believe if you can locate the origin of flight traffic , bulletins or information posted about me in terms of cyber I believe you will find the origin of the RF attacks . Signals , cache , web history , chat , text messages, in person meetings at hospitals, churches, police stations , military bases , coordinating with Mexican officials who could possibly be involved in narco terrorism investigations . You would be interested in collusion , kickbacks , coordination, conspiracy, conspiracy against rights under color of law or national security , targeted attacks , murders .

Example of texts I write myself to document and note attacks , cell phone data will support dates , times and descriptions .

Friday August 21st 2026 1:51am Woke up from another nightmare

5:53am Left arm swing hard and violently waking me up Top shoulder hurts from over extending

Thursday August 20th 2026 11:57 pm Woke up Not nightmare Visual disturbances with eyes shut

Wednesday August 19th 2026 2:04am Woke up to nose poke with flashes of words with images and animation sequences with blue color

3:02am Woke up when trying to go back asleep , pokes to face with the mages and animation

Tuesday August 18th 2026 7:56am several face pokes while at work

8:03pm Color red when eyes closed Cartoon animation almost stick figure man drinking other stuff not clear Bright dot to left constant and shaking

Tickling on neck sharp feeling on face

8:19pm Strong shock makes whole body move when almost asleep Animation man with sunglasses drinking a cup other animation difficult to see, dot when eyes closed

9:43pm No sleep Feel like something else j eat Eyes closed see blue color , dot to left shaking constant and bright , animation of man's head laying face up appearing and disappearing same animation for years of sleep deprivation , changes to a sheet or cover being pulled up , looks like another cartoon like character , satellite streaming sound in ears changing pitch constant

Sunday August 16th 2026 5:38woke up

5:05pm Strong shock when almost asleep making hand shake Colors blue and red when eyes are closed Bright dot to left of vision constant and shaking making sleep difficult the past several years

Saturday August 15th 2026 2:34am animation cartoon like Red color turn blue Shoulder moves forward quickly when attempting to fall back asleep Hand moves

5:31am woke up Big shake / push Couple earlier woke up several times

9:58pm Several small shakes but quick while trying to go to sleep Colors red and blue with eyes closed Ringing in ears

Bright dot to left constant several dots appear and disappear

Thursday August 14th 2026 3:33an Woke up Hands pulled up

Blue color when eyes shut

5:40am Woke up a few minutes earlier Hands pulled up while laying there Shoulders moved later

10:01pm woke up , bad dream , left face poke

11:31 pm nose poke woke up

Wednesday August 13th 2026 12:50am Colors and animation continue Visual disturbances are a head tha is laying head up moves and appears and disappears flashing red and black Bright dot constant to left Animation mustache, top center and some right shaking up and down constant all night

8:14pm Very tired , worked with little sleep again At 7pm went to bed , head moved forward very fast uncontrollably startling me when almost asleep This has been accompanied with colors red and blue with bright blinding dots that are constantly visible Other shakes and ringing in ears with pokes to neck and face

8:52pm Right hand shakes violently while trying to sleep Prior shoulders moved forward Pokes to right eyelid Red and blue colors background with animation of a cartoon like man in uniform laying in bed laughing pulling covers up over and back off repeatedly for past several years

9:47pm violent neck shake , hurt head and neck from sudden jerk , blue colors with bright dot to left and loud ringing noise in ears

Tuesday August 12th 2026 8:42pm Big shock to whole body making me move hard while trying to sleep

Blue and red color when eyes shut Bright dot to left Animation mustache sunglasses rest I can't make out

10:08pm Body shocks several times since 8pm Colors blue and red with animation, bright dot to left of vision , ringing in ears , woke up several times Very tired , memory bas , hands shake , tough to walk

11:43pm Poke to left eye eye lid Shakes to body when able to fall asleep Ringin in ears constant Animation sequences with blue light and bright dots constant Very tired from torture and sleep deprivation

Monday August 11th 2026 12:11am high pitch ringing changed Color has turned from blue to red Bright dot constant and bright shaking

12:44am constant blue and red color brighter with head that appears and disappears moving downward facing up

Is common animation involved to all night torture, sleep deprivation for the past several years after being woke up throughout the night in different ways

1:33am woke up again

1:55am animation began ns again of cartoon like men in uniform sneaking around appearing disappearing using a blanket

3:53am woke up again from nightmare Cut lip in n dream with razor and smelled blood Animation, dots colors continue

7:42pm No sleep this weekend from torture and sleep deprivation Bright dot to left of vision closing eyes colors red and blue, ringing in ears , bright dot to right

7:57pm Strong body shock when just fell asleep Lots of airman reading papers packing with small cartoon like characters Red color

Sunday August 9th 2026 5:20am woke up

7:29am Arm moves back and for the when asleep waking me up Body shakes earlier Color blue with some hard to make animation changes red Left ear hurts Very tired from lack of sleep

8:07pm Very tired Trying to sleep for work Bright dot to left of vision very bright hurt eyes Other dots appear and disappears Loud ringing in ears

Color isn't as bright in background Linda blue maybe a hint of red sometimes

11:41pm Went to sleep for a minute and had nightmare

All night colors and animation of heads and two figures in bed together

Several body shocks

Pokes to neck and face

Went to bed around 8pm

11:50pm heart palpitations

Saturday August 8th 2026 3:56am Hard body shake Several body shakes over the past hour Color blue when eyes shut

6:53am Strong shocks to body shaking me awake Left ear hurts and runs fluid Constant blue color with animation of two figures in a bed pulling blankets up and down all night following attacks Severe torture and sleep deprivation Very little sleep Nightmares every time fell asleep Very tired still

9:56pm bright dot to left constant moving Big shake when almost asleep Dark red and blue changes background color when eyes closed Loud ringing in ears Animation hard to make out looks like cartoon man in uniform

10:30pm Several violent shocks to body when almost asleep Bright dot left of vision constant shaking Body shakes from severe sleep deprivation and torture techniques

11:00pm bright blinding dot to left like a laser pointer in my eye hurts Ears ring like satellite streaming Very tired from not sleeping on my off days Hands shook all day Walked in circles Memory bad Hard to speak from years of torture

11:10pm Torture program response and duration with red background with black silhouette head , bright dot left constant shaking painful bright , loud ringing pitch changes long term sleep deprivation

11:26pm Heart palpitations

Friday August 7th 2026 10:05pm Head moved down when almost asleep quickly and violently like being hit on top of the head Colors red and blue Dots left constant Color turn red and visible animation of man with mustache with glasses looks then turns away

11:26pm Woke up Nightmare

Wednesday August 5th 2026 12:58am woke up

Left ear hurts, itchy

227am constant poke to face since woke up colors bright dots

8:22pm Very tired Trying to go to bed Eyes closed bright dot shaking to left Bright dot too center right Blue color

Tuesday August 4th 2026 5:24 ears hurt Very tired

8:11pm Almost asleep right ear starts to run fluid and hurt Colors blue and red since 7pm with sick cartoon like animation Body shock

I cover my ears with blankets

The ringing in my ear changes pitch

Is m very tired from the amount of sleep deprivation and torture that doesn't end

831pm Heart beats hard from ear attack and shock from waking me up Color changes red and blue Ringing l ears Hands shaky from torture and sleep deprivation Pain in right ear Left ear felt fluid

Dropped half my orange at dinner

Unable to fall back asleep 9:07pm Laying in bed for over two hours so far

11:34pm woke up from nightmare

Monday August 3rd 2026 2:10am Right ear hurts real bad Color blue Very tired Little sleep

4:17am woke up from bad dream

4:58am two hard shakes to body as I fell back asleep one before the other Colors changed blue Satellite streaming noise change pitch Animation Body felt warm Breathing changes Very tired

6:57pm Bright dot to left of vision with blue color Ringing in ears Very tired from lack of sleep and torture

8:16pm Right ear poke (starts to itch , get warm until awake)

8:31pm Color blue when eyes closed attempting to go back asleep Hands shaky from repeated torture and sleep deprivation Ear ringing loud

9:02pm constant pokes to body Bright colors red and blue with strobe like effects Right ear hurts from being woke up

9:56pm left ear attacked when almost asleep Running fluid Hands shake Body shakes Sick animation Blue color with bright blinding dots constant

10:11pm Left ear bow hurts a lot and runs fluid

10:16pm heart palpitations

Sunday August 2nd 2026 5:24am Woke up several Woke up just now and attempting to go back asleep and red and blue background with animation of man with glasses and mustache squinting up Bright blinding dots Ringing in ears

6:18am woke up again Color blue with animation of man with glasses and mustache being violently attacked then color changing to blue background with same looking character Very tired , not much sleep

Bright dots, ringing in ears

6:30pm Big body shock waking me up Laid down around 5:00pm Very tired from past months torture and lack of sleep forced to work

5:00pm to 6:30pm Colors red and blue when eyes shut constantly with blue current Light images and animation though not clear Bright dot to left and center as well as right constant and shaking hurting vision in left eye

Work week starts tomorrow as usual for the past three weeks severe torture and brighter colors and animation as well as physical attacks increase on Sunday evening causing severe fatigue beginning work week

9:02pm Bright blue swirls flashing like oe lava lamp Bright blinding dots left constant Loud ringing frequency satellite streaming sound

Very tired unable to rest

9:26pm back of neck poke Color has turned dark red swirls and moves Bright dots constant Loud satellite ringing noise

10:14pm Almost asleep and violent shake raising my body up and down

Hands shaky from severe torture and constant sleep deprivation

Color blue and red since 5pm Constant dots for years and pokes to body all night

Saturday August 1st 2026 12:21am Woke up by pokes on neck and pain in left ear Color blue still when eyes are shut Bright dot to left constant when trying to sleep Shakes and pokes to face contact since 9:50pm Very tired from being tortured several weekends

12:29am took screenshots of plane fly by with turn made about the time I go up to go to bathroom following making note of sleep deprivation torture

Left ear still hurts

Ringing

1:29am Bright dot left constant very tired from weeks of constant torture

2:09 blue color with eyes shut with bright dot shaking to left and several other dots Been awake since 4:30am and worked everyday this week

2:31am Red and blue animation Bright dots Man and woman , people walking away , lots of movements, very tired no sleep since 4:30am

Plane flyover

7:29am less than five hours sleep after up 22 hours and full weeks work Head hurts , hands shake , extremely tired

5:39pm left neck muscle tight when almost asleep Very tired Wrote emails to authorities Blue color when eyes shut with bright dots

Friday July 31st 2026 2:00am woke up

Went to bed around 9:55pm Animation dark red of man with hat strangling another man with hat now blue with face pokes waking me up Very tired from little sleep these past several weeks

10:51pm Nose poke , neck poke , left shoulder pops out while trying to sleep after long week at work Color blue constant with eyes closed Loud ringing in ears Animation has switched to man with hat in bed pulling covers up and down Very tired

Thursday July 30th 2026 7:58pm Went to bed around 7:45pm When eyes closed blue and red colors Bright blinding got to left Hard shake when almost asleep Animation of man on phone at computer

9:19pm woke up from nightmare

9:29 right side face poke while Trying to go back asleep

10:59pm Woke up from nightmare

Wednesday July 29th 2026 3:04am woke up from nightmare

3:16 dark blue color when eyes shut Loud ringing in ears

7:55pm Tough day , tired going to bed Close eyes and see red and mostly blue background , bright dot left and center top Animation sequences possible paper which has been a theme used in torture for past several years

Tuesday July 28th 2026 3:18am dark blue color with eyes closed Swirls , animation hard to see Clearly , butt itch / poke

3:51am Almost asleep Body jerks and moves involuntary combined with bright colors , animation and dots

9:01pm Went to bed around 8:15pm Colors blue mostly with red Bright dot constant left Animation of man with hat and other in bed pulling covers After fell asleep but woke repeatedly to several face pokes all over constantly making sleep impossible and very uncomfortable

Monday July 27th 2026 12:07am hard shakes Animation, pokes to butt and face , loud ringing No sleep

12:33am Lots of animation Man and woman walking away Repeats Bright colors red and blue Loud ringing in ear changes pitch Stings to butt are more than usual Pokes to face Involuntary movements Little sleep this week

1:00am Color red and blue Man in hat and glasses squaring up Images and colors swirl and are bright Dot is constant on left Ringing frequency constant Pokes to butt , balls , face Very tired

3:30am Woke up Very tired

6:26am mom screams

Sunday July 26th 2026 12:12am Animation changes to head facing up moving up and down Is another animation sequence that has been very common following severe torture and weeks of sleep deprivation

22 hours no sleep on off days Over ten hours of in bed being tortured over two nights

12:49am Heart palpitations Color changes from blue to red Man in hat with woman walking away Other animation I can't see clearly High pitch ringing in ears Chills on top of head No sleep Body shaky

5:19am Woke up Close eyes low dot appears and disappears Low dots appear during torture and sleep deprivation

High dots and left Dots that are constant appear during torture too

Very tired Less than 3 hours Sleep

5:40am Left shoulder moves briefly when almost back asleep Animation of man's head appears and disappears with blue background color and some red

7:18am Woke up Fell Asleep several times Woke from shoulder Moving , leg , arm Colors red and blue with various animations, loud ringing in ears

7:32am butt itches, several butt pokes since 5am , loud ringing in ears Chills, blue color with eyes shut trying to sleep

Head hurts , not much sleep since Wednesday morning

9:39am Red color when eyes closed Several dots appear and disappear

10:18am colors blue and red Loud ringing in ears Head hurts Animation of man's with sunglasses getting in my face

5:24 very tired No rest this weekend Last good nights rest Tuesday

7:14pm Very tired Going to bed Ringing in ears Colors red and blue when eyes shut Bright dot to left Other dots appear and disappear

7:23pm red and blue colors swirl bright Head hurts from lack of sleep Hard to sleep with colors and dots

7:[age] pm almost asleep Red color Dark Face poke left cheek Feel like I have fever from weakened immune due to sleep deprivation

7:53pm Found a Tylenol Trying to sleep Very upset from the torture all week Head hurts No sleep Bright blinding dot to left constant , moving Colors swirl mostly blue for now Ears ringing from frequency attack

8:15pm Dark blue colors swirl bright man with hat in bed pulling covers up Loud high pitch ringing non stop Bright blinding dot to left constant Butt pokes

8:32pm No sleep Loud ringing noise in ears from frequency attacks Blue color with eyes shut Animation of man with hat in bed pulling covers up Bright blinding dot to left of vision sometimes top center

8:36pm butt poke Right ear run fluid

8:45pm Red and blue Man with hat in bed with woman's rolling around pulling covers up and down Consistent with months or years with severe attacks and sleep deprivation

9:02pm Almost asleep and my head jerks forward very quickly and violently hurting my neck and startling me Colors blue and red Bright dots constant Animation of man in hat in bed with woman's rolling around and covers continues Bright blinding dot to left Head hurts Ears ringing non stop Hands shaky Will be another night until I get a chance at a full nights rest

9:30pm No sleep Bright dot constant to left of vision Small dots appear and disappear random Top dot sometimes Loud ringing in ears

9:41pm Blue colors with eyes shut with dots No sleep Ringing in ears Butt spasms

11:42pm woke up from small sleep Blue colors when eyes are shut Bright Loud ringing Bright dots

11:57pm strong pokes to face and butt after being woke up Colors blue and red when eyes close with animation of man in hat flipping me off Animation swirls and appear and disappears other is not as clear

Saturday July 25th 2026 Woke at 330am Colors red and blue when eyes shut Body jerks involuntarily when almost asleep Butt pokes , stings

Off day less Than 5 hours

5:17am Almost asleep when left Arm raises suddenly almost hitting me Hands are shaky from years of torture Very tired from working overtime this weeks Hard to walk

5:38am involuntary movements shaking my body when trying to sleep on my off day from work Colors blue then red that of a black head silhouette that has been normal under severe torture and sleep deprivation over the past eight years or more

5:55 colors , dots when eyes are Closed , still attempting to sleep Random itches and stings in ass , loud ringing noise in ears , very tired from years of constant torture

7:09am Still unable to sleep on off day due to torture

Current images when eyes are closed went from red to blue , scratching butt animation followed by images of the name of the sign that hangs over my work , bright constant dots on n top center and left bright and shaking , involuntary movements when almost asleep since early this morning

7:25am right hip pain

9:03am No sleep Close eyes bright blue color Loud ringing in ears Crawling feeling on butt Heart skips beats Hard to walk and eat breakfast this morning Pressure in front of head Body shakes same as the past several weeks

900pm Super bright red and blue when closing eyes trying to sleep Bright dots left and center Ringing in ears loud

9:22pm Almost asleep with several body shocks Waking me up with severe sleep deprivation without sleep last night Very bright colors blue Butt stings and pokes

9:35pm Right hand Moved violently when almost asleep Left shoulder Moved down hard when almost asleep Butt pokes , itches periodically Bright color blue Loud ringing constant

10:35pm dark blue and red colors with animation not as visible Bright dots left Ringing in ears Very sleepy and hard to walk

10:58pm Pokes to face when almost asleep Body shakes hard , limbs waking me up several times

11:08pm Bright dot center top Blue color bright Eyes have dark circles underneath Skin dot on face looks bigger Hard to walk and move arms

11:20pm butt stings Blue color when eyes are shut still trying to fall back asleep after going to bed at 8:30 waking up by severe attacks several times

11:44pm blue color with eyes shut Animation of people walking off Also the mages of man in hat pulling covers up in bed with several people Animation sequences related over and over and has been used for several months or years now following severe sleep deprivation pokes and body shakes with no sleep

Friday July 24th 2026 2:28pm right side of face below lip above chin poke

2:30pm butt poke / itch

6:33pm butt itches / pokes

Thursday July 23rd 2026 Woke at 1:30am Colors red and blue with dots and silhouette of man's head laying face up appearing and disappearing

Multiple face pokes while trying to to return to sleep , butt pokes /itches Several small motions of body involuntary , shoulders , arms , shakes Loud ringing in ears constant Very tired

2:51am almost asleep Hard body shake

3:01am hard body shake when almost asleep Hands still Shaky from years of torture and sleep deprivation

3:21am colors red and blue with animation sequences Random dots appear and disappear lower in vision

Coworker was sick this week Sleep deprivation lowers immune system Parents are elderly and disabled

5:09am woke when feel asleep again Attempt to go asleep and neck and face pokes with animation sequences depicting a users in bed , traffic and bumpers , various women , strange words , bright dots and colors

5:40am go to work without sleep Hands shake Coordination bad Almost fell down standing up Headache Body ache Palpatations Ringin in ears

Nightmares when was able to sleep

10:51AM Us army chopper flyover at work

3:44pm neck pokes , face numb , hard to walk and move arms , hands , headache , everything I focus on shakes up down or left right , close my eyes to try and rest color goes from red to blue with dots up top and bottom appear disappear with constant left dot bright all day

8:04pm Bright red color when eyes closed attempting to sleep Bright dots constant and moving to left of vision Ringing in ears Very hard day Face numb from torture and sleep deprivation Hard to move legs Hands and body shake Breathing hard

8:16pm Color turns blue Lots of animation of cartoon like characters looking like they fight

8:20pm butt stings , pokes

9:18pm Almost asleep Woke up Butt pokes , itch Colors red and blue when eyes shut Bright blinding dot constant to left Ringing noises in ears Very tired

Monday July 20tg 2026 7:15pm multiple face pokes while studying Spanish

9:19pm Almost asleep Left eye poke , itch Colors red and blue when eyes are shut Bright dot to left constant and bright Animation of man with glasses hard to make out

Sunday July 19th 2026 2:20am woke up from bad dream

2:30am attempting to return to sleep and light body shock with light blue color when eyes are shut with animation in center with bright dots left

2:35 Almost asleep and neck feels like Something crawling on back

8:26pm Went to bed Close eyes and bright blue with same dots moving

Saturday July 18th 2026 6:16am woke up Blue color and animation of man with sunglasses Butt stings , pokes

6:17am left shoulder spasms

7:29am face pokes and butt pokes /itches

Friday July17th 2026 12:09am Man in bed pulling up covers with another person in bed Images and animation same as severe torture and sleep deprivation nights and mornings over past several years Color blue and bright left dot

12:29am Neck pokes , crawling sensation on back when almost asleep Animation sequences of couple in bed pulling covers up continues repeatedly appearing then disappearing with blue and black background and bright blinding dot on left side

1:24am Animation sequences continue Man's head as silhouette moving around up down appears disappear Bright dots shaking Colors Ringing in ears Butt stings , pokes No sleep

2:19 woke from Smal rest Funny dream not Mine Attempt to go to sleep left shoulder moves violently starting me

2:39am heart palpapatations Colors red

2:59 strong body shock when almost asleep Animation of characters in bed pulling covers

1:50pm No sleep Hands shaky Left shoulder chest muscle spasms

Thursday July 16th 2026 8:59pm Dark blue color when eyes closed with animation Bright dot moving to left and right Pokes and tickles to back of neck

9:10pm Almost asleep when big body shock Very tired from lack of sleep past couple weeks Hands shaky Forgetting things Headaches Blurred vision Severe sleep deprivation

10:25pm Very tired Hand shake and feel Numb from torture and sleep deprivation for past few weeks Color blue when eyes shut with animation Woke up by strong body shocks when manage to fall asleep Bright dots left And right center shaking constantly for past eight years Everything shakes when awake up and down or left and right for eight years

10:40pm Butt Pokes and itches when almost asleep Keeping me awake with other forms Of torture

11:05pm Pokes and itches to butt back of neck colors blue and red when eyes shut with bright dots to left and center shaking Animation dark hard to make out Earlier man with glasses staring close to me followed by severe sleep deprivation, shocks , jolts to body Hands shake all week , tired , unable to speak from weeks of torture and no sleep

Dot to left constant and brighter hitting eyes and making it hard to read when awake

Wednesday July 15th 2026 9:14pm Attempting sleep since 8:45pm Colors red , blue and black Animation in background of man with mustache Bright blinding dots to left and right Multiple face pokes , chin , nose , ears and neck Almost asleep several times when pokes and itches occur

Tuesday July 14th 2026 4:09am Poke to nose

Woke up several times throughout night

Body shakes , involuntary movements , colors , dots , animation

5:24am butt , groin pokes and itches Blue color when eyes are shut trying to sleep

Multiple body shocks Ears itch with fluid Images animation Bright blinding dots constant for eight years

10:21pm Woke up Left ear itch , hurts , draining fluid

Monday July 13th 2026 3:40am Woke Up to poke on right eyebrow Rolled over to go back asleep and several body shocks constantly to keep me from sleeping No sleep last week , weekend Very tired

4:51am Woke up by several shakes repeatedly Stings and pokes to butt

8:44pm Attempting to sleep again after really long day at work without rest this weekend Butt stings Colors red and blue when eyes are shut Animation of man with sunglasses and mustache doing something Crawling and stinging sensation on back of neck

Sunday July 12th 2026 12:05am body shake when almost asleep Very tired from work this past week Not much sleep last night Friday

1:52am Woke up from sleep Shar pokes to to of nose Butt sharp pokes to ass Loud ringing noise constant

5:18am woke up again Try to go back asleep and neck pokes resulting in itches

5:30am almost asleep and body shakes involtlike being tased or shocked When eyes are shut blue and black color with head laying face up moving mouth looking ugly fading in and out of visibility Random dots appear and disappear low

Very tired from lack of sleep since Tuesday

5:53am Still trying to go to sleep Repeated pokes / stings to butt , neck with colors red blue and black with animation and dots some constant and moving while others appear and disappear with constant ringing changing pitch in ears

6:29am left Tricep spasm

8:29pm Almost asleep and big shock /jolt to body very hard Colors red and blue with eyes shut Really big bright dots moving constantly same as past eight years of constant torture No sleep this week and about to go back to work

8:58pm Very bright red and blue swirling with hard to make animation Dots are brighter than usual similar to attacks before starting work week coming off hot dangerous days and sleep deprived weekends

9:34pm Almost asleep body shakiest violently waking me up again

Color blue and black constant with animation of man going to bed pulling covers up and down repeatedly with other characters

Bright blinding dots constant for eight years

Loud ringing noise constant 8 years

10:31pm Still kept without sleep Pokes are now close to groin and back of neck when almost asleep body shakiest

Visual torture continues with shakes when almost Sleep

10:48pm almost asleep and whole body moves back and forth Stings in left ear causing fluid and discomfort Butt stings Nose pokes

Colors blue and black with contain dots and ringing changing pitch

Saturday July 11th 2026 Between 2:50 and 3:30am Saturday morning woke up from sleep after going to bed close to 11pm Friday night Between 250am and 330 am red color when eyes closed attempting to go back asleep swirling with silhouettes of man's head like kaleidoscope with constant bright dots to left shaking and top center similar to the pad eight years of torture and attacks

Colors blue and red since 11pm Neck poke sharp when almost asleep Repeatedly but pokes /sharps itches along my butt crack while trying to sleep

Bright dot to left shaking constant , center top , ringing in ears , light animation but very dark

Thursday July 9th 2026 Red light turn blue after animation sequence of man with mustache with eyes shut while trying to go to sleep

Bright dot to left side Almost asleep Images are clearer of cars kind of like being at work

Poke to chin , sting almost constant

Tuesday July 7th 2026 4:15am Woke by bad dreams possibly other When eyes are closed since bed time colors red , blue and black with animation sequences Around time 9:00pm man with mustache looking toward me and walking away with red background Since various still images random with words and phrases flashed quickly Also man laying on back face up which has been common in torture over the past several years

Woke several time throughout night , bad dreams , colors , Dots constant and bright when eyes are shut , loud ringing noise constant in ears , very tired

4:56am woke up by body shake and chin poke Head hurts , very tired

5:03am Various neck pokes while attempting to fall back asleep

5:16am by Ty itches , body shakes when almost asleep random pokes , colors red ,blue , black when eyes are shut Hard to make out animation Constant bright dots when eyes are shut

9:20am left bicep spasm

9:37am left bicep spasms at work

8:34pm bottom chin poke

8:56pm colors red and blue background , animation of little people / charcters / cars Bright blinding dots left and right moving constant

11:06pm woke up

Monday July 6th 2026 7:43am left bicep spasms at work

Sunday July 5th 2026 452am Woke from bad dream

Friday July 3rd 2026 219am left Bose pole

7:52pm butt itches

Wednesday July 1st 2026 12:30am woke up from bad dream

11:33pm woke up Bad dream

Sunday July 28th 2026 204am Woke up Bad dream

Saturday June 27th 2026 1:37am woke up Nightmare

Friday June 26th 2026 435am Red color with black Silhouette of head not as visible only features of head swirling around like lava lamp Bright dots constant left , center top , other dots appear and disappear

Thursday June 25th 2026 5:39am nose poke Bad dreams all night Wake up several times

1021am At work right nose poke

Wednesday June 24th 2026 1:04 nose poked

2:24am bad dream woke up

2:34am Nightmare woke up When eyes closed colors and random Cartoon images Also cold paralysis feeling while asleep

Second night this has happened Last night cartoon images were changing colors of faces from white To black without details on face like mouth and nose

9:05pm Body shakes forward when trying to sleep Colors red and blue when eyes are shut constant back ground

Various animation usually advantages of man with glasses and uniform and mustache with and without

Bright dot to left and center top others move and disappear

Other body movements and visual torture since 8:40 pm

Dropped breakfast this morning from last nights torture

9:14pm Nose poke , no touch torture Images and colors replaying sequence from work

Monday June 22nd 2026 12:39 am woke from bad dream

Thursday June 18th 2026 8:56pm Arm s move when almost asleep Bright blue when eyes shut with animation of cartoon man in uniform with glasses Loud ringing wears Bright dot constant on left

Wednesday June 17th 2026 3:49am Woke from bad dream Close eyes to try and go back asleep and man with sunglasses starting at me moving head

Woke from other bad dream around 1:50am

9:08pm Almost asleep Left shoulder jerks sudden and quickly

Blue colors starting with light red when eyes are closed constantly

Bright blinding dot to left of vision

Monday June 15th 2026 12:06axokora res andbclue Bright dot Woke several times Left ear with oainndusimfidf

Sunday June 14th 2026 4:29am woke from bad dream Animation playing fast tempo Hard to make out images

10:00pm Woke up right when falling asleep by body shock , shaking startling me and waking me from sleep Bright red then blue colors starting at bed time around 9pm Bright dot constant to left of vision Images and animation constant but hard to see Cartoon like characters male and female walking off Characters in bed pulling covers up Man with sunglasses starring at me Colors and images appear and disappear repeating and morphing with silhouettes All common images over years of torture as well as sleep deprivation continuing for no less than eight years

Friday June 12th 2026 12:00am woke up to face poke

4:52am woke up Butt itch Involuntary body movements

458am both hips hurt even if I just lay on one side for a few minutes

Thursday June 11th 2026 338am woke up

Woke up around one

419am butt stings Almost asleep several Times And body moves forward

430am butt stings

8:24pm Very tired and hot all day at work Attempting to rest and right elbow moves forward quickly

8:34pm Crawling sensation on back of neck Movement of shoulders And head several times Prior elbow , arms , Shoulders , crawling on hand Colors, blue , black animation of silhouettes and heads , bright blinding dot to left of vision constant

9:06pm Ankles , Wrists , neck Twists , shoulders , Shakes , Crawling feelings on Neck

921pm several shakes from neck , head , wrists -, ankles while trying to sleep now pokes to face and genitals

9:51pm Shakes and Movements of body are still non stop several times a Minute for the past hour and half

10:12 Red color and animation of a man's head appearing and disappearing added to non stop body shakes and involuntary movements of body parts

Wednesday June 10th 2026 1:18am bad dream

9:38pm Very tired from Lack of Sleep

Left arm moves several times , body moves , bright color blue when eyes are shut with some red Loud ringing noise constant in ears

8:45pm several but muscle shakes Wobble, fast almost asleep

8:59pm Several body shakes to separate parts of body , wrist , shoulders upper body Shake are frequent and have intensity Attacks have escalated

Wednesday June 3rd 2026 2:09am Almost asleep shoulders move up and down hard and quick Constant animation of several characters , bed pulling up covers Color blue Bright dots constant left and top center Possible pokes

3:29am left shoulder pop Butt poke Color light blue with dots left and top center Animation is small , silhouettes morphing , appearing disappearing

11:07pm Woke up by pokes , itches to face Around eyes , real sharp itches in several places Loud ringing noise in ears Lot of animation since 8:45pm when going originally going to sleep Colors red and blue Bright blinding dots to left and right shaking constantly Animation of several characters Both men and women in laid acts

Tuesday June 2nd 2:56am Flashing head changes from red to blue color Head faces head up and turns to look towards me Appears and disappears and moves Right dots to left and center top Small pokes and itches to face and neck

3:57am Alarm of dads oxygen machine went off but it wasn't on

4:10am mom has been up I heard her talking but dad is asleep in living room She said she was talking to someone and wasn't going to bed

6:10am Pulled up at work Nose is runny

Monday June 1st 2026 2:19am woke around 2 from vivid dream Attempt to go back asleep and colors and dots when eyes are closed still Almost asleep when body rolls backwards preventing me from rest

2:24am Neck pokes , body rolls , colors and animation , ringing in ears Sleep deprivation

4:17am Woke up to body jolts /shake Colors and animation Bad dreams Ringing in ears

5:13am Colorrs blue and red with animation of a man's head with hat moving mouth appearing and disappear and moving

Bright blinding dots constant all night for eight years

Loud ringing noise in ears

Pokes to neck , face

Shocks to body , jolts , etc nvolutary movements disturbing sleep all night

Sunday May 31st 2026 8:06pm Left arm tricep spasms

9:58pm Right arm bounces Of bed repeatedly when almost asleep

Colors blue and red visible constant with animation and bright dots to left and center of vision since 8:30pm

9:59pm Pressure to front of brain , forehead Feels like spasms in brain , pressure, head ache , loud ringing in ears

10:34pm Woke up by body shaking , face pokes , crawling itching sensation to balls and groin Color blue when eyes closed with animation and bright blinding dots to left an center constant

2:19am woke around 2 from vivid dream Attempt to go back asleep and colors and dots when eyes are closed still Almost asleep when body rolls backwards preventing me from rest

2:24am Neck pokes , body rolls , colors and animation , ringing in ears Sleep deprivation

4:17am Woke up to body jolts /shake Colors and animation Bad dreams Ringing in ears

5:13am Colorrs blue and red with animation of a man's head with hat moving mouth appearing and disappear and moving

Bright blinding dots constant all night for eight years

Loud ringing noise in ears

Pokes to neck , face

Shocks to body , jolts , etc nvolutary movements disturbing sleep all night

Saturday May 30tg 2026 12:56am woken from sleep Jerks , colors , bad dreams Super tired

7:41am Neck pokes when trying to go back asleep Fake flea hops on back of neck Colors red and blue with eyes shut Animation Bright dots left And center Top

7:43am Attempting to go back asleep butt starts to sting and itch

801am Almost asleep and body shakes like being electrocuted Color blue and red when eyes closed with constant bright shaking dots Poke to face and private areas of body

803 left Tricep spasms

829am butt pokes and itches while trying to sleep Several dots appear and disappear when eyes are shut Colors

9:42am Several shakes of body , small involuntary movements when almost asleep Colors red and blue with same images of man's head laying face up flashing and moving Bright dots remain constant Loud ringing in ears Pokes to butt and private areas of body while attempting rest is n off day from work Consistent with attacks and methods of torture over the past severe years

4:17pm While driving left tricep spasm

4:26pm Left chin poke itch while in store Butt poke itch while shopping in store

Friday May 29th 2026 9:38am Right arm tricep spasms some left side Most of the time is left side but today several right

9:51am right tricep spasms

1110am right arm tricep spasms

1131am right arm tricep muscle spasms

1148am right arm tricep spasms

11:15pm Attempting to sleep Felt like something crawling in my right ear when it was against pillow when almost asleep Blue color with eyes close with bright blinding dot to left and right and center Pokes to neck and face and body , privates Crawling feeling on neck and back of head like a flea or bug hitting my head and then crawling but when I touch parts there is nothing there This is a form of abuse for several years along with ears , colors when eyes are shut

11:38pm When almost asleep feels like something crawling in ear Crawling on neck and nothing there covered in cover Colors blue remain with dots and loud ringing noise in ears Poke to butt , itching stinging to eye lids , face , other parts of body Constant torture since laying downs

Thursday May 28th 2026 2:22am woke up from bad dream

2:27 face poke

2:28 Butt pokes , body , face , Colors and dots with face closed Pokes simulate big bites and insect crawling Happened earlier And happens so much I won't get any sleep trying to document everything Has happened several times over the years

10:44am bottom lip poke Several nose pokes / itches while working this morning Unable to text while working for date stamp

11:00pm Woke up 20 minutes ago bad dream Attempting to go back to sleep and neck and ear pokes Colors and dots with animation also

Wednesday May 27th 2026 9:45 pm Almost asleep and hand and arm starts to shake violently

10:10pm Bright blinding dot to left when eyes are shut constant Loud ringing in ears Blue color Neck pokes Crawling feelings over body

Tuesday May 26th 2026 1204am Colors and animation Head hurts , face feel numb from severe sleep deprivation

2:59am Woke from a terrible nightmare of sexual humiliation

3:08am attempting to go back asleep for work Butt hole starts to sting, bright dot to left with eyes closed

3:39 am mom screams

Monday (Memorial Day) May 25th 2026 Electronic Warfare / Cyber Torture Log 9:57pm Big shake whole body when almost asleep Similar to being electrocuted Attacks like this have been consistent with cyber torture for the past several years Since 8:30pm I have attempted to sleep for work tomorrow This weekend I was not permitted a full nights rest and don know the last time I have .

My body shakes all day and I had trouble doing simple things

Since 8:30pm when I went to bed there has been blue color when I shut my eyes with solutes of a man's head laying face up flashing and moving Bright dot to left and glow to bottom Images and colors have dated back for eight years and is a common theme in torture and sleep deprivation

11:48pm Almost asleep when cyber shakes my body Colors blue and red , man's head flashing and moving Bright dot, dots bright constant and shaking Jaw pokes

Sunday, May 24, 2026 • 12:49 AM Woke suddenly after suspected induced/seeded dream. Constant animation with blue color ongoing (consistent since previous entry). • 6:39 AM Dark blue color visible with eyes closed. Bright dots on left side and top center. Extreme fatigue due to chronic lack of sleep over the past year. • 6:45 AM Itching and stinging sensations on buttocks. • 8:16 PM Itching sensations on buttocks while studying Spanish. • 9:49 PM Constant bright red and blue colors visible with eyes closed while praying and attempting to sleep. Bright constant dot on left side and top center. Smaller dots appearing/disappearing, with new dots at the bottom becoming more frequent. Left-side dot particularly bright, causing eye pain/hurt. Severe fatigue from previous night, this week, and years of cumulative torture. • 9:58 PM Stinging sensations on

buttocks. • 10:42 PM Nearly asleep: multiple stings and pokes to the face, causing itching and repeated awakenings. Extreme fatigue from lack of sleep combined with work from the previous week. • 11:01 PM Stinging sensations on buttocks. Bright dot visible on left with eyes closed. Blue color and animation present. Pouring/ringing sensations in ears. Woke from rest due to severe sleep deprivation.

Saturday, May 23, 2026 • 12:34 AM Right arm shook involuntarily multiple times while nearly asleep. Persistent red and blue colors visible with eyes closed (since ~10 PM). Frequent animation/figures (difficult to discern); recurring character appeared to fight another. Bright dot on left side; constant bright dot at top center. Extreme fatigue from week of work and ongoing disruption. • 2:50 AM Woke to poking sensations in right eye. Deep pain in right ear. Blue color visible with eyes closed. • 4:22 AM Woke to itching and poking on left eyelid. Right ear pain continued. • 6:00 AM Woke with slight involuntary movements: shoulder and hand twitching, wrist turning, shoulder rolling. • 1:53 PM Attempting to rest with eyes closed: bright blue color. Bright blinding dot on left; smaller dots appearing/disappearing. Constant ringing in ears. Severe fatigue preventing rest due to cumulative torture and work. • 8:11 PM Poke sensation to nose while studying Spanish. • 9:09 PM Eyes closed attempting sleep: dark blue color with animation of a man's head moving. Constant bright dot on left; smaller dots present; smaller dot near center. • 9:50 PM Nearly asleep: whole-body jerk/shock sensation. Blue color with eyes closed. Solid bright blinding dot on left. Extreme fatigue from year-long sleep deprivation. • 10:58 PM Nearly asleep: crawling sensations on back and neck for past hour. Multiple face pokes and body shakes. Blue color with eyes closed. Animation of man in uniform in bed with woman pulling cover up (mocking nightly cyber torture/sleep deprivation — psychological operation). Bright constant dot on left and top center. • 11:22 PM Multiple face pokes. Blue color with eyes closed. Cartoon-like images of man in uniform (consistent avatar used over years).

Friday, May 22, 2026 • 2:40 AM Woke from bad dream. Extreme fatigue. Attempted to return to sleep: horror-movie-style cartoon images and animations with eyes closed. • 5:03 AM Woke to image of a man flipping middle finger (dark red background). Constant bright dot on left. Extreme fatigue from another night of disruption. Colors, disturbing animations, and poke sensations.

Thursday, May 21, 2026 • 12:19 PM Crawling sensations and bites felt all day. • 2:48 PM Multiple pokes to face and body while studying Spanish at work (on break). • 2:53 PM Nose poke. • 9:27 PM Constant random pokes/stings to nose and other parts of face while nearly asleep, causing repeated awakenings (common pattern for years, both nightly and during work). Went to bed around 8:40 PM. Constant red and blue colors with eyes closed, making sleep difficult. Constant bright blinding dots on left and top. Animation of cartoon-like characters, including man in hat and uniform (recurring for years).

Wednesday, May 20, 2026 • 3:16 AM Woke from strong lip poke. Earlier bad dream also caused awakening. Pokes to sensitive body parts throughout the night. Extreme fatigue from sleep deprivation and psychological torture.

Tuesday, May 19, 2026 • 4:02 AM V2K attack ("hey [name]") while rolling over. Weird dreams. Pokes not specifically reported while attempting rest. • 4:06 AM Neck crawling sensation. • 4:28 AM Woke to left shoulder suddenly moving quickly, followed by stinging to penis and buttocks itch. • 4:34 AM Poke/sting above lip on face; buttocks itchy. • 5:04 AM V2K attack while asleep, causing awakening. (Note: V2K attacks unusual; increased after replying to a post yesterday.) Woke to panicked-sounding mom shuffling up hall screaming "Rick." (Context: Father on ventilator; mother uses walker due to Parkinson's.) • 10:20 AM (at work) Right temple poke. • 10:53 AM Left bicep spasm. • 11:49 AM Face pokes while doing Spanish lessons (common interference for years, slowing learning). • 8:52 PM Red light visible with eyes closed while attempting sleep, with animation of black silhouettes. Bright dot on left. Noise in ears. Nose and buttocks itched briefly. Pattern similar to years of prior incidents. • 10:32 PM Strong center nose poke, waking after ~2 hours of sleep. • 11:48 PM Unable to fall back asleep. Face and nose pokes. Red and blue colors with eyes closed; animation present. Loud ringing in ears. Involuntary body movements. Mom reported feeling like she was in a hole while lying in bed.

Sunday May 24th 2026 12:49am Woke up I think i fell asleep and had dream or seeded dream running that woke me right up Animation has been constant with blue color since last text

6:39am Dark blue color when eyes are shut Bright dot to left and top center Very tired from lack of sleep this year

6:45am butt itches stings

8:16pm but itches while studying Spanish

9:49pm Constant bright red and blue color when eyes are shut while Praying and now trying to sleep Bright constant dot to left and center top Smaller dots that appear and disappear with recent new dots at the bottom becoming more common Very tired from last night , this week and past years torture

Left dot is very bright tonight and hurt my eyes

9:58pm butt stings

10:42pm Almost asleep Several stings and pokes to the face causing itching and stings waking me up when almost asleep very tired from not getting sleep from working last week and prior

11:01pm butt stings Bright dot to left with eyes shut Blue color Animation Pouring in in ears Woke from rest when very tired from severe sleep deprivation

Saturday May 23rd 2026

12:34am Right arm shakes involuntarily several times when almost asleep Lots of colors red and blue when eyes shut since around 10pm Lots and f animation but tough to make out Same character looks to be fighting another character Bright dot to left and Very tired from week of work top center constant

2:50am woke up to pokes to right eye Right ear hurts

Deep pain right ear

Blue color with eyes shut

4:22am Itches and pokes to left eye lid for brilliance woke up Right ear still in pain

6:00am Woke up Shoulder and hand moves slightly Turn of wrist Shoulder rolls

1:53pm Bright blue with eyes shut attempting to rest Bright blinding dot to left Smaller dots that appear and disappear Ringing in ear constant Very tired from this weeks torture and work unable to rest

8:11pm nose poke while studying Spanish

9:09pm Eyes closed attempting to sleep Dark blue color with animation of a man's head moving around Constant bright dot to left Smaller dots Smaller dot too center

9:50pm Almost asleep and whole body jerks like being shocked Very tired from lack of sleep this year Blue color when eyes shut Solid bright blinding dot to left

10:58pm Almost asleep Past hour crawling sensations from back and neck Pokes to face Shakes Color blue when eyes closed Animation of man in uniform in bed with a woman pulling cover up mocking how cyber tortures me every night without sleep (psychological) Bright constant dot to left and center top

11:22pm several face pokes Blue color when eyes are shut Images of man in uniform cartoon like same avatar used over years with torture

Friday May 22nd 2026 240am woke from bad dream Tired Close eyes to go back asleep and horror movie looking cartoon images and animation

503am woke up to an image of a man flipping me off with a dark red background Constant dot left Tired from another night of torture Colors , sick animation , pokes ,

Thursday May 21st 2026

12:19pm Feels like stuff crawling on me all day and bites

2:48pm many pokes to face and body while studying Spanish at work on break

2:53pm nose poke

9:27pm Constant random pokes or sting to nose while almost asleep Other pokes and sting to random parts of face waking me up every time I am almost asleep which has been common for the past several years almost nightly and daily at work Went to bed around 8:40pm Constant colors red and blue with eyes closed making sleep difficult Constant bright blinding dots to left and top Animation of cartoon like characters , man in hat and uniform common for past several years

Wednesday May 20th 2026 3:16am woke up by strong lip poke Earlier had bad dream woke up from Pokes to sensitive parts of body all night Very tired from sleep deprivation and psychological torture

Tuesday May 19th 2026 4:02am V2k attack "hey [name]" When rolling over Weird dreams Pokes not reported while attempting rest

4:06 neck crawling

4:28am Woke up by left shoulder suddenly moving quickly Followed by stinging to penis and butt itch

4:34am poke /sting above lip on face , butt is itchy

5:04am V2k attack while asleep waking me up V2k attacks usually don't happen and have since I replied to a post yesterday woke up by panicked sounding mom shuffling up hall screaming Rick

*note my dad is on a ventilator and my mom uses a walker due to her inability with Parkinson's

10:20am at work right side temple poke

10:53 am left bicep spasm

11:49am face pokes while doing Spanish lessons This has been very common studying Spanish for the past several years making learning slower and difficult

8:52pm Red light when eyes are closed when trying to sleep with animation of black silhouettes Bright dot to left Noise in ears Nose itches Butt itches for moment following Similar to years of abuses

1032pm strong center nose poke waking me up

Was asleep for maybe 2 hours

11:48 pm Unable to fall back asleep Face pokes , nose Colors red and blue when eyes closed animation Loud ringing in ears Involuntary movements in body Slept two hours before nose pokes

Mom thinks she is in a hole laying in. Bed

Monday May 18th 2026 12:12 am Woke up by poke to right nose

12:38am Blue animation Fat guy with beard going out a door Several pokes to face and butt hole Neck flexes Left bicep spasms

10:45am Left cheek poke at work Very tired from sleep deprivation and torture since Thursday

11:31am left biceps

3:31pm neck pokes while at work doing Spanish

Face pokes 3:33pm

Pokes are common when I am studying Spanish over the years whether I am at home in bed or at work

3:43pm neck pokes when writing

3:59pm Everything I focus on moves left from center then left to right and up and down

417pm butt pokes while at work

8:19pm Attempting to sleep Neck pokes Dark red when eyes are shut Bright constant dot to left

831pm bright red when eyes are closed Animation hard to make out man in hat uniform running around cartoon like Neck crawling sensation Ears itch , light pain , ringing noise

Sunday May 17th 2026 1201am neck tickles , Light pokes , skin starts to tighten

12:10am fave pokes To Right ear , check m and Right cheek when almost asleep

12:13am Darker blue animation with black of man in uniform and hat laying in bed pulling covers up Taunting animation during heavy torture cycles after days of little to no rest

12:17am Heart palpitations , feel feverish , pokes /itches to private areas , dark blue animation with eyes closed with fast tempo animation that is hard to make out , bright dot at center too now , loud ringing noise in ears constant

12:29am Right arm and elbow move forward quickly and restrict Face numb from torture and sleep deprivation Hands shake trying to write Poke to private areas continue Dark blue animation with black silhouettes Loud ringing in ears Bright blinding dots to top and one at the very bottom

5:17am Woke up Kept eyes shut To Go back asleep Animation sequences are different Strange cart characters pointing , fast tempo Shapes , Colors , Total Theme changes

607am fit woke up Pain in left ear , itchy Single bold face words when eyes are closed Sharp pain in middle of eyelid of left eye Slight poke/tickling on back of neck Pokes /itching of private areas Loud ringing noise in ears Face feels numb from severe sleep deprivation Very tired

615am trying to go back asleep Left neck spasms

Bright blinding dot constant center top

6:19am stinging of private areas

6:49am Head hurts Very tired Blue color when eyes are shut Bright blinding dots left and top center constant Loud ringing constant in ears

4:20pm neck poke , chin itch

4:22 nose poke

4:26pm left arm muscle twitch

4:30pm while doing Spanish light face pokes and butt starts itching

451pm Trying to help my disabled mom and have another neck poke

6:04pm random dots appear and disappear when closing eyes to rest Last good nights rest was Wednesday night it is now Sunday evening Loud ringing noise oscillating

Constant left dot is super bright and hurts my eyes and makes it hard to sleep

6:40pm Dark blue color with eyes shut for sometime Animation of man in uniform in bed with a woman pulling covers up resting Taunting the torture and sleep deprivation of me not getting a good nights rest since Wednesday and not getting to sleep on any of my days off Animation has been constant for several months of this years torture cycle Bright constant dots to left and small center too with random dots appearing and disappearing Ringing noise in ears changes pitch constant

7:47pm Still no rest Brighton blinding dot with flashes of blue and red in black Random dots continue to appear and disappear One bright dot in top center Silhouettes moving when colors appear and far out Ringin noise in ears

7:55pm Silhouette of man in uniform head laying face up moving upwards appears then disappears and starts back bottom with flashing red and blue over black silhouette Dots are super bright and constant left and top center

8:24pm Torture doesn't stop Blue color when eyes are closed Lots of animation Characters with a piece of paper Bed with characters around it Bright dots constant Loud ringing sound oscillating

Private areas of My body sting And itch with animation sequences

8:36pm Almost asleep when nose pokes , neck muscle spasms and animation start to attack

9:04pm woke up by hard stinging to nose Stinging to butt hope Colors blue Something else

10:00 Red color with eyes closed no sleep Flashing with black silhouettes outlines of man's head Same torture sequence played for months or years Bright blinding dots left and center top Periodic dots appear and disappear with newer theme over past weeks or months of lower dots Animation flashes moves and morphs Very tired already woke up Pattern since Thursday night Will have to wait until I get off work tomorrow for another chance of a full nights rest

10:43pm Color blue and black Dots Images of man and I think a woman In bed Walking around Man in hat Same torture sequences

Saturday May 16th 2026 7:45am Right arm shakes when almost asleep Hardly any sleep since Wednesday night

All night colors and animation Woke various times Been awake since 4:40am When eyes closed animation of man in uniform and hat with glasses (same avatar used in years of torture) Bed , covers , violent acts etc.. are some of the sequences used since 4:40am Attacks and torture have been constant Bright blinding dots to left and right

Light pokes to back of neck while trying to fall asleep currently and throughout morning are consistent with current torture program for the past several months

8:05am bright red color when eyes are shut Bright dots left right top and bottom with various dots at random times pop up and disappear Black and red giant head laying face up appearing , disappearing and flashing while moving around like a torture screen saver that has been typical when trying to rest for the past several years

10:46pm Red and black with eyes shut to try and sleep Hardly any sleep since Wednesday Flashing red and black silhouettes Hard to make out head same images and flashes for years Bright dots constant left right top and now bottom which hasn't been as common Other bright dots appear but not constant Constant dots move up down left right Ringing in ears Hard to sleep

Colors blue and red super bright Brighter than normal Dots are bright especially the left dot that is constant It hurts my eyes and makes sleep harder

11:44pm Blue color background when eyes are shut attempting to sleep since Wednesday Unable to rest from non stop animation of man with hat and sunglasses in bed and other cartoon like characters doing violent animation skits on top of old sequences Bright blinding dots left top bottom and right with periodic dots appearing and disappearing Loud ringing noise in ears Hard Heart starts to accelerate right before falling asleep , face gets itchy

Face feels Numb from lack of sleep

11:56pm Sharp pain in head , breathing is harder , heart beats faster , ringing in ears louder higher pitch , face feels numb from lack of sleep Blue color when eyes are shut , brighter than normal , dots all around shaking , follows eyes and shakes more depending on dots Not much sleep this week or weekend

Friday May 15th 2026 1:15am unable to fall back asleep from repeated remote torture Very tired from work talk week and getting over cold

1:22am random dots not constant appearing and disappearing at various parts of vision with constant dots left and top shaking with high pitch noise and light blue light

1:52am Extreme fatigue from torture sleep deprivation Hands twist when almost asleep involuntarily Similar to method used for years to torture

2:22am pokes to back , private areas Unable to sleep Colors and darks animation when eyes closed with dots Loud ringing satellite streaming in ears

2:38am breathing difficult , pokes to privates and face , animation of man's head face appearing and disappearing with blue and red colors , very tired from from working all week , ringing in ears ,

4:19am Nose pokes wake me up when almost asleep for work Animation changes to several characters cartoon like in black silhouette when eyes are closed Very distracting Super tired from no sleep and psychological torture all night

5:06am Kinda asleep Walking around part house , felt cold , numb , cameras hanging in all corners , weird people walking around More nightmare than dream Very tired from torture all night

5:24am Dark blue colors when eyes shut Blue and black animation of a man with a hat pulling covers up in bed with a woman and cat Animation has been common for the past several months on mornings following severe cyber psychological torture and sleep deprivation

12:30pm Still attempting to sleep Eyes closed blue color , cartoon like images of a man in uniform with ghoulish face , pulls covers , walks around , other stuff can't see clearly Bright blinding dots all around shaking different directions Hard to sleep

1:45pm Still unable to sleep Blue color when eyes are closed Nose poke to center left Bright blinding dots Pokes to private areas since last text

9:40pm mom screams in her sleep

Thursday May 14th 2026 8:17pm pokes to back of neck When eyes closed red color since going to bed around 7:45pm (non stop) Bright blinding dots to left and right of vision that shake up and down and left and right Animation not clear and has been dark for past week

9:58pm woke from bad dream to right nose poke

1007pm loud ringing satellite streaming sound in ears attempting sleep from long work day for work week Non stop

11:230pm Non stop animation of man's head with red color and bright blinding dots Mouth moves and head is laying face up Little cartoon like characters attack head which is same animation shown over the past years in n combination with other cyber / MK ultra torture and attacks Animation morphs flashes and diapers to reappear up and down like a safastoc screen saver or lava lamp High puisatelitw noises

11:29pm Constant faces pokes in random places resulting in little sleep or being woken up constantly consistent with past years of torture

Monday May 11th 2026 1:11am rughtbnose poke wake ne up

Animation when eyes closed Red background with a man with glasses and uniform pointing a weapon at me Has mustache and matches animation used over the past several years

Sunday May 10th 2026 315am woke up from nightmare kicking air

Woke from another night mare around 1:30am

9:22pm woke up from sleep Went to bed around 8pm Blue color when eyes are shut currently Loud ringing noises in ears satellite streaming changing pitch Bright blinding dot to left and too center with periodic smaller dots When going to bed earlier color was red and flashing and moving around vision like a screensaver kolediscope

9:33 pm Left ear felt like something crawling in if

10:47 Woke up from bad dream

Friday May 8th 2026 12:15am woke from fallen right back to sleep by arm moving up and down several times hitting the bead Right arm

1:30am wlke from nightmare Tried going back to sleep left eye lid poke

2:19 torture kicking up , trying to go back asleep Animation of man in hat hard to make out what he is doing Various sequences , angles , silhouettes Very dark blue with background Dots remain constant High pitch satellite streaming sound Pokes and tickles to neck and face Nightmares very vivid about daily things

2:43am Woke from Nightmare , left nose poke

Thursday May 7th 2026 8:23pm Red color when eyes closed with animation of man with hat in bed with woman pulling covers with various other small cartoon like characters moving around Bright dot to left constant Ringing in ears constant sounds like streaming noise changing pitch up and down Light tickles on neck

951pm Woke from really bad nightmare

1134 pm woke from another really bad nightmare

Wednesday May6th 2026 210am left nose poke waking me up from rest

Woke around one from another nightmare Very tired and sick from torture

238am right nose poke waking me up from rest Poke doesnt end until I move to touch it Today is forecast for rain at my work and I have been very sick Bright dots when eyes closed Animation is present but hard to make out , not as clear , described in

enhanced interrogation to make victim guess it could be anything

3:09am plane fly over Slightly changed course further out possibly around time I started writing about torture

3:54am sick , trying to get sleep for work Eyes closed , images of man's head facing up flashing, appearing and disappearing all night , bright dots to left and right with periodic dots appearing at random places in vision

4:36am Sick , no sleep , torture constant When eyes closed silhouettes of man's head and little people morphing into colors red and blue with bright blinding dots to left and right with periodic random dots Kinda like a screen saver or lava lamp Visual effects are constant making sleep after being woke up all night by sudden shocks and pokes near impossible Loud ringing in ears

Tuesday May 5th 2026 8:46pm Right arm raised up when almost asleep Laid down around 815 Color red and black when eyes are shut Flashing head leaving up dashing disappear and reappear Bright dots content left and right Animation changes to a person cartoon like with red center surrounded with black

902pm Sick still Trying to rest for work When eyes closed color has turned to blue Animation is cartoon like of man in uniform in a bed with woman and cat pulling covers up making taunting gestures toward me Animation is consistent with nightly torture for past several years and is related to community harassment and targeting of relationships

Neck and face pokes , tickling and itching making sleep difficult

1101pm woke up from bad dream Very tired and sick

Monday May 4th 2026 1:10am Woke up Colors , animation , pokes to various parts of body Haven't slept much Still sick and have work tomorrow

Sunday May 3rd 2026 1:10am Woke up Colors , animation , pokes to various parts of body Haven't slept much Still sick and have work tomorrow

Saturday May 2nd 2026 12:37 am woke up Nightmare

Very tired and super sick

4:30am Woke up several times , nightmares , I don't know what else Real tired

6:11am off day trying to go back to sleep Color red with silhouette animation Right ear feels like something tickling it Right side of neck feels like something tickling it Loud ringing noise constant Bright dots constant

621 am several tiny shakes Pulse attacks making my body move and shake when almost asleep Arms Blue background color with eyes shut

6:23am Color changes to red with animation that is tough to make out

630am Left shoulder moves Left foot bends Twitter scroll images for a few seconds taunting me posting about attacks and torture Low pixel images of man in uniform in bed with a woman pulling up covers getting rest when I am tortured every night

7:02am Trying to go back asleep Attacks continue , legs kick , ankles roll , shoulders poke , body shakes At the same time images of a man in uniform flipping me off , twitter screens with names , other animation that isn't clear enough to say for certain what it is Dots to left and top and bottom They show random dots for a few seconds taunting and they disappear while others are constant and move Loud ringing noise noise in ears gets louder and lower changing pitch Private area will burn and itch then go away despite having bath Today is off day from working this week with little to no sleep as well as being very sick It's being tortured to death Loud ringing noise constant in ears

9:01am No sleep Attacks continue Pokes , itches to privates Animation taunting sleep with women and family by cyber abusers Lou's ringing colors blue and red animation not as clear and images of the avatar the cyber abusers use of a man with sunglasses staring at me flipping me off

9:47am almost asleep Same pattern Shocks to body making me move , colors blue and red with animation of same themes . Bright dots moving and loud ringing noise

1047pm Attempting to sleep since 8 Constant animation Blue background Various characters, cartoon like , walking looking then walking away and looking back

11:10pm When eyes closed man's face facing up moving and flashing in and out of vision Blue with black background Bright dots left and right Earlier left arm moved forward involuntarily Loud noise in ears Various poke to neck light tickling All making sleep difficult to impossible

Friday May 1st 2026 300am body moves when almost asleep Arms move Upper body moves forward like being pushed Since going to bed at eight colors red and blue when eyes are shut Animation sequences of random man in uniform appearing disappearing, shape changes, look, comes out of silhouettes running around Bright dots Ringing

3:13am right eye poke Left shoulder moves when asleep

11:13pm Very sick Woke up several Times when able To fall asleep Animator man's head facing up flashing in and out of vision Moves around Colors blue and red

Bright dots left and Right Nightmares when able To fall asleep causing me to move waking me up

Butt itches and neck tickles

Thursday April 30th 2026 1:33 woke up

3:17am woke from nightmare bug bit left leg

3:45am when eyes closed dark blue head with black background flashing / fading and moving, bright blinding dots left and right, loud ringing in ears

3:58am color turns red with eyes closed Stings to private areas

4:19am bright dots left and top center with dark blue black background flashing Loud ringing in ears

Severe sleep deprivation while sick coughing and running fever

Wednesday April 29th 2026 2:49am Body shock Wake up

4:27am Right arm moves forward while attempting sleep Over the past hour various other body parts move, shoulders left / right, arms / hands twist Body shocks similar to being electrocuted It's just enough to wake me up and make it hard to go back asleep

10:00pm almost asleep when pokes to left arm and face Pokes make sling feel itchy and sting Colors red and blue when eyes are shut with bright blinding dots to left and, right and top center shaking up and down and left and right Visual color and dots are non stop and how I have had to sleep despite work or life for several years

Currently sick with flu unable to rest despite going to bed early for temporary work Is how I will have to work tomorrow with less than a nights worth of sleep Several health problems arise from sleep deprivation and torture not limited to Parkinson's and Alzheimer's as well as heart problems

10:13pm loud high pitch ringing noise that changes pitch constant Went to bed at 8:40pm Fever, broke sweat when woke around 10pm

Color is bright blue when eyes shut No animation

Animation of man's head facing up, moving up and down like screen saver, little people doing something, mouth of man's head moves

10:34pm blue background very bright Hard to sleep from being woke up Bright dots and ringing non stop

10:51pm Blue color and black with eyes shut attempting to go back asleep Head facing up fades / flashes in and out of vision Mouth moves and head moves around Bright dots and left and center Loud ringing changing pitch constant Since going to bed now at 8:40 pm Sick, fever, sinuses, cough Been awake since shocked and body moves at 4am Work in heat and rain all day

11:20pm Color has changed red then back blue not as bright Animation is more visible but not clear Man's head facing up with smaller characters appear out of shapes and disappearing into silhouettes appearing in different shapes form and characters rapidly Big man's head changes position to facing me with glasses though not clear Bright dots and loud pitch noise oscillating continues No sleep since 4am despite going to bed at 8:40pm sick and exhausted

Tuesday April 28th 2026 4:33am body shake / shock Few shocks throughout night though to tired to write down times Left ear still in pain

Woke up from nightmare sometime between 11 and 4

11:41pm Wake up Face itchy

Monday April 27th 2026 11:43pm Woke from sleep Left ear hurts deep Aches

Sunday April 26th 2026 3:35Am Woke up from nightmare

5:55am woke up from nightmare

Several nightmares throughout night Woke up several times Clear images of ghoulish looking peoples Some naked others not Different themes I believe this method For when I am asleep causing nightmares Possibly moms too

604am Private areas feel itchy hy , sting Loud ringing in ears satellite sounding Arm moves quickly while trying to sleep like being electrocuted Color red and blue animation of man looking at me then walking away Not as clear as images when woke up but still had eyes closed attempting to sleep on my last off day

618am Random animation sequences when eyes are Closed attempting to rest from work week and week ahead Hard to see twitter notification with text Brake lights of car like driving Clear cartoon like image of man in uniform sitting in a kitchen with a woman at a fridge

6:29am butt pokes , itches , blue color when eyes are closed Bright dots to left and right with small dot in middle

Several nightmares throughout night Woke up several times Clear images of ghoulish looking peoples Some naked others not Different themes I believe this method For when I am asleep causing nightmares Possibly moms too

Hands and coordination are off walking around after severe attacks this morning on off day from work Loud ringing continues in ears Shaky Very tired

8:40pm Almost asleep and Body shock shakes my body like being electrocuted

Very tired from attacks throughout the weekend an years

9:48pm Face pokes for hours Layed down at 8 no sleep Dark blue color with eyes shut Animation not clear Bright dots left and center shaking Electroshock

10:13pm Blue color with eyes shut Animation of head upside down then changes to something I can't make it out Then two small cartoon figures walking away and turning around then disappearing Same animation in a loop Bright blinding dots left and right Loud ringing on ears

Saturday April 25th 2026 3:30am woke up from nightmare

4:26ambody shock when almost asleep Colors red and black when eyes are shut attempting to sleep Animation of man in sunglasses then switches to head facing up moving its mouth with little people attacking it Animation changes but is not as visible

535am woke up from other nightmare

Thursday April 23rd 2026 10pm Red color background since 830pm when eyes closed attempting to sleep for work Bright dots to left and ripe right Animation hard to make out Color turns blue sometimes Head flashing in and out of vision moving up and down Eye pokes and light face pokes

Tuesday April 21st 2026

8:35pm right nostril poke Red then blue color when eyes are closed attempting to sleep Bright dot left and right Various animation man with mustache and glasses then pull mask off to something else with small characters

8:36pm Red and blue light when eyes shut to attempt sleep Big shock makes my hands and upper body Loud ringing noise in ears Animation and brute dots constant

Monday April 20th 2026 1:15am woke up from nightmare

1:31 several hard body shocks making body convulse when almost asleep several times Animation of man in uniform wearing glasses looking at me and walking away when eyes are shut red with black background Bright blinding dots left and right top loud ringing noise in ears

Dark blue background now

502am hard body shock when attempting to go back asleep

Very tired , severe sleep deprivation

5:23am hard shock to body making whole Body move like being electrocuted Colors blue when eyes shut Dark silhouette animation of a man moving around with eyes shut constant with attacks Bright blinding dots to left and right constant Loud ringing in ears

Sunday April 19th 2026 9:10pm Neck spasms , slight tickle while trying to sleep When closing eyes red color in middle , bright blinding dot to left one right center Silhouette animation flashing with animation of man's head not very clear

9:49pm Neck pokes in right side when almost asleep Constant colors red and blue moving around with bright blinding dots further making sleep easy

Hand shaky from torture

10:27pm Constant flashing red head moving center to right then reappearing Bright blinding dot to left smaller dot right top High pitch noise in ears

11:11pm Constant bright blinding dot to left for years when trying to sleep Red changing blue vary in intensity in middle mostly black around edges flashes and moves colors in center using silhouette images that move and change in clarity Dots shake up and down left and right High pitch ringing in ears

Saturday April 18th 2026 1:25am woke up from sleep by left face poke

Woke before that another time to another face poke

Images when closing eyes resemble me typing notes for attack

1:47am neck crawling sensation

1:50am dark red animation , black , fast tempo , hard to make out , neck muscles Twitch , ear rings

1:56 am body shake shock , Upper body shake hard briefly disturbing sleep From work week

355am Woke from sleep a few minutes ago Almost asleep again when shock Animation of man flipping me off with sunglasses the. Turning and running off Dots and colors with eyes shut , ringing in ears

418 woke up Right ear itchy

529 strong body shock when almost asleep

538am constant face poke when almost asleep Colors, bottom Chin

6:05am color is blue when eyes are shut trying to sleep from working week Bright dots Loud ringing noise change pitch

Friday April 17th 2026 9:58pm Trying to go to sleep after another long week At 9:58pm laying in bed with my eyes closed I was hit by a sudden shock shaking my body briefly and violently disturbing me

With my eyes shut there are the usually bright blinding laser like dots to left and right There is a red background and animation of what appeared to be the head laying face patten moving to random animation segments one I belive was the man I uniform laying in bed pulling covers

There is a loud ringing noise in my ears as well

11:50pm Woke up from sleep earlier Attempting to go hack and face poke attack at around 11:45 pm Visual disturbances with attacks When asleep cyber uses nightmare lucid dre attacks

Wednesday April 15th 2026 1:25am woke up bad dream

9:05pm Big shake when almost asleep Prior red when eyes are closed for rest after work Images of a man writing then showing paper to me Can't make out what is written Crawling feeling on neck Bright blinding dot left

Tuesday April 14th 2026 9:06pm Pokes to neck and face Eye pick trying to sleep Color red and blue with ey when first falling asleep

10:30pm Woke from nightmare of torture being covered up

Monday April 13th 2026 4:19am Woke up few minutes ago Random graphics like cell phone screen pop up good quality Mostly bad quality red or blue background with black Showing dots low and high , left bright

11:44PM woke from bad dream

Sunday April 12th 2026

9:38pm Violent shock shook upper body briefly when almost asleep

Images and colors when eyes are closed same head hard to see flashes in and out of visibility Bright dots to left and right Color red and blue for background with blackes shut changing color Bright dot to left as always Small dot disappear to bottom

Saturday April 11th 2026 12:35am Animation has turned to a head facing up with a red back ground flashing bright and fading out of vision reappearing and repeating non stop as I try to sleep

12:38am Neck tickles

1:13am Visual torture continues ongoing When eyes are closed attempting to sleep after week of work Animation of a man's head and upper body Head rolls around turning toward me wearing glasses and uniform Then head moves up and down flashing with a blue black background dissapesring and reappearing Then the image turns and pulls covers like laying in a bed sleeping while torturing without sleep for weeks at a time It flashes constant like this all night for years

1:35am right ear tickles right as I am falling asleep with new animation beginning

157am Torture continues with left ear feeling like something digging in it Visual torture of black with flashes of blue animation with man in sunglasses reading something , using a tablet scrolling , other characters not clear what they acted doing

3:05am Woke up from nightmare

3:33am Animation of man in u uniforms and glasses reading , scrolling Bright dots left and center top

502am Woke up from a bad dream

6:49am Woke up from several bad dreams Tickles and crawling sensations when trying to go back asleep

Saturday April 11th 2026

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3:33am Animation of man in u uniforms and glasses reading , scrolling Bright dots left and center top

502am Woke up from a bad dream

6:49am Woke up from several bad dreams Tickles and crawling sensations when trying to go back asleep

9:29am tickle on left side of back of neck that has been targeted past weeks

10:19pn Almost asleep and left arm being to shake up and down waking me up Colors red and blue when eyes are shut the bright blinding dots

Friday April 10th 2026

9:34pm Animation with eyes closed attempting to sleep Red background Two bright dots left and right of vision constant and moving slightly Neck tickling constant

9:34pm woke up

10:36pm Blue background, loud high pitch noise constant with eyes closed

Right side neck tickling crawling while trying to go back to sleep

10:54pm blue light continues , right side face poke , left side now

11:58pm Woke up right as feel asleep . Animation ran till turns into torture. Face pokes , high pitch noise constant, ear itches with fluid non stop , bright dots left. Red and blue backgrounds

Hands shake from amount of torture , body

Thursday April 9th 2026

Wednesday April 8th 2026

12:45am Woke up from sleep

2:22am woke up from bad dream

2:25am loud ringing pitch gets louder and changes pitch higher I think

2:29am neck tapping, crawling feeling

9:10pm Body shock sudden , move head and neck violently very brief Almost asleep Haven't slept in two weeks Animation and colors continue without stops with torture attacks Loud ringing in ears Bright dots constant with smaller popping up and disappearing

10:17pm Woke up from sleep Feels like waves hitting face Color red when eyes closed attempting Bright blinding dots left and right Sweat from forehead

Pokes , tickling to back of neck , loud ringing noise , blue with eyes shut

10:51pm left ear feels like Something crawling n it , colors red , bright dots , several pokes

1053 pm sudden pressure in front forehead , pain from head , feels like brain moving around , pitch changes tube

11:08pm almost asleep , flashes of head laying face up , moving up and down , fades in and out of vision Bright buttons continue without stops satellite streaming sound

TuesdaY April 7th2026 6:30pm back of neck continues to feel like crawling sensation, tickling all day in same spot from several other days coinciding with torture attacks

9:10pm Trying to go to sleep Red background with eyes closed with animation of a man with sunglasses kissing a woman walking away with back turned then turning back again looking at me Similar to torture psychological animation used hours every night for the past eight years Also neck pokes , stings and crawling feeling as been daily for several weeks Stings / pitches to private areas still persist Loud ringing in ears streaming sound Bright blinding dots with eyes closed

9:21pm almost asleep and violent shake to legs and lower body not a shock and brief but lasting longer than older attacks

Monday April 6th 2026 12:10am Several hard shakes Arm moves violently repeatedly, body shocks, blue colors when eyes shut, bright blinding dots and pokes to face and feet

1:[age] am No sleep Colors and animation sequences continue running non stop Current sequences use a variety of character with background color changing from blue to black Face pokes continue with pokes to different parts of the body Shakes and uncontrollable movements Pokes to ear where fluid runs High pitch noise in ears constant

Sunday April 5th 2026 6:42am woke up several times Attempting to go back asleep Poke to face around left nostril side increases in intensity

8:39am lay on back felt like choke

844pm bright blinding dots constant left and right Bright red with blue background flashing and storing like screensaver lavalamp Movement of some kind of animation unable to see it Loud ringing in ears pitch changes a little

9:24pm Animation and colors continue with eyes shut Neck shock like being razed making back top shoulders move with neck moving head when almost asleep

9:40pm Animation colors and dots continue with eyes closed Right arm moves violently repeatedly hitting bed when attempting to sleep for the work week ahead following a week of little rest

10:50pm Face pokes to lips stinging and burning attempting to sleep Body shocks following 9:40pm When eyes closed animation of a man's head which has been common for several years now Head flashes appears and reappears and is facing up The background color is blue now with black silhouettes Torture has been constant since 830pm when going to bed I will have to work a day before I have a chance at a full nights rest after coming off little sleep last week and the past sevra years The attacks are getting worse and I move funny all day possible early Parkinson's from years of torture

11:17pm man gets in bed with black cat and several women having sex, blue background, dots, loud ringing

Saturday April 4th 2026 4:40am woke up a few minutes ago Attempting to go back asleep and being attacked by several body shocks Also when eyes are closed blue background with constant dots like a laser pointer Loud ringing noise in ears Very tired from no sleep and torture this past week

Crawling on neck while trying to sleep

5:09am several big body shocks when attempting to go back asleep Blue color with red sometimes in middle with animation Bright blinding dot over left constant Satellite ringing noise Crawling feeling random on back of neck Butt feels itchy

5:23am strong face poke to left nostril when almost back asleep

7:18am woke up shoulder pop Dark blue and black, satellite streaming noise constant, butt itch poke, neck crawling, severe sleep deprivation

7:35am animation of bed and abuser pulling covers up and moving down when eyes closed attempting to catch up on rest following over week long severe torture campaign Loud ringing in ears Bright blinding dots similar to a laser pointer used on a weapon Stinging burning sensations over various body parts including private areas

10:54pm big body shock making hands and chest move Red and blue when eyes are closed Flying carpet Really tired

Friday April 3rd 2026 1:28am face poke to right of nose

3:18am woke up Had a nightmare

10:00pm super tired from little to no sleep this week Serious torture Blue color when eyes are shut Bright blinding dot over left constant Small dots appear and disappear Satellite streaming noise in ears Went to sleep 9:30 and had one body shock when almost asleep Crawling feeling on back of neck several times Makes it hard to sleep after as much torture I have been through This morning was really bad and I shook all day and week Hard to walk and move normal Hard to do anything

Thursday April 2nd 2026 8:57pm almost asleep and hard body shock twisting my head and neck

10:12pm woke several times by shakes when asleep Colors blue and red when eyes shut Bright blinding dots like laser pointer in eyes Loud ringing satellite noise in ears changing pitch Sick animation sequences constantly

Wednesday April 1st 2026 12:29am really hard violent shake when trying to Go back To sleep Woke at 12am One shock around 12 when trying to go back asleep

12:46 dark blue background Ringing noise Animation

1:26am Really strong violent body shocks since midnight Very tired from not sleeping since Friday and working all week

300am red and black background when eyes are shut attempting to sleep Head fades in and out with small cartoon like characters similar to a screen saver kaleidoscope Bright blinding dots to left and center No sleep since Friday

Managed to sleep a few minutes, very strange dream was almost real but was nightmare

11:12pm woke by nose poke itching Botha sides nose

Tuesday March 31st 2026 7:52pm Very tired Trying to sleep Bright blinding dot like a laser pointer over left eye Dark red background Loud ringing satellite streaming sound in ear

Monday March 30th 2026 3:13am woke up from sleep

3:21am forehead pokes , black animation when eyes closed attempting to sleep Very tired no sleep since Friday

3:25 right ear feels funny , loud ringing noise ramping up sound , head feels funny , red color when eyes closed

3:[age] am body shock

5:00am Several body shocks since 3am wake up Little sleep over past several days Start work week

10:36am face poke to left , several earlier pokes to face while at work

8:53pm No sleep since Friday Body shock when almost asleep Bright red color with bright dot to left and top Lots of animation

Very tired no sleep since Friday

I missed bible study and was very sad at work this morning

People could tell I didn't feel good I wish I wouldn't be tortured every night

Sunday March 29th 2026 1:42am woke up from nightmare Try to go back to sleep Loud ringing in ears Colors red and blue with bright blinding dots with animation when closing eyes Animation of a head facing up flashing to n and out moving top to bottom with f vision Face pokes making neck and face itch Shocks to body making parts move when almost back asleep

2:22am Back shock making back and shoulder move up and down Blue color with animation of a head moving and fading in and out of vision with bright blinding dots when eyes are closed Loud ringing noise constant in ears changing pitch Pain in ears with fluid running out accompanying torture attacks

Saturday March 28th 2026 9:55pm Trying to sleep See colors red and blue when eyes are shut with bright blinding dots that are constant Shoulders and head move when comfortable and almost asleep like being pushed or shocked

1007pm Almost asleep when strong body shock shakes my whole body Attacks are accompanied with animation visible when I close my eyes trying to sleep Colors red and blue with animation of a man with sunglasses

Friday March 27th 2026 10:24pm attempting to go to sleep and body shock Like being hit in the back of the head Colors red and blue Animation of a man in uniform with a mustache

Thursday March 26th 2026 900pm laid down since at least 840 Colors red and blue with animation, fast tempo different characters Bright dots to left and center and right Loud satellite streaming sound I. Ears Slight push forward of body when almost asleep

11:27 pm woke from bad dream 11:30pm low plane

11:39PM almost asleep and right hand/arm raises and goes back down

Monday March 23rd 2026 12:10am woke up by body moving , pokes on head to legs , shakes , colors and animation when eyes closed

1:56am woke up by body shakes and sharp stings

Sunday March 22nd 2026 11:30pm Non stop animation sequences and characters Disappear and reappear colors move , odd sequences Loud ringing in ears , pokes and itches to back of neck making attempts at going back to sleep difficult to impossible Tomorrow is beginning of work week

10:16pm several violent shocks shaking hands And upper part of body while trying to sleep for work day

9:57pm trying to sleep for work week Color blue and red when eyes are shut Animation Bright blinding dots to left and center Several face pokes Body moves like pushed forward as well as shocks when almost asleep

Saturday March 21st 2026 550am body shock , bad dreams all night

Thursday March 18th 2026 255am face poke to nose and left side of face waking me from sleep

338am full body shock when almost back asleep Colors red and blue when eyes are shut Animation of a man's head laying down making faces moving up and down and fading in and out

Wednesday March 17th 2026 246am Big shake maybe happen a few times waking me up

Tuesday March 16th 2026 2:54am Woke up to left nostril poke increasing intensity until awoke

3:20am Strong shock To the body making whole Body shake

900pm Trying to go to sleep , color red when eyes are closed with animation that looks like someone hiding behind a door doing something Face pokes and crawling feelings over different parts of head , chin , eyes , ear , neck Severe sleep deprivation, 7 hours sleep since Saturday night

9:21pm Almost asleep and arm keeps raising up waking me up Is torture I am really tired

11:16pm woke up , nightmare

Monday March 16th 2026 12:38am face pokes to nose and around mouth and ears , no sleep tonight , animation of man in bed putting covers on him , colors blue and black

1:20am no sleep Constant animation and colors when eyes are closed Very tired from years of torture

1:30am images go away then crawling begins Starts on neck and inches around to mouth but nothing is there

1:40am constant images and colors with dots and crawling sensations while trying to sleep for work week

2:27am managed to fall asleep for a minute and big body shock woke me up Animation and colors continue

3:04am No sleep Attacks non stop throughout the night Worse night in some time First night with no sleep tonight start work week

4:04am woke up again by body shake Colors and animation when eyes are shut had the man on top of me in my sleep No sleep this evening

Sunday March 15th 2026 5:12am woke up on off day with pain in left ear

5:26am full body shake when almost asleep, whole body jerks brief and violently

7:08am feel asleep then woke by body shock making my body jerk and waking me up Have work tomorrow and have not caught up on any sleep that cyber deprived me

7:26 almost asleep again an whole body shock , images and animation suggest walking then one foot falling through a board Body shakes heavy

Colors are blue when eyes are shut with same bright blinding dots

10:36am woke up by body shocks making body shake Colors blue and red when eyes are shut with sick animation sequences involving man with sunglasses starring at me and doing stuff like reading and writing Bright blinding dots when eyes are shut

Saturday March 14th 2026 3:27am woke up to face pokes Targeting to mouth Feeling sick from lack of rest and amount of torture
3:29 hear mom awake talking to dad

709am body shocks waking me up Body shocks earlier with images and colors when closing my eyes Bright blinding dots left and center top

721am several neck pokes while attempting to go back asleep on day off Colors red , blue and black now and through the night Loud ringing in ears Pokes to neck like an itchy feeling or crawling feeling like what cyber has done to me all week while trying to rest for work Mom was up this motbut I don't know why Bad dreams when able to fall asleep

Friday March 13th 2026 2:50am woke up to multiple face pokes Targeting my lips and mouth

3:00am woke up by body shock with pokes to face

704am right side mouth poke

12pm face poke

Thursday March 12th 2026 741am several face pokes while at work recently chin

906pm Super tired Woke up by multiple face pokes , colors and constant animation

1038pm Woke up again Severe face pokes attacks all night Super tired from lack of rest the past few years of torture Dropped food this morning and difficulty performing simple tasks

Wednesday March 11th 2026 312am plane

536am at work , ear still hurts

8:59pm Long day at work Little sleep since Saturday Almost asleep and body shock shaking whole body by cyber

Colors red and blue when closing eyes attempting to sleep Animation varies from man with glasses and uniform reading to drawing something Then after shock waking me switches to a van like that at work with several characters that are very small Bright blinding dots to left and right are constant When at work this morning I had trouble from ear attack and sleep deprivation last night Dropped food , hard time doing little things

9:13pm feels like things crawling on my neck , face and hands for the past hour , tickling and making me itch and top of the images colors and body shocks and years of constant torture

Tuesday March 10th 2026 1:09am woke up , itchy

9:32pm woke up from sleep with left ear hurting deep inside , rolled over from right ear warming up , went to bed around 8:15pm Saw colors red and some blue and black with animation of a man's head becoming a man in uniform with low pixelation Bright blinding dots to left and center top shaking constantly Animation sequences of weird almost cartoon like actions

9:53pm othe ear start to hurt and run fluid making going back to sleep really hard

11:11pm woke up to face poke upper left lip Color red when eyes are closed with animation and bright shaking dots

Monday March 9th 2026 4:28am woke up by several body shocks Every time tried to fall back asleep body will shake violently very briefly from head to hands , bright dots , colors red and blue , satellite streaming noise in ears

8:31 pm almost asleep and right arm moves hard and quick up and down Colors red blue and black when eyes are shut with animation and bright dots When awake every thing I focus on moves up and down or left and right

9:25pm almost asleep and legs kick and shake violently waking, constant animation and colors blue and red with bright dots Only 4 hours sleep last night to start work weeks Went to bed at 8 this evening

Sunday March 8th 2026 9:26pm almost asleep and hand shakes violently several times startling me When I shut my eyes there are bright blinding dots to my left and right , the background is red with some blue and a bunch of black Images of a man with sunglasses laying facing up then looking at me eye to eye and walking around doing stuff that is harder to see Attacks had decreased since I wrote email and have begun again this evening

Attacks happen prior to work weeks and important days like job interviews, vacations and holidays like Christmas where attacks had increased this past Christmas lasting nightly since the.

Thursday March 5th 2026 4:28am big body shake pushed me when trying to sleep , colors red and blue when eyes shut , animation

2:05pm at work left and right side face pokes , itch

10:19pm woke up from crazy dream / almost bad dream

Wednesday March 3rd 2026 12:33am woke up to face stinging around right cheek , face pokes, images and animation, Color blue , loud ringing

1:35am woke up to face pokes , tonight's attack with this week is a lot , right ear hurts bad too and has fluid

!!!!!!where I last wrote email complaint!!!!!!

Tuesday March 2nd 2026

4:38 am shock to body making me jerk while trying to sleep , followed by color blue and black with animation of a man in u form in bed pulling covers up

8:34pm almost asleep and whole body moves almost like being picked up and thrown down Color bright red when eyes are closed , animation of a man reading , bright blinding dots constant Tough day at work again due to lack of rest from torture

9:21pm woke up by several face pokes to face and nose , itching feeling on tip of nose waking me from sleep , color red when closing eyes with animation, constant bright dots , face feels numb from lack of sleep

9:41pm loud prop plane low altitude Changes direction by interstate

10:51pm very tired , close eyes to try and go back to sleep and see colors red , black and blue , animation of man in bed like sting figure low pixelation , taunting imagery of man toss and turning , little people pull cover up

11:16pm woke up tip of nose starts itching , bad dreams of being targeted

11:27pm almost asleep again and my body raises and pushes down on bed making me shake , attack is followed by animation of the man's head 1:35am woke up to face pokes , tonight's attack with this week is a lot , right ear hurts bad too and has fluid

Monday

1:10am woke up to eye poke on right eye , images colors and animation when eyes Closed mostly of a head laying down facing up , loud ringing in ears , pokes to face and lips making it itch and sting

8:41pm dark red color when closing eyes to try and sleep , difficult day with less than 3 hours sleep from torture last night , hand shakes , tough to walk

Animation tonight when eyes shut , animals and people with bright dots

9:08pm animation,colors , almost asleep when right eye feels like something making it itch like a face poke , loud ringing satellite noise

10:03pm tired , when trying to sleep see colors and animation when eyes are shut ,

Colors red , blue and black silhouettes like a screen saver appearing and disappearing heads , moves around , bright dots , loud ringing noise in ears , ears run fluid , hard to sleep after almost falling asleep and being disturbed, hard to sleep seeing colors and sick animation

Sunday March 1st 2026

6:58am dark red / blue animation when closing eyes all night , fast frame rate , strange images , words , numbers , porn , horror move quickly and hard to see Woke up several times

7:43pm low flying prop plane directly overhead

9:14pm multiple body shocks when almost asleep making my whole body shake , colors and animation when closing eyes red and blue , bright dots to left and center of vision , face pokes making face itch

9:41pm image of he's facing up , colors blue , animated people walking away and disappearing

10:46pm color blue with animation of man's head eating little people , man and women in wedding dress walking away , bright blinding dots that are constant to left and right of vision shaking different direct , not able to go back asleep , lack of rest for a long time , no help

11:05pm left ear facing pillow tickles and has fluid , back of neck feels like something crawling on it and is wrapped with cover , bright dots , colors and animation when eyes closed , loud ringing noise constant

11:34pm almost asleep and left arm shakes and jerks several times , pokes and itches to different parts of the body

Blue color and images with eyes closed

Saturday February 28th 2026 426am colors , animation , hard body shakes

5:19am woke up left ear pain and Fluid

Friday February 27th 2026 1205am red color with black when eyes closed , head laying facing up moving mouth fading in and out

Head and neck itches

103am woke up by face poke to chin and back of neck itchy The chine starts like an itch and feels like something touching it Face poke attacks and neck attacks have went up since posting about them When mentioning the different forms of physical and psychological abuse cyber tortures more that way over the years

1:10am low flying prop plane following wake up attack

133am faces appearing moving around and disappearing Dots constant left and right other dots appear disappear

155am face poke to lower lip Colors animation, thought I heard a voice saying I have to wake up for work soon when almost fell asleep

226am attempting to sleep for work , eyes closed see spinning head , moves like a screen saver , colors red blue and black , bright dots constant left and top center and right , loud ringing noise in ears , head appears and reappears up and down then in a circle

300am low Flying plane , images and colors red when eyes closed trying to sleep for work , animation of ugly man turning and walking away to a small bed with someone in it

Thursday February 26th 2026 839pm red color when closing eyes with animation of two people dancing and disappearing, loud ringing noise in ears , bright blinding dots to left and right of vision that shake , face itched at work several times today

8:47pm right arm jerks suddenly when almost asleep , feels like something crawling on my neck despite have cover over part of head

Wednesday February 25th 2026 245am woke up , bad dreams, it clown stalking in dream

250am low flying prop plane , loud ringing noise constant, tickle feeling on neck , bright dots low in vision

303 images of the man's head laying face up , Moves and fades in and out of vision , red background and black silhouettes Image has been common every night for several months if not years , The head goes to sleep or dies then wakes back up and work on computer representing actions took against me in my sleep Then at times a bird will attack him or someone else usually a hour before I have to get up and go to work This physical and Psychological torture has been a never ending cycle for many years

7:52pm little sleep past few days When closing eyes see dark red color and black with bright dots to left and top right Silhouette animation, high pitch satellite noise

802pm low flying prop plane

804pm jet plane

9:42pm woke from sleep , real loud helicopter low flying

9:46pm tickling on neck , small dark red color when eyes are shut

10:51pm left cheek on face started itching waking me up , left ear fluid and hurts

10:56pm feels like tiny needles all over my neck , loud satellite streaming noise pitch different , forehead , head hair covered , warmer in house

Tuesday February 24th 2026 8:24pm red color when eyes are shut trying to sleep , bright blinding dots to left and right , felt like something crawling on neck

8:53pm almost asleep when hands begin to shake and jerk uncontrollably, red color when eyes are closed , animation, ringing in ears , bright blinding dots

909pm low flying prop plane

Monday February 23rd 2026 2:55am Woke up by face poke to left nostril Attack is accompanied by colors and animation when eyes are closed , also bright blinding dots that are constant and hurt my eyes Loud ringing noises in ears Also accompanying tonight's attack is tickling on the back neck where it feels like something crawling Also body shocks where whole body shakes violently very briefly from head chest to hands I have slept very little despite going to bed at 830pm My walking and hands shake from the violent frequency of attacks

7:01am low flying prop plane

8:06pm attempting to sleep , no sleep last night do to physical and psychological torture via cyber When closing eyes colors red and blue with animation of an old lady in bed similar to my mom who has been attacked and threatened over the years by cyber Images show the man hoping in bed with my mom possibly meaning they are attacking my handicapped mother and causing her to have bad dreams that make her scream and do crazy stuff when awake

Bright blinding dots to left and right and too , loud ringing noise , hands and body shaky from torture last night

Sunday February 22nd 2026 9:24pm colors red and blue with animation when my eyes are closed with bright blinding dots to left and right of vision Big body shock making whole body head to fingers shake when almost asleep Loud ringing noise in ears constantly Mom not making sense all day

Saturday February 21st 2026 1:41am woke up , tired from work and taking care of mom whose condition has changed

Me : colors red when yes are shut with animation of two old people a man and a woman walking away and waving Animation is very common for the past several years though an uptick in the past several months Often has a man in uniform wearing glasses lifting fabric up snickering or laughing and doing other erratic behavior

Mom : mom has had her medicine changed from dr diethwlm who she went to see on Tuesday She has had several bad dreams which scared her so bad she believes my dad is responsible often naming people that haven't been to my home possibly more than 15 years Similar to how cyber attacks drug addicts it is possible that with mom's appointment cyber has increased the attacks on my mom knowing my dad is very stressed and overwhelmed in an attempt to cause him a heart attack or worse

Mom was found by my mailbox when coming home with a tv remote in her hand , dad was asleep in the house on the couch Mom was scared talking about an elevator in my home and an assignment referring to army guys that she was "training" with in her dreams for the past several weeks

Me ; attacks in my sleep have diminished this week however mom has been very vocal of dreams she has had and she has been acting worse causing stress with my dad

Tuesday February 17th 2026 2:34am woke up , close eyes to go back asleep after being deprived of sleep last night and see animation of two people a man and a woman walking off with a red background Cyber has made threats against my parents and cats often similar to the targeting of females in my life and jobs I believe this to be related to the campaign of psychological and physical torture waged for the past decade

2:53am color red when eyes closed , images and animation of man and woman

Monday February 16th 2026 12:25am woke up from sleep by body shock , colors and animation, bright dots , loud ringing

12:56am almost asleep big body shock , blue colors when eyes shut , animation, dots

1:12am animation of a man with a mustache walking away waving

2:40am woke up from bad dream

3:58am woke from sleep with face poke , when closing eyes it looks like first person view without much resolution , constant animation like a dream

Sunday February 15th 2026 708am woke up , right nose itch , felt like something crawling in it but nothing was there

823pm bright blinding dots to left and, bottom , top of vision when eyes closed attempting to sleep for work , color blue in background

Color red also , animation, ringing noise in ears , strobe like pattern like a lava lamp or screen saver moving around

909pm almost asleep when right ear starts to hurt and run fluid , animation when eyes closed attempting, bright blinding dots , colors red and blue , ears hurt and body has been shaking from nightly attacks and lack of sleep for over a year now

9:36pm bright blinding dots to left and right of vision moving around with eyes closed attempting to go back to sleep for work and rest from months and years of remote torture Loud ringing satellite streaming sound in ears constant Color red and animation of head facing up moving up and down and fading in and out of vision

10:44pm woke up from sleep by body feeling like it was picked up and thrown down waking me up , shocks to body making it move uncontrollably violently and briefly, images and animation and colors with eyes shut of a man's head moving and flashing in and out of vision , pokes to the face , loud ringing noise in ears that changes pitch, bright blinding dots to left and right if vision , body shakes all day for over a year causing me to drop stuff like my breakfast

Saturday February 14th 2026 5:19am woke up by strong shock to body making whole body shake

709am unable to go back to sleep , several body shocks , colors animation and images including but not limited to man with sunglasses posing and adjusting glasses , bright dots to bottom , left and top of vision with eyes closed , loud ringing noise constant in ears , crawling on neck , stinging in eyes

10:28pm little sleep last night and the past few months , close eyes and blue color with animation of man with sunglasses, shows several images of different characters some female , bright blinding dots all over , ringing noise in ears

11:54pm woke up from sleep When closing eyes colors and light from the dots is very bright Hurts eyes and makes it hard to sleep Color is blue for now Dots are to left and end top center but brightness is all around similar to a strobe effect Satellite streaming noise is constant and changes in pitch

Thursday February 12th 2026 1:12am woke up from bad dream

1:53am woke up from body shock , body moved , when closing eyes man at computer with blue background with dark eyeglasses turning to lighter color

453am woke up to multiple body shocks, black animation of an ugly man's head face up moving up and down , head appears then reappears flashing with mouth open , image is very common and accompanies violent attacks by cyber

457am low Flying prop plane close to house , accompanies attacks

Wednesday February 11th 2026 249am woke up from bad dream , try to go back to sleep close eyes and see blue color with first person of car bumpers like driving at my work

2nd night this week my cat has been threatened in my dreams

Tuesday February 10th 2026 Woke up 8:47pm to right ear in pain , loud ringing noise , when closing eyes to go back to sleep animation with a red background with stick figure like animation of characters in a bed with cover

Monday February 9th 2026 9:33pm woke up to body shaking multiple times , images and animation, bright blinding dots when eyes are closed , colors red and some blue and black for background

Hands shook all day , hard to be coordinated, walk funny

1019pm low flying prop plane

Sunday February 8th 2026 3:22am woke up sick , when closing my eyes to rest again animation of man with sunglasses staring at me , flipping me off then walking away with animals and people that appear to represent members of my family who are ill and sick as week as members and animals no longer with us

5:05am Several body shocks , lots of animation like petting cats and walking away with people , colors , dots

6:56am woke up from bad dreams, mom says she has a lot of Bad dreams When I close my eyes they show me strange animation sequences

754am woke by massive shock to body , bad dreams , colors and animation when eyes are closed , high pitched ringing in ears

945pm lots of dark blue and black animation, bright dots , left ear pain , a couple shock type shakes , shoulder roll , red animation around 8

Saturday February 7th 2026 1:48am woke up to pain and discomfort coming from right ear again , hurts deeply, loud ringing in ears ,bad dreams when able to fall asleep

5:40am hands moved suddenly and involuntarily while laying in bed attempting to sleep

10:07pm two shakes so far when almost asleep , animation man with glasses , colors red and blue and black , bright blinding dots , loud ringing noise in ears

Friday February 6th 2026 3:05am woke up , bad dreams, when closing eyes to rest images And animation sequences very short maybe a few seconds then change to something different , like a spooky looking ghoul with a magic stick , then a sad looking witch raising hands , color was black and grey or blue

9:36pm big shake like being taxed , been sick all week from lack of sleep last few months, images and animation hard to make out , colors red and blue , bright blinding dots left and right of vision

9:59pm big shake when almost asleep, starting me, fever , Nose stopped up , Worked hard all week , they attack unarmed sick

10:22 low flying prrop plane flying close to home

10:50pm woke up from felt like a shock to my head making it move and twist quickly and violently , animation with dark colors , loud ringing noises

11:22 pm woke up by left ear hurting and running fluid from remote ear attack while Recovering from illness , mom and dad Included This week was extra difficult on my mom who has reached the stage of using the bathroom standing up Despite this cyber continues aggressive new attacks resulting in sickness and unit pain and suffering for me and my family

Thursday February 5th 2026 4:11am woke up , bad dreams, when closing eyes to go back to sleep black animation of man with sunglasses and mustache pointing two pistols at me and discharging

Wednesday February 4th 2026 1038pm woke up , right ear hurts , ears ringing

Tuesday February 3rd 2026 8:49pm bright red color when eyes are shut attempting to sleep after long day , animation of cartoon like low pixelation people , fast temp ,bright dots to left and center too

Monday February 2nd 2026 833pm color red with animation of a man doing something , bright , bright dots to left and center , ringing in ears ,

9:11pm woke up , color red when eyes shut , high pitch ringing

Sunday February 1st 2026 1230am woke up , light poke to left side of face , animation around 1030pm when lying dome for bed of man's head laying face up appearing then disappearing , red color , bright blinking dots to left and right of vision with eyes closed

12:56am attempting to go back asleep , eyes closed , bright blue light starts , followed by ugly man's head turning away and walking glances back then walks off disappears , multiple other men and women walk away turn back and walk until disappears , children really small follow the last , dots to top and left of vision , a bottom dot appeared and disappeared earlier

9:41pm several body shock since 9:00 pm when I went to bed Head facing up , colors red and blue with eyes shut , bright blinding dot to left with eyes shut , hands shake trying to write description, whole body tingles , ears rings

Friday January 30th 2026 12:06am almost asleep , images colors , made me feel out of breath and not able To Move

12:18am dark blue colors with black and animation non stop not able to sleep

12:53am , black and red animation , bright blinding dots left and right top , loud ringing noise constant, bags under eyes , not able to sleep for final day of work this week like last week

1:04am low flying plane , animation, red , face appearing and reappearing, dots , ringing

1:38am noose heats up making it itch when almost asleep , animation and colors

2:53am managed to finally fall asleep , woke up to left ear in pain , itching and running fluid , animation, colors , bad dream , severe sleep deprivation for last day of work

3:15am colors blue and black animation following ear attack waking me up , ear hurts , running fluid , animation trying to go back asleep is a man in uniform shooting at me with a gun , explosions , hurting my mom in bed

4:11am woke up to nose itching , lots of animation , hands shaky

4:25am woke to right shoulder popping out painfully , images and animation are very derogatory, depict uniform people picking up cats and putting them in bags , first person views from my work which is a temp job , carrying and old woman off that is in bed which I belive to represent my mom who didn't walk yesterday

4:43am colors blue and black animation following, head lays down facing up appearing and disappearing, various short animation sequences , usually walking away turning back ,

Thursday January 29th 2026 10:47pm woke up , pain in left ear , fluid , high pitch ringing noise constant , colors red , blue and black with eyes shut attempting to sleep , animation , man with sunglasses turning walking away and disappearing and reappearing , assorted different images

11:21pm lots of blue and black some red colors when eyes are shut attempting, lots of animation of heads flashing and reappearing and moving , bright blinding dots , hands shaky , hard to walk , difficult to fall back asleep

Wednesday January 28th 2026 1:57am woke up , animation dark red not as visible , man pointing hand at me like a pistol then recoil , animation repeats in ver and over

Tuesday January 27th 2026 12:20 woke up , bad dreams , body shakes bad , animation and colors when eyes are closed

12:33am dark blue animation , head laying face up like all the time moving its mouth eating little people and other various things with head fading out sometimes facing me , black is used like silhouettes , bright dots

9:25pm colors red then blue and black , head with mouth open facing up , appears then reappears , bright blinding dots to left and center right top , high pitch ringing

10:39pm left ear begins to sting , has fluid , colors and animation when shutting eyes

!!!!!!!!!!!!!!

From here below is where I last emailed to inspector generals of the electronic torture

!!!!!!!!!!

Monday January 26th 2026 1:33am nightmare , woke up to body shocks when trying to go back asleep

10:59PM Woke up from sleep right when able to fall asleep , left ear hurts , fluid feels like something diggin in it , pain , loud ringing noise

11:09pm left ear hurts bad making going back to sleep hard , ear rings. , has fluid , hand shaky , walked funny

Sunday January 25th 2026 3:18am woke up , body shock makes body shake , colors Blue when eyes are Closed with animation of random characters , loud ringing noise in ears , hands are shaky from torture and lack of rest this week

4:36am multiple body shocks waking me up several times, loud ringing noise , blue color with eyes shut and animation

5:19am body shake , woke up , color blue when closing eyes to sleep , bright dots left , right , rope center , other dots flash , animation, loud ringing noise , hands shake from severe lack of rest and torture this week

7:28am woke up by whole body moving like being shocked or tazed while in my bed , before that I was woke by my right shoulder moving briefly , when I close my eyes to go back asleep there is color and animation, most common is a ugly man's head laying face up , it moves , mouth moves , the head turns looking at me , the head will disappear and reappear probably hundreds of times , there are bright blinding dots to the left and right and center , there is high pitch ringing noise in may ears that change pitch , I feel stuff crawling on my neck and face but nothing is there

Saturday January 24th 2026 5:36am woke up several times throughout night , body shocks , animation , bright blue and red colors with eyes shut

6:54am animation and colors continue , head moves facing me to facing up fading in and out , disappearing the reappearing , moves mouth , ugly face , bright blinding dots are constant , loud ringing noise , flashing images and animation make it hard to fall asleep then shocks to the body wake again

11:21pm woke up from sleep , colors red and blue when eyes are shut , image of a man's head laying face up moving his mouth fading in and out disappearing and reappearing, bright blinding dots to left and right of vision constant

Friday January 23rd 2026 1:40woke up , close eyes to go back asleep , bright red color , animation of a man with sunglasses walking away with another person turning head to look back

2:31am body shock making body shake when trying to go back asleep since 2am

237am animation of man with glasses starring at me really close , high pitch ringing noise

3:11am almost asleep when severe body shock wake me , body still shakes hard to type , high pitch ringing noise constant ,

3:26am loud ringing noise , bright blinding dots with eyes closed trying to sleep for eight years

3:54am black and color red with eyes closed of head fading in and out facing up , loud ringing noise , bright blinding dots

4:25am colors red blue black , lots of animation, man with glasses moving around disappearing , smaller people almost stick figure , women , black stick figures all fading in and out in different shapes constantly with colors changing

8:24pm no sleep , colors red and blue with eyes shut , lots of animation, an with sunglasses taking little people and doing mean to them , nose felt like something crawling in it , earlier felt like bug on my hand

902pm animation non stop , colors blue and red , showing cars moving around like being at work , body shakes waking me up when almost asleep , deprived of sleep today , loud ring noise in ears ,

907pm bright blinding blue light when eyes shut with lots of fast animation, bright blinding dots to left and right of vision ,unable to sleep , body shaking from rf attacks and sleep deprivation

939pm woke up as soon as I fell asleep to hard body shock , hands shaky , loud ringing noise in ears , lots of animation of first person like I was at my job at the car lot , foggy windshields and dashes people sick animation, bright blinding dots

956pm colors red and bright blue , lots of sick images and animation, non stop , fast tempo , loud ringing noise , stomatitis and cramps

Thursday January 22nd 2026

3:30am around woke up from bad dream , one of my arms moved up and down involuntarily

4:11am body shake when almost asleep

Monday January 19th 2026

4:39am woke up several times , bad dreams , colors and animation , involuntary movements of arms and body , loud satellite streaming noises

Sunday January 18th 2026

4:30am trying to fall back asleep Twice body moves kind of like being pushed or shocked where body moves fast and quickly

Saturday January 17th 2026

3:57am Almost asleep , body shock all of a sudden , animation of a man with unfastening away when eyes are shut , colors black , red , blue

Animation of head fading in and out of vision , loud ringing noise in ears

6:02am woke up shock , animation when eyes closed attempting to go back asleep , man with glasses walking away , colors blue , black

11:22pm woke up , left ear hurts , itchy , bright colors blue with animation before I fell asleep , super bright blinding dot to left of vision , bright dot to right , high pitch satellite streaming noise that bumps in pitch

Friday January 16th 2026 3:59 explosion

4:54am strong shock to body making body move when trying to sleep , prior to attack images and animation of little people in a bed with color blue as background and two constant bright dots to the left and right Also constant high pitch satellite streaming sound

Thursday January 15th 2026 4:43am head moved when trying to fall back asleep , colors and animation of a head fading in and out moving from top to bottom and sides , bright dot. , loud ringing noise

10:49pm woke up from sleep , right ear hurting bad , fluid . Itchy , satellite ringing sound in right ear

Wednesday January 14th 2026 9:34pm close eyes and see colors red and animation, when almost asleep my body moves suddenly like left shoulder , fingers , upper body

Tuesday January 13th 2026 9:07pm really hard shock To the body when almost asleep , bright color red and some blue , animation of a man reading something drinking a cup with other various animation that doesn't make sense, bright blinding dot to left shaking

10:27 fell asleep , woke up again , colors animation, body shocks

11:01 pm mom screams in her sleep

11:26pm face pokes to left side of face by ear , tickle itch movement , hard body shock making whole body bounce on bed when almost asleep again , colors blue and red with animation that I can't see well

Monday January 12th 2026 12:08 woke up Nose tickles , Animation black with really dark red when closing eyes to go to sleep

12:23 am tickling and Crawling feeling on genitals , balls , groin , butt , neck , legs

100 hard body shakes

1:12am left Ear itches , hurts

1:32am large body shock , almost asleep

1:57am almost asleep when left arm moves , animation , colors blue red and black of a man's head fading in and out rotating around

2:23 am body shock , almost asleep , followed by animation attacks , man walking off with women , waving at me And walking off , colors red blue and black

229am almost fell standing up , dizzy , heart palpitations

Sunday January 11th 2026 4:00am woke up bad dream

6:31am woke up several Times by body shaking , colors red , blue and black with animation of a man with shades taking off shades and winking

Loud high pitch satellite noise

Saturday January 10th 2026 5:43am body shake when trying to go back to sleep , right ear hurts not sure when attacked , some red when eyes closed , hard to see animation following body shape of man flipping me off

Friday January 9th 2026 320pm almost dozed off , arms folded on chest pull apart startling me, Red and blue color when eyes are shut , animation of a man sitting at a computer scrolling

3:30pm body shakes when almost asleep startling me , colors and animation continue with air pokes to the face

Thursday January 8th 2026 1:27am woke up , bad dream , close eyes to go back asleep , blue background , animation, man with six glasses

3:38 am woke up , bad dream , right a Moved , colors , animation when eyes are shift

Wednesday January 7th 2026 9:18pm right armed moved up quickly when almost asleep Animation of a man at a desk recording a phone call , low pixelated, like a cartoon Background is red , blue and something a mix with black for silhouettes Bright blinding dots shake

Left shoulder jerks suddenly Twice now when trying to sleep

10:15pm woke from sleep

10:59pm almost back asleep And crawling sensation on th back of my neck Loud ringing noise in right ear Colors and animation , bright dots to left

Tuesday January 6th 2026 2:43am woke up , other bad dream

When close eyes small dot of split and animation man pulls covers up and turns dark

2:52 butt feels Like a bunch of tiny needles making it itchy , loud ringing in ear gets louder

3:41am woke up from sleep , colors red , blue , black when closing eyes , animation of man's head peaking out from darkness , small dots flashing in center

4:40am trying to go back to sleep for Work , right arm moves u an down hitting bed

Monday January 5th 2026 11:44pm Woke up from sleep Nightmare

Sunday January 4th 2026 4:30woke up

5:09am lots of animation, like a lava lamp red blue black silhouettes of a head top to bottom face up mouth moving then starting from somewhere else flashing disappearing

Saturday January 3rd 2026

1:48am woke up from sleep

4:36am woke up , body moved

4:45am when trying to go back to sleep I heard a beeping noise Dads air machine makes a beeping noise identical to what I heard I got up from bed to check and the machine was off and dad wasn't here Since I started writing about V2k cases they have started adding in attacks . I thought I heard my mom yelling last night and when I checked on mom she was asleep .

5:36 light body moves , ear ringing , images and animation dark , little sleep this week

6:20am almost asleep when whole upper body moves , blue colors with black silhouettes when eyes closed

7:33am red color when eyes are closed trying to sleep , body shook multiple times since last text , head hurts , animation sequences of a man in bed with others pulling sheets over then pulling them down repeatedly

Friday January 2nd 2026

4:23am woke up , big shake to body , silhouettes when eyes shut , man's head

4:40 left shoulder shake , felt like something crawling on back of my Neck , dark image of man laying face up Moving mouth in a funny way fading in and out , high pitch ringing sound

10:49pm bright colors red and blue when trying to sleep , loud ringing noise in ears , animation, feels like something crawling on neck and face when trying to sleep

11:02pm body shakes hard , multiple attacks , colors , animation, slept 4 hours last night from attacks

11:21pm colors , animation dots when eyes are shut trying to sleep , left ear itches , right ear hurts , but feels like something stinging it

Thursday January 1st 2026

7:26am right shoulder wrist moved when trying to go back asleep

9:00pm body moves when almost asleep

9:14pm almost asleep when body jerks hard like being pushed down on bed real hard

9:41pm dark blue color when eyes are shut , black silhouettes of a head moving around hard to make out , bright dot to top left shaking , woke up from sleep twice hard to go back asleep , tired , bags under my eyes today , arms shake when awake from torture and deprivation of sleep

10:26pm clots and animation, silhouettes of a head bright dot , almost asleep again and body shakes really hard waking me up , hands feel shaky from years of torture

Wednesday December 31st 2025 New Years Eve

11:22pm color blue and red when closing eyes to sleep , bright dot to left , body shakes briefly different places ,

11:35pm pulse attacks continue , when trying to fall asleep my body shakes briefly and hard startling me over and over again Shoulders move , body roles forward , head moves , fingers and legs kick , all night for years

Tuesday December 30th 2025

3:15am woke up , bad dream

Sunday December 28th 2025 12:34pokes, itch , blue color when eyes shut red, heart beat , Lou noise , woken up hands shake really bad from lack of sleep this week

1:43am left nostril itches , blue color when eyes are shut trying to fall back asleep , animation of a man wearing black walking away with a woman, animation has been shown since 2018 when cyber would claim they targeted my relationships

2:27am lots of animation of men in black suits with blue background pulling people to where I don't see them again , when cyber would target me back in 2018 and 2019 they would claim pets and family members by showing dog tags and heads like trophies

Accompanying visual torture sequences it felt like something crawling on my neck , also my butt starts to itch similarl to the face pokes . Many victims of cyber torture claim they are raped repeatedly every night .

3:33am woke up again , left ear hurts with pain and fluid , ringing noise , colors and animation with eyes shut

4:31am still unable to go back asleep , tickling /crawling attack where it feels like something crawling on neck then butt crack , images and colors blue with black silhouettes of man like a strobe kaleidoscope .Other than it being an important Christmas for my family this was my off week from delivering packages which was 6 days a week . I return to or try to in the morning .

4:58am body shook hard , following attack very graphic images of war zones and war with colors blue and black

5:46am fell asleep for another minute to get woke up , body shakes shoulder , leg , arms , fingers , colors and animation attacks follow when eyes are closed trying to go to bed

7:36am woke up , butt tickles , animation sequences of a man in black with other people , walking away with a woman ,

10:46 AM woke up again

Saturday December 27th 2025

6:21am body moved waking me up felt like being pushed on left shoulder making body move left

6:34am different parts of body briefly , toe , shoulders ,color blue with eyes shut , silhouettes moving , loud ringing noise changing

Above lip poke 10:28pm

10:41pm trying to sleep , bright colors with eyes shut red and blue with black silhouettes like a lave lamp making out to be a black head silhouette with bright blinding dots to left and right

10:51pm animation sequences of man with a hat and shades

11:16pm woke up when fall asleep to whole body jerk suddenly, colors red and blue when weed shut with animation and bright blinding dots , loud pitched satellite noise

11:27pm left ear feels like something digging in it , my ear is against the pillow due to past attacks to try and shield despite ear attacks continuing, when I check my ear to itch it there is nothing there and stops itching

Friday December 26th 2025 6:11 woke up wrist turn right arm , bright colors , high pitch satellite streaming noise , blue color when eyes shut , black silhouette fading in and out , man sitting at table

6:38am right arm slings up real quick when trying to sleep , colors , silhouettes , high pitched streaming sounds

Thursday December 25th 2025

12:18am Christmas morning, woke up by body jerking suddenly when just falling asleep , severe torture last night with little rest , high pitch dateline streaming noise changing,

12:55am woke up coughing when almost asleep , almost throw up on myself

5:02am woke up to left ear itching feeling inflamed , started running fluid , high pitch satellite streaming sound , faint and images , dots ,

5:18am man with glass starring at me when trying to return to sleep

5:21am dark red background with animation of man with sunglasses, feel dizzy from lack of sleep this week and escalation of attacks , throat burns

5:32am attempting to get sleep , image attacks with eyes shut , dark blue color strobes to black silhouette of man's head laying face up , image and colors flash

6:08am animation attacks , colors red and blue and silhouettes of a head laying down , head flashes or fades in and out and moves up and down , bright dots on both side , loud ringing noise high pitch changing pitch making sleep difficult

6:54am pulse attack when almost asleep making my body jolt in controllably briefly enough to take another hour or more to fall asleep

7:32am high pitch ringing noise other room, blue color when attempting to fall asleep , bright dots shaking , head ache

7:46am animation and colors red attacks start again , sequences of the head that flips me off laying face up moving its mouth , mouth looks deformed and gross like horror movie , goes from dark to black like silhouette, blue color though dark pulses with black making a strobe like /kaleidoscope effect making sleep difficult to impossible

9:05pm dark blue color when eyes shut , no sleep past few nights from torture, hands and body shaky , dizzy , didn't leave house or exercise today

Wednesday December 24th 2025 Christmas Eve

4:45am woke up to sudden violent jerk , loud ringing in ears, color with eyes closed Not so bright but present

5:01am almost asleep when body jolts violently again , attack is accompanied with blue and red colors dark when eyes are closed with loud runt noise in ears that changes pitch . Animation sequences are that of a man with glasses both with and without a mustache that attack each other and walk away after starring at me .

6:07am bright red and blue with silhouettes of a head rotating down facing up facing me upright and animation of head walking around , heads flash in and out and colors change , very bright almost strobe effect, bright dot center too , mid left , top right

6:37am two violent Attacks making my body jerk when almost asleep again , animation and colors combined

7:09am almost asleep when body moves , attacks are combined with loud ringing noises , colors when eyes closed with disturbing animations

11:34pm almost asleep woke up by attack making my body move , bright blunt blue light , bright dots , high pitch satellite streaming noise changing pitch , 4 hours sleep last night from torture this morning, body still shaking , images and animation a bag with a bunch of little people in it

Loud plane fly over with little air traffic today 11:42pm

11:50 Mom fell , loud noise other room , when I lay back down to go back asleep dark blue color when closing my eyes dot appears on bottom of vistas disappears which has been happening for years at different level and sides with main dots always there left , top right

Sunday December 21st 2025

5:01am woke up , body jolts when trying to go back to sleep , is sudden and makes my hands move and upper body similar to being punched in the head or taser , loud dateline streaming noise , dots to left and top of vision shaking constant when eyes are closed , color is blue and black

6:48 am almost asleep when my body started to roll , animation when eyes closed hard to make out , dark blue and black colors , satellite streaming sound

Color is red now , animation is that of the head with and without glasses that has been constant for eight years that accompanies severe sleep deprivation attacks , note today is my off day and Sunday before Christmas

9:40pm blue color when eyes shut , bright blinding dots shaking left and right top , body shook from pulse attack when almost asleep

9:52 maybe a little earlier left ear started to tickle and run fluid so rolled over when almost asleep Worked ups 6 since dec 3rd with only sundays off

1015pm dark blue with eyes closed , very bright , dots very bright , ears ringing

Saturday December 20th 2025

2:21am woke up to body jerk upper , dark blue color when eyes shut , ringing noise in ears body poke

2:32 am heavy body jerk with lighter jerks prior when attempting to go back asleep , loud ringing noise , dark blue colors with animation, dots shaking

6:36am woke up , dots when eyes are closed to left , top center and right , woke up a few times earlier with pain in right hip that doesn't hurt now , ringing in right ear

11:29PM Almost asleep and neck shoulder clenched quickly

Blue background with eyes shut ,man I'm sunglasses walking away , bright blinding dots shaking

Friday December 19th 2025

3:33 AM Bad dream woke up

3:58am woke up , right arm moving, dots when eyes are closed

10:30pm left shoulder flex's and touches face briefly when trying to sleep , man with sunglasses animation with eyes shut with blue color and bright dots , loud high pitched noise in ears

10:58 pm left cheek face hard poke when almost asleep , animation, colors, dots , loud ringing noise in right ear , words shake when focused

Thursday December 18th 2025

12:00AM Woke up , animation color red and black silhouette,images and animation of a man with sunglasses looking at me , animation accompanies an attack to my body causing me to wake from sleep and itch

1:03am left side of Face itchy , Woke up from Sleep , blue color and animation when eyes closed

Wednesday December 17th 2025

1032pm waist moves when almost asleep , bright colors blue and bright dots , animation

Tuesday December 16th 2025

3:51am attempting to go back to sleep strong attack pushing me down feel pain deep in my spine

Animation when eyes closed dark blue and black depicting a man with sunglasses starring at me and turning away . Dots are present but not as Blinding as usual.

4:07am left and right shoulders jolt when almost back asleep followed with animation of a head with glasses laying face up flashing in and out like strobe effect with dark blue and red colors

6:04am woke up right ear itchy briefly , running fluid , high pitch satellite streaming noises constant

Monday December 15th 2025

12:21am body moved when almost asleep followed by animation of a man with shades kissing another head , high pitch noise ,

201am lots of animation , dark blue color , woke up to big shake of body with several since 12:21am

Sunday December 14th 2025

5:09 am , woke up , images / animation of a man with sunglasses with a red background, bright dots to left and Right , right ear itchy with fluid

7:18 AM woke up with left arm jolt strong , attack accompanied by colors and animation with my eyes closed of a man carrying a woman away with woman's face visible as walks away , animation is low pixelation

7:46am woke up , body shook suddenly waking me up , left ear started to tickle right side has fluid , colors and animation when eyes are closed , blue background man with glasses and mustache blue and black silhouette , bright dots left and right shaking up and down and left and right

8:09am almost back asleep when whole body feels pushed down suddenly like being pushed down in my bed , bright dots left, colors and animation accompanying attacks with loud ringing noises in ear constant changing pitch similar to satellite streaming noise

10:48pm sudden multiple jerks , body feels shaky after attacks , color blue with eyes shut , almost was asleep , also body jerked prio

11:14pm left arm rotates around wrist when almost asleep , stately streaming noises changing pitch , animation scenes of a man with sunglasses starring close then turning to leave , attacks continue after animation, bright blinding dots to left and right of vision , also body felt funny before animation scenes, head and breathing felt different

11:27pm ankles roll when almost asleep , several body jolts and increase in frequency of attacks since going to library today

11:43 pm big sudden jerk when almost asleep, bright dots left and right , constant satellite streaming noise in ears , most violent attacks in hour time in a while

Friday December 12th 2025 10:45pm colors blue and red accompanied with animation not able To see clearly , bright blinding dots as usual , almost asleep and body jerks violently several times making sleep difficult

Thursday December 11th 2025 202am woke up from sleep , bad dream /mom was walking back and forth from kitchen , she said something was going on that I would find out , I told her to go to bed , she said ok , she has claimed flashlights outside in the past

207 am / got up to ask mom what she saw , she said there were 5 Mexican people outside , she heard noises and got up , she said they are no longer there

220am Dark ref background when eyes are Closed with animation of a man's head wearing sunglasses turning facing up

235am , animation of man's head wearing sunglasses starring me in my eyes , blue background, bright blinding dots

2:54am left shoulder makes small movement , fingers raised , body movements

311 color blue , black animation, dots

4:01 am blue and black silhouettes of a man's head with sunglasses moving his mouth fading in and out of vision when trying to sleep , head moves from laying face up to left or right , bright blinding dots , body movements like shoulder , loud ringing noise that changes pitch

4:14 legs moved when almost asleep , accompanied by colors , dots , blue ,

6:29am animation really far not as bright , black and dark blue colors , animation of a man's head with sunglasses drinking something repeatedly, then head moves to face up with mouth moving , bright blinding dots to left of vision , dot to top right , high pitch noise sounds like satellite streaming constant

702am multiple attacks to body moving right shoulder , arms , body , tilting , raising , images /animation /colors and bright dots with eyes closed featuring animation of a man's head turning with shades associated with attacks Worked overtime everyday this week very tired and have to drive to make money for my sick mother who i belive is being attacked by the same system

Tuesday December 9th 2025 6:11 am red background with eyes shut , black and red animation of a man with sunglasses flipping me off repeatedly, woke up from bad dream

Monday December 8th 2025

12:10am blue color with eyes shut , animation, super bright dots left and right , left arm Moves when almost asleep

1:17am woke up , left ear itchy with fluid , high pitch ringing

6:38am body jerked when trying to fall back asleep

10:56 pm when eyes are closed blue background with animation that goes red briefly , bright blinding dots on both sides shaking , right shoulder pops out of socket painful when almost asleep , body shakes when almost asleep

1102 head feels funny , pressure , dizzy , ringing noise in ears changes pitch

1117pm right shoulder pops , lots of animation, bright colors fast tempo , high pitch dateline streaming noise , body jolts when almost asleep

Sunday December 7th 2025

1244am almost asleep and felt like someone pushing me , my body jerks all of a sudden involuntary

Friday December 5th 2025

645am blue background with eyes shut , man with sunglasses disappears , small people , shoulder twitches suddenly

1102pm trying to go to sleep , see colors red and black , images of a heads silhouette face up with red color with bright blinding dots left and right , loud ringing noise in ears

11:34pm violent jerk popping shoulder out hard and hurting really bad , blue color when eyes are shut with bright blinding dots

Wednesday December 3rd 2025

221am woke up , bad dream

Tuesday December 2nd 2025

11:04 PM blue color with eyes shut turns red with animation of a man's head with sunglasses moving around , animation and colors are accompanied by attacks resulting in waking me up making my body move and jerk uncontrollably intense and brief , bright blinding dot to left of vision

Monday December 1st 2025 1:29am colors red and blue when eyes are shut , animation sequences , bright blinding dorsal shaking , loud ringing noise constant ,

Sunday November 30th 2025 7:42AM Left ear hurts , blue color with eyes shut , animation/images hard to see

1100 pm , woke up , dark blue color with eyes closed , bright blinding dot to left and right of vision , shaking , loud ringing noise ,

Saturday November 29th 2025

1:11am woke up from bad dream , pokes to body

3:11am woke up , stings to body

3:28am ear itches , armpit itches , pain in hip , colors , animation

3:49am blue color , head laying face up fading in and out , stings to body kept awake , loud ringing noise in ear , body shakes , have vehicle inspection in a few hours

Friday November 28th 2025

431 am woke up , dark blue black animation when closing eyes

1035pm , blue colors when eyes shut then red with animation of one character being harmed by another , bright blinding dots left and right , pokes to nose and face waking me up after several minutes

Thursday November 27th 2025 1004pm blue light with eyes shut , bright blinding dot to the left , body shook hard a little earlier , sharp pain in back right shoulder close to spine

1135pm bad dream woke up , chin itches then stops

Wednesday November 26th 2025

10:44pm mom screams really loud

1103pm , dark blue with eyes shut , body shakes /jerks real hard when trying to fall asleep

Monday November 24th 2025 10:11pm almost asleep left shoulder moves briefly popping and turning making my body shake , colors blue with animation of a man's head wearing a u form , bright dots left and center shaking

Sunday November 23rd 2025 953pm blue and black colors spinning around with eyes closed , bright blinding dots top right and top of vision , Animation of a giant ugly head laying down flashing in and out

1029pm colors , animation , dots shaking , arm moves forward almost like a Punch when almost asleep

Saturday November 22nd 2025 108am woke up , left and right ear itchy with fluid , left ear a little bit of pain , bright blinding dots to left and center possibly right shaking , blue and red background color accompanied with images and or animation

441AM woke up left ear has pain , itches .

504am almost asleep , felt pushed down / body jerked suddenly , when eyes shut colors red and blue , bright dots top and left shaking , images and animations of a head inverted with a gaping mouth opening and jaw moving

633am woke up , pain in hips both side when rolling over

Thursday November 20th 2025

2:58AM Red color background when eyes closed , animation of a man with sunglasses and mustache flipping me off

3:24AM left ear hurts starts to run fluid when attempting to go back to sleep Images , animation color of a man flipping me off with a red back green eyes shut Bright blinding dots top center , left and right shaking and moving Loud ringing noise in right ear

4:24am blue , red , black colors flashing with eyes closed trying to go back to sleep , images of a head flashing and disappearing with head facing upwards moving from different directions

Between roughly 555 and 615 arrived home Plane coming out of west heading east with right wing with blue greenish light and white flashers Low altitude , prop engine

950pm animation red color , blue color , man reading a paper drinking something , bright dots all over shaking , left shoulder moves when almost asleep

Tuesday November 18th 2025 9:36pm woke up to poke to right eye brown , bright blinding dots , colors , animation

10:58pm ringing in ear , blue light with eyes closed , bright blinding dots moving

11:15 pm body rocks when almost asleep like being pushed , bright blinding dots and colors like blue with eyes shut , ringing in right ear loud changing pitch

Monday November 17th 2025

12:18 am blue colors and black silhouettes when eyes shut , bright blinding dots to left and right of vision, images and animation of a man's head wearing sunglasses , butt itches when almost asleep body rocks, left side of head has pressure, head hurt when going to bathroom, loss of coordination maybe vestibular , body shaky from attacks

6:46 am shoulder shakes waking me up , color blue when eyes shut , animation , bright blinding dots on left shaking up and down left and right , ears ringing high pitch satellite noise

700am body shakes waking me up , colors , animation , ringing noises

1043pm blue colors , lots of animation , right shoulder moved

1049pm legs kicks hard when almost asleep , animation and colors continue with eyes shut

Sunday November 16th 2025

10:40pm bright blue colors and animation when eyes shut , when almost asleep body rocks , shakes , stinging sensations, right ear start to run and feel inflamed

10:57 pm blue colors and bright blinding dots when eyes shut with animation, almost asleep and right hand moves up and down bouncing off bed , body feels shaky and less coordination

Between 8:30 pm and 9:30 pm there was a low flying plane coming from [city] that flew over my house showing me the blue green light on its right side flying east Was lowest flying plane all night Colors are blue accompanying attacks this evening

11:28 pm animation and blue colors continue when eyes are shut , body shook real quick , pokes all over my body feeling like insect bites , loud ringing in ear ,

11:53pm breathing short , colors and animation when eyes shut , feels like pokes all over body back of legs , butt , head feels funny , muscles contract

Saturday November 15th 2025

6:37am left arm shakes violently briefly when almost asleep , attack accompanied by colors and animation of a man's head with sunglasses switching to a man's head with a mustache fading in and out and also turning and walking away

533am arm and body move violently briefly jolting my arm quickly almost hitting me while Laying in bed , when eyes shut attempting to sleep dark blue colors with silhouettes of a man's head fading in and out disappearing and reappearing from different sides

330am bad dream Woke , when trying to go back to sleep blue color and black silhouettes of heads rotating around , bright blinding dots left and right , ear ringing right

12:05 AM Right ear hurts , woke up , ringing in ear , colors blue when eyes shut , felt like something crawling on neck nothing there , bad dream ,

Thursday November 13th 2025

9:59 PM Woke up , Shoulders and body shake waking me up from sleep

Wednesday November 12th 2025

544am colors , animation of a man with glasses pulling something over disappearing then reappearing and disappearing

Tuesday November 11th 2025

9:32PM Red colors with eyes shut , animation, shoulder moves , upper body shakes when trying to go to sleep

940pm blue ambient light , upper body shakes suddenly , violently when almost asleep

Monday November 10th 2025 506 am several body shakes this morning

544 am body shakes all Morning

Saturday November 8th 2025 12:25 AM Bad dream , colors , animation , feel asleep , woke up to nightmares , sex stuff , when attempting at going back to sleep , images , colors , dots

4:26 AM Bad dreams , colors , lots of animation with eyes closed , woke up two more times

6:21 AM Woke up , right hand twists moving uncontrollably, one of my legs moves too

Tuesday November 4th 2025

12:01 AM woke up , animation colors , ears hurt , feels like something move over them repeatedly really fast on both sides

12:56 am body shakes when almost asleep , animation colors , butt itches , ears ring really a loud

3:19am woke up , face pokes , itches around nose and cheeks , ears hurt , ringing , animation and colors with eyes closed , Constant moving of shapes , colors and silhouettes ,hands shaky , body shaky

3:52 AM Woke up , bad chest pain on right side , doesn't stop , body jerks hard when trying to go back to sleep , colors and animation when closing eyes , hands shaky , body shaky

Monday November 3 2025

10:33PM Blue light , lots of animation like cartoon , face pokes when almost asleep

1042 body moves uncontrollably accompanied with animation sequences with eyes shut of a man with sunglasses extending middle finger

on the morning of Sunday November 2nd 2025 at 2:48AM I woke up from sleep and tried to go back to sleep for my body to shake hard briefly .

On the morning of November 1st 2025 at 7:37AM blue colors with eyes shut , animation of a man sitting at a computer drinking from a coffee mug Animation sequence is common and seen for several years accompany attacks resulting in sleep deprivation usually on off days or stressful weeks of work

6:26AM arms move uncontrollably, body jerks violently several times attempting to go back to sleep on off day from work , attacks are accompanied by silhouettes of heads , blue colors , mouths opening and closing from laying facing up and down disappearing and reappearing , attacks are common and have been occur for several years

Woke up twice 4:48 and now , blue colors with eyes shut , silhouettes of heads going up and dead , mouths of heads open and close fading in and out

Thursday October 30th 2025 3:50 am Woke up . Left ear itches , hurts , blue color with eyes shut ,

4:04 AM body shakes when trying to back to sleep , ear hurts , itchy

415am very violent shake upper body part waste trying To Go Back To Sleep

438am nose pokes , animation, colors , high pitch ringing , left ear pain

521 am violent body shakes waking me From sleep accompanied with animation of heads , silhouettes , colors red and blue

Wednesday October 29th 2025 2:02am face pokes wake up , mouth , nose ,

3:11AM Bad dream , woke up , animation with eyes closed of an upside down head , read color ,dots ,

3:23am body jolt , woke up , animation

4:52 am woke up , right ear itchy and hurts , ringing. , dizzy , very tired

5:10am roughly , shoulder popped out violently waking me up , colors , animation , head silhouettes with eyes shut

8:55 PM Almost asleep and body moves and twists when almost asleep Blue color , animation, bright dots

Tuesday October 28th 2025 9:49PM Woke up , body move , right ear hurts , animation and red color from laying down, bright blinding dots

1019pm almost asleep body shake to back

10:38pm shoulder popped out of socket painfully while trying to sleep For work , animation, colors , loud ringing noise

11:17 pm leg kicks uncontrollably while trying to sleep , animation a lot clearer , color red with bright dots and ear ringing

Monday October 27th 2025 1233 AM, Bright dots , animation with blue background, violent body shake of head and upper body

118AM woke up to whole body shaking violently accompanied with animation with a blue background with animation of a man with facial hair laying horizontal facing upward turning towards me pointing

2:19 AM Woke up , animation, blue background , heads rotating from top to bottoms , silhouettes , bright blinding dots , fading in and out

2;39am Woke up , waist moved forward , balls hurt , accompanied with animation of heads flashing in and out , blue colors , silhouettes of heads , bright blinding dots

459AM Woke up , ear hurts , face pokes to nose , butt and groin hurts still , ears ringing really loud in left , hands shake , animation of heads and silhouettes flashing in red , blue and black inverted moving up and down , left and right

6:28AM Little sleep maybe a hour , almost took Benadryl to go to work , pain in balls from new attack last night , confusion

8:27 PM violent shake whole body upper , dark red color and dots with animation I can't make out , hands shaking bad

835pm balls ache

857pm heads moving from bottom up with silhouette black and dark red color, little people jumping out of mouth , balls hurt , loud ringing noise

950pm violent body shake, almost asleep , animation , colors , dots , balls hurt , ringing noise in ear , hands shaky from attacks

1003pm butt pokes , balls hurt , animation , colors , dots

1037pm woke up , body shakes

1053pm big violent body shake

Sunday October 26th 2025 10:59PM Body shakes when almost asleep , animation sequences of a man with a mustache, red bright background , air pokes to groin and face , ear ringing

Thursday October 23rd 2025 2:33AM Bad dreams wake up

Wednesday October 22nd 2025 4:06AM Body shook lower , blue color light , animation of man on computer or something, walks away , bad dream when asleep

Tuesday October 21st 2025

4:41AM Woke up , bad dream , try to go back to sleep ear poke , light animation

9:47PM Head shake , hurt neck when try to sleep , red colors , animation, bright blinding dots with eyes closed

Monday October 20th 2025 1:43AM Woke up , left ear hurts / itches

3:31AM Woke up , ear hurts left side , itchy , fluid , when closing eyes red colors and black with silhouette of a head face up to face down rotates

9:53PM Body moves while trying to sleep Dark red color when eyes shut , animation Woke up at sometime during the night , more animation

Sunday October 19th 2025 5:08AM Woke up bad dream , try to go back asleep , super loud ringing noise , lots of animation sequences , very clear , lots of different sets like a comic book , derogatory , fast pace animation ,

Time N/A Trying to go back to sleep , animation not clear , looks like a lava lamp , red and black silhouettes , half and half , looks like a big black head , lots of red , moves from top to bottom left to right

Saturday October 18th 2025 2:30 AM Bad dream woke up

Friday October 17th 2025 1:35 AM Colors , small silhouettes, woke up earlier , nightmare ,

2:01 AM silhouette that takes off a mask to reveal another man's head except animation turns to photograph image different color ,multiple shakes to the body

Wednesday October 15th 2025 9:27PM Left shoulder moves when almost asleep

Tuesday October 14th 2025 2:22AM Woke up , left ear has fluid , irritated , animation when eyes shut , red and blue colors

9:54 PM Body moves , legs , shoulder when almost asleep Blue light when eyes closed with bright dots

Monday October 13th 2025 9:23 PM Shoulder moved , bright colors blue and red , bright blinding dots , loud ringing noise in ears , animation

Body shakes , colors , animation , body pokes

Mom screams

Sunday October 12th 2025 10:27PM Woke up , body pokes all over body , blue colors when eyes shut , animation , bright dots left and right

Mom was talking in her sleep , yelled , screamed

11:29PM Hard neck twist when almost asleep

Saturday October 11th 2025 10:28 PM Mom screams

11:32PM neck twists hard when almost asleep , arms shake Violently when almost asleep , bright blue colors when eyes shut , animation, bright blinding dots

Friday October 10th 2025 3:44AM Woke up , light animation , blue colors

Thursday October 9th 2025 10:03PM Left shoulder twitch when almost asleep

Arm move , body , moves when almost asleep 10:17 pm Bright blinding dots when eyes are shut trying to sleep , colors red and blue , animation

10:50 PM Blue colors with animation with eyes shut , woke up by ear in pain and itching High pitch ringing noise with ears

Wednesday October 8th 2025 102AM woke up , bad dream , animation, colors red

113am almost asleep when body twisted

Tuesday October 7th 2025 9:33PM Body moved uncontrollably when trying to go to sleep , bright blinding dots , colors animation

10:15PM Woke up ,bright gh dots , colors red and blue , body shakes

1022PM Arm moves uncontrollably swing outward while attempting to go to sleep

10:32PM satellite streaming noise , red ambient light , bright blinding dots , animation , pokes

1117 PM woke up , throat burns , tastes like throw up in mouth , have to cough , animation, colors , bright dots when are shut

1156PM woke up , animation, colors red, pokes

Saturday October 4th 2025 1229am left foot big toe tip hurts , woke up , colors red and blue , animation , bright blinding dots left and top of vision , body shakes when almost asleep

Thursday October 2nd 2025 10:27PM Almost asleep body shakes , red ambient color , animation , bright blinding dots

10:34PM Legs kick

Wednesday October 1st 2025 1:32 AM Dark blue ambient background with eyes closed , faces mostly a head fading in and out of visibility , constant animation , eye and face pokes when almost asleep

2:50AM blue colors , head flashing in and out of silhouette like kaleidoscope

340am red background , black silhouette heads

6:20AM Bad dream for the few minutes I was able to sleep

Tuesday September 30th 2025 2:05AM Left eye poke , bright blinding dots left and right , dark blue ambient light , silhouettes of heads flashing in and out

Sunday September 28th 2025 6:13AM Woke up , right nostril poke / itch

Tuesday September 23rd 2025 1:36AM Blue animation with eyes closed , woke up , eyes itch , ears

7:34AM Woke up around 2 with ear hurting bad , woke up just now , colors , animation

Sunday September 21st 2025 5:30AM Body shook , electro shock

Saturday September 20th 2025 2:35 AM Woke up multiple times , body shakes hard briefly , colors red , blue , bright blinding dots shaking , face pokes to right side , itchy feeling , ringing noise in ear , satellite streaming sound

Friday September 19th 2025 12:31AM Body shakes when almost asleep , color blue when eyes shut

Thursday September 18th 2025 12:20AM Legs kick when almost asleep , shoulder felt funny when first laid down , colors , animation when eyes shut

Wednesday September 17th 3:54AM Right ear super itchy , bright colors and animation when trying to sleep last night around 10 and 12

Saturday September 13th 2025 3:09AM Woke up , left ear hurts , deep , colors red and blue with eyes shut , animation , bright blinding dots to left and right of vision , face pokes to the nose trying to go to sleep 8:06 AM Woke up , animation , colors red and blue when eyes are shut , ears ringing , face pokes , bright blinding dots

Thursday September 11th 2025 12:16 AM Neck felt like something crawling on it , body shakes when almost asleep, color blue when eyes shut with animation sequences , face pokes

Monday September 8th 2025 12:33 AM Dark blue light with eyes closed , lots of animation of a head facing up , body jerks when almost asleep , butt itches , groin

2:20 AM woke up from sleep , blue light with eyes closed , woke to itch on right nose

6:57AM Left shoulder moves when almost asleep , colors , woke up many times last night , itchy face

7:11AM Colors animation , small involuntary movements , sleep deprivation

8:56 AM Woken up several times , animation , colors red and blue , involuntary body movements small disturbing sleep all night

9:12 AM Butt , balls , genitals feel itchy , neck , eye pokes , little sleep , involuntary small movements of the body ,

bad dreams when asleep

Saturday September 6th 2025 12:38AM Mexico City Time Woke up , body shaking when going to sleep , color blue , bright dot to left of vision shaking

1:25AM bombarded by animation sequences of blue and black , animation of a head that rotates from bottom , flashing in and out of vision , severe sleep deprivation

4:20AM Awoke a couple times to face pokes , lots of animation with eyes closed , bad dreams when able to fall asleep

5:34 AM Spinning head with eyes closed flashing , blue colors while trying to sleep for flight , right ear ringing , hands shaky

6:50 AM Head flashing , dark blue colors while trying to sleep , bright blinding dot to left of visions , severe sleep deprivation

8:59AM Vision blurry when awake

12:51PM 10-15,000 feet in an airplane , red color when eyes closed with black head rotating bottom facing up , left 90 degrees , bright blinding dots , left , face pokes to right of head

1:18PM 33,000 Feet

1:48PM Over gulf of america , blue ambient light when eyes are closed , satellite ,

3:31 PM butt starts to itch after writing about private areas of my body being attacked by cyber

Friday September 5th 2025 6:09 AM Left side of face around ear itchy

Tuesday September 2nd 2025 12:23 AM Woke up , bad dream

2:02AM Woke up , face pokes , red colors with eyes closed , noises , colors , animation of man with glasses close to me , bad dream

352am Mexico City time , woke up , bad dream , left ear feels funny , fluid . Images and colors with eyes shut , ear rings

408 am woke up body twitch

436 am woke up body shake

Sunday August 31st 2025 4:17 AM Woke up , left ear hurts ,

Friday August 29th 2025 12:06AM Woke up , colors when eyes shut , red earlier before falling asleep briefly

200 am , woke up , pain in right ear , colors and animation since asleep last

4:15 AM woke up , colors all night

5:35 AM Woke up

6:08AM body shakes ,colors almost asleep

6:55 AM woke up

Thursday August 28th 2025 7:17 AM Left eye poke , woke up a lot last night . Bad dreams

Sunday August 24th 2025 8:53 AM Right eye poke when trying to sleep

Saturday August 23rd 2025 3:12 PM

Left ear hurts trying to sleep , blue light when eyes shut , dots shaking in vision

Friday August 22nd 2025 12:55 AM Left country in Mexico trying to rest from travel and years of torture In Mexico , red ambient light with eyes closed body shook when trying to Go to sleep

103am shoulder moves uncontrollably , lots of animation , red blue colors with eyes closed

240 am , attacks non stop , hand shakes , fingers , colors , animation , blue , red

313 am woke up , face pokes , bad dream

6:57AM Face pokes , woke up , animation , colors

8:25 AM Woke up , body shakes, colors , animation

Wednesday August 20th 2025 12:12 AM Woke up , bad dream , butt starts to tickle

3:16 AM Woke up

Tuesday August 19th 2025 3:38 AM Woke up from sleep

10:04 PM Body shakes , head moved , red ambient light with eyes shut

Monday August 18th 2025 11:47PM Body shakes when almost asleep

Sunday August 17th 2025 11:02 PM Lots of animation , heads , blue background when eyes are closed , bright blinding dots shaking , butt tickles , body shakes

Saturday August 16th 2025 6:20 AM Woke up , pulse attack , body shook 7:06AM Shoulder jerks , animation follows , red color with eyes shut , sunglasses , middle finger 7:36AM Nose tickles , left nostril

Thursday August 14th 2025 8:06AM Woke up , bad dream , tried to go back asleep , body shakes

Wednesday August 13th 2025 1:17AM Almost asleep and body starts to shake , head moves uncontrollably , brights colors blue 1:29 AM Big attack , body shook really hard , animation 3:37AM Woke up

Tuesday August 12th 2025 2:06AM Woke up , right eye felt like a needle going through it , right ear hurts , feels funny , ringing in ears , colors blue when eyes shut , animation sequences 5:25AM itchy nose , woke up maybe 15 minutes ago , butt and balls were tickled around 2AM 7:24AM Body moves uncontrollably while trying to sleep 10:51PM Whole body shakes when almost asleep , nose starts to itch 11:51PM Woke up , whole body shakes quickly when trying to go back to sleep , bright blinding dots with eyes closed , blue colors , red , faint animation sequences , body shakes after attacks

Monday August 11th 2025 12:50 AM Almost asleep left leg moved 1:04AM Sharp face pokes , legs kick and shake a bunch, upper body moves uncontrollably , bright blinding dots in field of vision with eyes closed 1:22AM Butt itches , bright dots with eyes closed , loud ringing noise , body feels funny 10:19AM Body shakes , colors and animation

Sunday August 10th 2025 10:22AM Arm moved up uncontrollably

Saturday August 9th 2025 12:54AM Almost asleep , lower body shakes violently , blue and red colors with eyes shut , animation of a man drinking something 2:00AM Woke up with something feeling like it is diggin in my ear , another attack where it felt like something was over my eyelid m couple attacks to face , loud ringing noises , colors animation when eyes are shut , woke up several times 3:23AM Woke up bad dream , sexual in nature 10:22AM

Friday August 8th 2025 12:07AM Body jerks when almost asleep , blue light , with eyes closed 3:33AM Woke up , mom fell

Wednesday August 6th 2025 4:22AM Woke up a t 4:20AM , right ear feels funny .. itchy , has fluid , ringing noise , try to go back to sleep , blue color background with eyes shut , animation sequences of a man flipping me off adjusting sunglasses

Tuesday August 5th 2025 12:39AM Body jerks when almost sleep , face itch , bright blue dot left and right of vision , animation of a man's head 12:58AM ear super itchy , face

11:01PM Right eye feels like something poking it when almost asleep for work tomorrow , blue ambient color , animation earlier

Monday August 4th 2025 5:14AM Woke up , touched face , woke up several times last night , saw word when waking up prior 6:04AM Right eye feels like needle , eye brow

Sunday August 3rd 2025 3:14AM Woke up a few times , face and ears , bright blue colors , constant ringing noise

Friday August 1st 2025 12:32AM Arm moves while trying to go to sleep , blue bright ambient light with eyes shut , bright blinding dots on left and right of vision 3:26AM Blue head facing upwards flashing while trying to go to sleep 4:13AM Woke up , finger moved 5:11AM Woke up 5:20AM butt tickles , images of a face pointing up flashing on and off 6:40AM Bright colors red and blue, lots of animation 7:17AM Body shakes woke up 7:54AM Almost asleep body starts to shake

7:53PM Woke up , blue colors , lots of animation

Thursday July 31st 2025 12:21AM Big shake when almost asleep , bright blue colors with eyes closed , bright blinding dots in field of vision Jaw bit uncontrollably 12:50 AM Massive shake to the whole body when almost asleep

Wednesday July 30th 2025 12:41AM At 12:25AM and 12:38AM body moves uncontrollably;y briefly along with another jolt or two while attempting to fall asleep for psych interview tomorrow Blue ambient colors when eyes closed followed by sick animation of a man in uniform , air pokes to face feeling like needles in sensitive areas when asleep or almost asleep Would continue to be woke up throughout the night to body jolting animation of two individuals , blue colors , bright dots on left and right field of vision Loud ringing noise all night resulting in almost no sleep The torture would last all night until about 5:30AM when I was able to sleep until maybe 8AM This night was of importance because I was to take my psych exam for the [city] Police and almost done with the entire several month long process Upon arriving with little to no sleep I was met and told I was dropped out of the process

Wednesday July 28th 2025 12:41AM At 12:25AM and 12:38AM body moves uncontrollably;y briefly along with another jolt or two while attempting to fall asleep for psych interview tomorrow Blue ambient colors when eyes closed followed by sick animation of a man in uniform , air pokes to face feeling like needles in sensitive areas when asleep or almost asleep Would continue to be woke up throughout the night to body jolting animation of two individuals , blue colors , bright dots on left and right field of vision Loud ringing noise all night resulting in almost no sleep The torture would last all night until about 5:30AM when I was able to sleep until maybe 8AM This night was of importance because I was to take my psych exam for the [city] Police and almost done with the entire several month long process Upon arriving with little to no sleep I was met and told I was dropped out of the process

Monday July 26th 2025 11:39 PM Woke up to body shaking , blue color with eyes shut , bright dots

Sunday July 25th 2025 4:37AM Right ear hurts , woke up earlier to time

Saturday July 24th 2025 12:12 AM Woke up to body jerking really bad , used a space blanket that didn't help to prevent attacks , body shakes without attacks , colors blue and red with eyes shut 11:49PM Woke up , animation of a man drinking out of a cup , blue and red background

Friday July 23rd 2025 1:38AM Woke up to air pokes, blue colors with eyes shut , animation 1:42AM Whole body raises up when attempting to go to sleep 4:14AM Woke up again , maybe a few minutes later 7:12AM Woke up , bad dreams , tried to go back to sleep and foot moved 11:47PM Whole body shook while trying to sleep , bright colors , blue , animation Thursday July 24th 2025 11:41 PM Trying to go to sleep , shoulder shakes , body shakes, face pokes , legs , body jerks repeatedly , colors and animation sequences with eyes shut

Tuesday July 22nd 2025 12:45AM Woke with left shoulder flexing arm up 1:14AM Bright blue colors , images of a man's head in uniform face up , moving up and down in field of vision with mouth open 2:09 AM Woke up , body shook , air pokes on neck and face , picture of text message with eyes shut that I couldn't read 2:59AM Woke up again , lots of images , colors , jolts to the body 4:37AM Red background with my eyes shut , animation , no sleep 5:21AM Bright colors , random animation , no sleep 5:49AM Left arm jumped as I started to fall asleep The above is the summary of events that transpired the night before a scheduled interview . The interview was part of a long hiring process with the [city] Police Department . I believe this demonstrates the depth of the harassment and torture by cyber on important days in my life . I am currently [age] .

Monday July 21st 2025 1:18 AM Woke up , nose itch , possibly arm moves around 11:50 PM night before 10:27PM Body shakes keeping me awake , have important interview for career tomorrow , animation , bright colors 10:50PM Bright colors, red and dark blue with eyes shut , body shakes from pulse attacks waking me up a hour ago , animation sequences of a head upside down 11:52PM Woke up , sweat , bright colors blue , body shakes , loud pitch noise , have to get up at six for interview , right eye itches ,

Sunday July 20th 2025 1:21 Am Woke up , pulse attack , left shoulder jerks fast and violently when asleep or almost asleep Attack is accompanied with prior and during with bright colors and animation visible with my eyes shut and bright blinding dots shaking

2:04 Am Woke up again from sleep , it feels like something crawling , digging in my right nostril but nothing is there , no sleep so far this evening . satellite streaming noise constant changing pitch , hands shake , colors blue and red visible with eyes shut

2:44AM Bright colors red and blue flashing , animation of a man's head inverted , loud ringing noise , unable to sleep with lights and sounds 4:18 AM Woke up , nightmare 9:15AM Woke up , butt itches

Thursday July 17th 2025 12:37AM Left arm moves when trying to go to sleep , legs kick , animation sequences of man drinking coffee mug , red background , usually follows past attacks making my body move 8:54AM Woke up , body shakes , colors , animation sequences , bright blinding dots , hips hurt

Wednesday July 16th 2025 12:40 AM Woke up , left part of face , air pokes 1:26AM Woke up , whole body jolted briefly , hand feel shaky afterwards

Tuesday July 15th 2025 8:31 AM Woke up , neck moves 11:16PM Woke up , left ear , left cheek , neck muscles begin to twitch 11:57PM Face pokes to left by nose , increasing in intensity

Sunday July 13th 2025 3:15AM Bad dreams last night , mom slurred speech this morning , mom tried to pick something up that wasn't there

Saturday July 12th 2025 2:10 AM Woke up , blue and red colors , animation sequences , face pokes constant , loud ringing in ears , have abilities test at 8 AM

Friday July 11th 2025 12:54 AM Left shoulder twitches twice while trying to go to sleep, blue with red ambient light , animation hard to make out 2:12 AM Woke up , left ear itches and hurts , several jerks while trying to fall back to sleep 10:52PM trying to go to sleep legs kick in bed

Thursday July 10th 2025 7:37 AM Woke up, left arm tries to raise real quick hurting shoulder and startling me as I rest , light animation , colors 7:50 AM Trying to rest and body pushes up on right shoulder , left ear is getting runny

Wednesday July 9th 5:23 AM Woke up , right tip of nose itch , head hurts , work in one hour

Tuesday July 8th 2025 3:15AM Woke up from sleep , blue ambient light with animation when eyes are closed , arm raised up and slammed down 4:00AM Hard attacks to head making my head hit hard on the pillow 4:12AM Whole upper body pushed up on my pillow while attempting to sleep Unknown time this morning.Woke up from sleep, ear discomfort while attempting to rest , blue color when eyes shut , animation sequences , right ear itches discomfort , ringing noise in ears .

Monday July 7th 2025 6:16 AM Woke up , left ear hurts really bad , animation with eyes closed , high pitched noises , blue colors with eyes closed

Sunday July 6th 2025 1:59AM Blue ambient light with eyes closed , animation sequences , body moves , neck , leg shakes 2:10AM Poke to throat , more body move attacks 3:03AM Loud high pitched sounds , blue colors , animation , man with sunglasses , body shakes 5:13AM Woke up , skin above upper mouth under left nostril itches , bright blinding dots left and right of vision , blue ambient light when eyes closed loud ringing

Saturday July 5th 2025 12:33 AM Face feels like something poking it , arm too

Friday July 4th 2025 1:12 AM Blue ambient light when I close my eyes , animation sequences of a man with sunglasses in uniform , my body moved like it was pushed by satellite streaming sound , head feels funny , light pressure . 2:48 AM Woke up to stinging under right armpit , colors with eyes closed blue mostly , animation sequences , loud ringing noise 8:27AM Woke up , top center lip begins to itch increasing in sensitivity repeatedly

Wednesday July 2nd 2025 12:08 AM Woke up from sleep by my body shaking, animation with my eyes closed of blue background, man with glasses flipping me off 1:10 AM Woke up to body shaking , animation with my eyes closed , blue light , have work at 6:30 AM 1:33 AM neck jerked violently trying to sleep , red ambient light , animation with eyes closed 11:44PM Jolt attack attempting to sleep , body moves up unexpectedly , sudden , animation with eyes closed , blue ambient light , three hours sleep and worked today with little rest

Monday June 30th 2025 12:34 AM 2025 12:34 AM Woke up from sleep , both ear itchy , when I tried to fall asleep around 11 my legs would jerk uncontrollably , like my brain hit with some kind of pulse , also I would tilt on my side several times before falling asleep , bright blinding dots in my field of vision , blue and red background with faint animation 2:28 AM Woke up from sleep 7:03AM Woke up from sleep again , breathed funny then when closing my eyes animation of a man flipping me off wearing a uniform and sunglasses

Sunday June 29th 2025 6:28 AM Woke up to violent shakes very brief like a pulse , periodic shakes have took place while trying to go back to sleep as in previous attacks from the past several years The attacks from this morning are accompanied with colors of blue as well as animation of a man in uniform working at a computer mad , violent psychotic looking with low quality pixelation . Body feels shaky after repeated attacks , long term health effects aren't known 7:47 AM Legs shake , woke up repeatedly

Saturday June 28th 2025 12:11 AM Woke up from sleep around [city] [state] , not much sleep from night before , drove a lot today , face pokes 1:15 AM Wake up from sleep again , body jolts and shakes unexpectedly , leg kicks , is a severe attack the past 2 nights in intensity 3:00 AM Eye and face pokes

Friday June 27th 2025 12:07 AM Woke up from sleep , left eye feels like a needle going through it , ear hurt , loud ringing , bright blue and red colors with eyes shut A twin prop plane flew over between 12:07 AM an 1:37AM believed to be same or similar plane from a few months ago that accompanies cyber attacks 1:38 AM Woke up from sleep , bright blue colors when eyes are closed , animation sequences , pokes over body in various areas , loud high pitch noise , sounds like a plane is doing stunts or dive bombing 3:37AM Colors when eyes are closed , blue , animation sequences of faces 4:11 AM Nose itches 5:43 AM Woke up from sleep , hand starts to flex , almost choked falling asleep laying on my back I scheduled to drive to the beach this morning possibly being the motivation of the severity of the attacks from prior experience similar to working

Wednesday June 25th 2025 12:25 AM Woke up to nose itching on tip . blue ambient light with bright blinding dots and images 5:31 Am woke up at 5:15AM to face pokes . had another bad dream . animation sequences with my eyes closed , bright blinding dots , blue light , more face pokes

Monday June 23rd 2025 1:40 AM Woke up from sleep , feels like something is poking my face , head feels funny 4:59AM Woke up to bright colors , animation , images , had a bad dream

Saturday June 21st 6:23 AM, itching , stinging of face , face pokes above right eye 9:39 AM woke up to body feeling like it was being pushed , rolled backwards 11:06AM left ear itchy , hurts

Thursday June 19th 2025 2:17 AM Woke up from sleep , bad dreams, animation when attempting to go back to sleep . red background of a man in uniform drinking from a mug staring at a terminal , face pokes when attempting to go back to sleep , nose and around mouth itch , sting , burn

Tuesday June 17th 1:17 AM Woke up with face itching , eye , lip , blue ambient light with eyes shut , animation

Sunday June 15th 2025 1:09 AM Woke up from sleep , loud ringing in ears , bright blinding dots , colors blue and red , pain in left ear , hurts to move mouth ,shaky , face pokes throughout the day 3:57 AM Right nose itches , feels like something poking through the skin increasing in intensity similar to ear pokes , eye other parts of the body

Saturday June 14th 2025 10:39 AM Woke up at least twice last night , let ear hurt really bad , hurts to chew food , had nightmare

Friday June 13th 1:40 AM Woke up from sleep to left ear , back , shoulder and face hurting

Thursday June 12th 2025 1:04 AM Woke up from sleep , left ear hurting

Tuesday June 10th 2025 1:50 AM Woke up from sleep , when attempting to go back to sleep stinging sensation in left eye

Sunday June 8th 1:16 AM woke up from sleep , nose tickles , ears hurt , loud ringing noise in ears , animation , colors blue and red tint , body shakes 6:30 AM Woke up from sleep , nose itches , feels like being stabbed , body jerks at random in pulses 7:42AM woke up from sleep , tried to go back to sleep, blue ambient light with animation of a man wearing sunglasses

Saturday June 7th 8:26AM Woke up from sleep , body twitching , face stinging

Friday June 6th 2025 1:26 AM Woke up from sleep , face itchy , ears hurt 1:32 AM trying to go back to sleep ears ringing high pitch 3:29 AM Animation , blue reddish light , man drinking out a cup

Thursday June 5th 2025 11:46PM Left ear attacked hard , nerves on neck skin spasm , body feels shaky

Wednesday June 4th 2025 12:56AM Woke up to left ear hurting , head stinging 11:52PM Woke up from sleep with right ear hurting

Tuesday June 3rd 2025 12:50 AM Left ear hurts , woke up , body shook a few times 1:23 AM Attacks continue , colors animation , shoulder moves when almost asleep , 2:09 AM severe attacks throughout the night 3:28 AM Woke up again from sleep , face itching feeling like needles entering it 10:26 PM Bright blinding dots when eyes are closed , left , middle and right of vision , loud ringing noise , some red in the middle with the blue , left ear hurts

Sunday June 1st 2025 4:41 AM Woke up left ear hurts , shaky moving around , brain on left side feels sore

Saturday May 31st 2025 12:00 Am Body shakes briefly , uncontrollably , woke up 7:01 AM Left shoulder twitches interrupting sleep , all night woke up several times , body would jerk and shake violently at random , loud ringing noise constantly , animation with eyes closed , bright blue with red in center

Friday May 30th 2025 1:35 AM Dark blue ambient light when eyes are closed trying to sleep, animation sequences , one really clear animation maybe less than 2 seconds , woke up many times in the past hour to almost breathing in vomit

Wednesday May 28th 2025 12:10 AM Body shaking , woke up at 12:10 AM , blue ambient lights when asleep , ears hurt both sides earlier when attempting to sleep

Tuesday May 27th 2025 12:26 AM Animation , blue light with eyes closed , woke up to whole body jolting 6:01 Am Woke up , left ear feels funny 7:50 AM Woke up to left nose itchy

Monday May 26th 2025 12:42 Am Woke up , jips roll over , right ear feels funny , woke up again at 12:55 Am, body moves and shakes uncontrollably , right ear still hurts from being attacked in my sleep , hands and arms shaky , hard to go back asleep , blue light when eyes shut , head feels funny , ringing in ears , pressure in front of head shaking feeling

Saturday May 24th 6:21 AM Hand moved , body rolled , below left nostril itches Woke up a few times last night

Friday May 22nd 2025 7:43AM Woke up to itchy right nostril

Thursday May 22nd 2025 4:44AM Pulse attack , woke a few minutes ago , attempted to go back asleep , body jerks 7:50 AM Just woke up , legs buckle when trying to go back asleep

Wednesday May 21st 2025 4:00AM Woke up , mom was awake in living room , she was holding her phone , she said she had a bad dream, asked how to make them go away, said she knew what I spoke of , she called a phone number at 3:01 AM saying it was the church to pray with someone 5:30 AM body continues to jerk when asleep or almost asleep

+++++May 20th last message sent to DOJ Northern District

Tuesday May 20th 2025 7:11 AM Fell asleep , woke up to left arm moving uncontrollably , like a jolt or pulse 8:19 AM legs jerk , legs pulled up a couple times , arms move uncontrollably , chest contracts all morning , pain in joints , ankle hip

Monday May 19th 2025 6:52 AM While laying in bed trying to sleep my left arm flew up uncontrollably and hit me .

Sunday May 18th 2025 1:54 PM With my eyes closed I see bright blinding dots , strobe colors and shapes , I hear a constant loud satellite streaming noise making it difficult to rest . I was jittery all day from last night's cyber attack . Difficult motor function .

6:28 AM May 18th Hand shook violently and uncontrollably , animation sequences with my eyes shut , blue and red background to the animation . Animation is that of a man wearing a uniform at a computer console casually drinking coffee .

Saturday May 17th 2025 1:21 AM Forehead starts to itch , burning sensation, blue ambient light when I close my eyes ,animation sequences , bright blinding dots

Friday May 16th 2025 11:40 PM Left ear itches , red ambient light and animation , nose tickles when almost asleep , turns into a stinging sensation

Thursday May 15th 2025 7:28 AM Animation sequences with my eyes closed , nightmares , words in animation sequences

Wednesday May 14th 2025 12:47 AM Head twists uncontrollably while attempting to sleep

Tuesday May 13th 2025 10:38 PM Bright blue light with eyes closed attempting to sleep , brighter than normal , lots of animation of weird stuff that makes no sense . Woke up at some point , blue ambient light with eyes closed , right ear tickles and hurts , tomorrow is a work day . Ringing in ears .

Monday May 12th 12:56 AM Right side of nose itches while trying to sleep , really loud noise , woke up . 1:15 AMr Right lip starts to sting . 1:43 AM Woke up from sleep , body moves uncontrollably , loud ringing noise , bright blinding dots to the left and right of my vision , bright blue ambient light .

Sunday May 11th 8:42 AM Woke up , let side of nose is itchy

Friday May 9th 7:50 AM Right arm starts to move while attempting to fall asleep

12:01 Am Animation with eyes closed trying to sleep , right ear itchy , pressure in head , head feels funny

Wednesday May 7th 5:58 AM Woke up around 4:30 AM , red ambient light with eyes closed , animation sequences , loud ringing noise

5:57 AM No ambient light , silhouette of a man with sunglasses pushing shades up , ringing noise , body jerks uncontrollably .

Friday May 5th 2025 12:01 AM Animation with eyes closed has a blue background Right ear begins to get itchy and hurt , pressure in head , feels funny

7:49 AM Right arm starts to move while attempting to fall asleep

Wednesday May 5th 2025 5:58 AM Had woken up from sleep around 4:30 AM Red ambient light with eyes closed , random animation sequences , loud ringing noise in ears constant . Woke up around 5:57 AM no ambient light though animation faded out and more of a silhouette with a common animation sequence of a man in uniform wearing sunglasses using his middle finger to push the sunglasses .

Friday May 2nd 2025 8:18 AM Woke up, right ear hurt , ringing noise in ears , red ambient light with eyes shut with a man in sunglasses staring at me closely.

Wednesday April 30th 2025 1:02 AM Woke up from sleep , bad dream . There are bright blinding dots visible when I close my eyes to attempt to go back to sleep . The dots are shaking up and down and left and right . Colors red and blue ,also animation and a ringing noise .

Tuesday April 29th 2025 11:17 PM Woke up from sleep Right ear burns , colors visible with eyes closed , animation sequences , face itches . Shoulder moves up uncontrollably Head twists violently in pillow , loud ringing noise in ears Red ambient light with eyes closed Animation sequences My mom believes she is living in a dream

Monday April 28th 10:13 PM 2025 Blue ambient light with eyes closed Animation sequences Almost asleep when body shook hard pushing me back very quick Two more attacks where body whole body shakes

Thursday April 24th 4:14 AM Woke up left ear hurting . Attempting to go back to sleep, my nose and lip start to itch , sting . Bright blinding dots to the left and right of the field of vision with eyes closed shaking up and down , left and right . My mom screamed in her sleep .

Tuesday April 22 12:21 AM Woke up from sleep , face and nose are itchy 2:39 AM Loud ringing all night , woke up again , bright blinding dots to left and right , head feels funny , body shakes 6:00 AM woke up for the day . Slept maybe 2 hours . I drive for 15 .

Monday April 21 10:50 PM With my eyes closed trying to fall asleep blue ambient light , animation of a man with sunglasses drinking out a mug staring at a computer . My arm would jerk suddenly preventing me from falling asleep . Tuesday is a work day for me and attacks are usually severe when I need sleep as I drive a big truck . For the past year, every day I go to work I have to think about quitting my job or driving after being tortured by my country . It's not an easy thing especially when you are the only person working in your family .

On the morning of Easter Sunday April 20th 2025 at 1:41 AM I woke up to my face being itchy . At 4:11AM I woke up from a nightmare with my nose itching on the right side . Itching believed to wake me up . When closing my eyes to attempt to go back to sleep I saw a blue ambient light , animation sequences hard to make out. Animation of a man with sunglasses flipping me off in a constant loop . *Note this animation has been common over the past several years . Light would change from blue to red. Animation of the man with sunglasses would get close like standing eye to eye with someone . At 5:10 AM I woke up again , my right ear itches a lot and hurts deep , ringing in my ears loud, colors and animation with eyes shut. At 6 AM I woke up again to my left ear hurting . 650 AM I woke up again At 715 with my eyes shut, dark blue animation , ears ringing , high pitch satellite noise , right ear starts to itch, pain , inflammation . I am now up for the day and have difficulty performing simple tasks , loss of concentration , loss of focus My mom would tell me of dreams she had , things she sees that nobody else can see .

On the morning of Thursday April 17th 2025 at 1:35 AM I was attacked and woke up to the feeling of spikes and or needles on the side of my face . Once awake the sensation stopped. Upon trying to go back to sleep there were bright colors when I closed my eyes . Though these attacks by cyber are constant , the colors were brighter than normal . Animation was not easy to make out as it sometimes is easy to make out . The ringing noise was louder than normal . At 2:42 AM I woke up again with my arm moving involuntarily . At 6:23 AM I woke up again to my right ear hurting . It feels like the inner part of my ear is warm from being heated up ,fluid , and inflammation . Ringing in the ears is louder than normal . Ambient light when eyes are closed . Bright blinding dots to the left and right of vision moving up and down and other directions . At 7:57 AM Woke again with arm moving uncontrollably . Upon getting up for the day loss of focus , concentration , hands feel shaky , loss of coordination , unwanted emotional distress , ears itch .

On the evening of Monday April 14th 2025 at 9:30 PM I went to bed for the following workday . At 11:09 PM I was woken up by my body shaking similar to being punched in the head . It was accompanied with animation visible with my eyes shut , bright colors and bright blinding dots to my left and right vision . These attacks continued throughout the evening roughly about every 30 minutes apart causing severe sleep deprivation as well as unwanted distress . Colors would change from blue to red . Animation would go from being difficult to see to visible . Constant satellite streaming noises . At one point I woke up with my right ear in pain as well as my private areas of my body tickling . Lip tickles . Animation visible is that of a man in uniform reading something with a red ambient background . Attack was similar to past attacks almost nightly for the past almost 8 years though more intense than usual . Forehead would feel like tiny spikes or mosquito bites . At 6:00 am I woke up after managing to sleep around 2:30 AM At this point the animation changes , where the man in uniform is attacked by another man and/or sometimes a bird . Upon waking up my hands and body were shaking , difficulty concentrating , loss of coordination . I am a driver by trade and work 12 hour days , 15 counting commute .

On the evening of Tuesday April 8th at 10:29 PM I was attacked by some form of cyber . I woke up with my hands shaking and my head feeling funny . My face was itchy . When I close my eyes I see animation , bright colors and dots to the left and right center of my vision . Animation is that of a man in uniform hitting a keyboard or computer terminal . Animation of this nature has been rather constant for a duration of no less than 7 years ... Pressure felt to the frontal lobe or front part of my head . Pressure would move the inside of my head , a scrambling sensation . A high pitch satellite streaming sound was heard constantly throughout the night . The skin on my neck , lips, eyebrows and face would itch and twitch . This occurring while attempting to fall asleep for the following work day . Itching would move to private areas of my body .

Attacks began around 9:46PM on Tuesday April 8th The following day I had to return to work . Attacks are often most violent on days I need sleep for work or days where I have worked long hours . I am a driver by trade .

At 1:33 AM on the morning of Wednesday April 10th 2025 I was woken up from sleep again . Stinging sensations on the right top of the lip.

At 4:20 AM on Wednesday April 10th 2025 I was woken up again from a nightmare. Images and animation when eyes are closed create some kind of dream incubation . For years cyber would say welcome to hell similar to the Tony Mitchell murder . Again this has been rather constant for at least the past 7 years .

Earlier that evening on April 9th a twin prop plane flew at a low altitude above me as I was walking outside of my home at [address] . The plane was coming out of the west from [city] headed east . It had a blue greenish light on the right wing closest to me with a red light on its left wing . It also had white lights . Airplane use is often associated with cyber attacks . I would like to find

the origin of dispatch for the plane as I believe it will lead me closer to where the attacks have originated .

My mom is diagnosed with Parkinson's disease . She claims to have strange things happen to her . She sees things nobody else can see . She screams in her sleep at night .

At 11:55 PM on the evening of Wednesday April 9th 2025 I was woken up from sleep after a long day of driving at work with only a few hours to rest before the next work day . I woke to my right earlobe burning , stinging along with bright colors and animation with my eyes closed . Also my private areas of my body would begin to sting and itch periodically . Ear attacks are some of the most painful and are also common on days I work . Ear attacks by cyber lead to hands shaking , loss of coordination , difficulty concentrating and other mental , motor tasks .

At 2:15 AM on the morning of Thursday April 10th 2025 I woke up again from sleep .

At 1:34 AM on the morning of Friday April 11th at 1:34 AM I woke up again after attempting to sleep after a very long day with little to no rest from the previous night's attacks . The left ear had discomfort this time inside the ear , fluid , itchy again accompanied by bright colors and animation of a man in uniform . Animation again similar to that transmitted during attacks for the past several years . Inner ear attacks can be painful and have happened on a regular basis over the past years .

At 3:28 AM on the morning of Friday April 11th 2025 I was woken up from sleep . Woke up to discomfort to the left ear , fluid , itchy along with animation when I would close my eyes to sleep . The animation was not clear to make out .

At 5:03 AM on the morning of Friday April 11th 2025 I woke up again . Head tickles , high pitch ringing satellite sound . With eyes closed red ambient light with animation of a man in a uniform reading a paper drinking out of a mug . *Note , this is another common animation sequence that would accompany cyber attacks over the past years of my life .

On the morning of March 27th 2025 at 12:12 AM I was attacked by some form of cyber . My legs buckled uncontrollably while in my bed sleeping . Like being punched in the head . Once asleep I awoke to pain and discomfort in my ear . When trying to go back to sleep, closing my eyes, I saw a blue light along with animation similar to a cartoon of a man with sunglasses and a mustache extending his middle finger , pushing his sunglasses up and then turning away like screw you .

*Dates , times and descriptions of attacks are just a sample as this is almost daily over several years . It is difficult to write about so I try to ignore the attacks and not make notes of them sometimes to help make it another day . I have compiled a lot of my story into an affidavit but it's hard to write to update sometimes . It has a lot of information about the cyber attacks and problems or crimes in the community

Sunday February 23rd 2025 2:53 Am Woke up , nose itches

Sunday February 23rd 2025 2:53 Am Woke up , nose itches

Saturday February 22nd 2:17 AM Lots of naiation , real dark , hard to see clearly , fast tiempo , different stuff , bad dreams tonight and last night , woke up

10:50 PM Red and blue ambient light , animation , bright blinding dots shaking on left and right

Sunday February 16th 2025 2:08 AM Bad dream , woke up

Saturday February 15th 2025 12:15 Am Ears itchy , feel;s like something moving in ears , animation with eyes closed , bright colors

3:11 AM Woke up from sleep, right ear super itchy , fluid in ear , can't hear well , pain

5:21 AM Muscle twitch

Friday February 14th 2025 2:18 Am Right side of face stings , woke up , right eyebrow stings

10:56 PM Red light , man flipping me off

Thursday February 13th 2025 3:19 AM Bad dream woke up

7:15 AM Woke up , ear itchy

Wednesday Febaury 2025 4:13 Am Woke up , image of man flipping me off

5:31 Am Hand moves involuntarily

Tuesday February 11th 2:56 Am Bad dream woke up , high pitched ringing sound

4:50 AM Woke up , animation of dude with glasses flipping me off, red ambient light not as bright

Thursday February 6th 8:37 AM Woke up , stingin on neck, forehead , dark blue color with eyes shut , odd random animation that makes nosesnsthroughout night , bright dots left and right offield of vision shaking up and down and left and right

11:39PM Dark blue light with various animation sequences either eyes closed , sharp stings , woke up sinmce 10:15 PM , right ear itchy , hurts , pain

Wednesday february 5th 6:45 Am Animation of man flipping me off wearing glasses, woke up , pain in left ear , high pitch noise

11:45 PM Dark blue light with eyes closed trying to sleep, animation of weird stuff, face itches woke up

Tuesday Febaury 4th 2025 12:06 Am Dark blue animation , woke up

5:37 AM Woke up , animation , hard to see , ringin in right ear , streaming sound

Monday February 3rd 10:42 AM Dark blue animation, sharp poke to right ear , groin , woke up

Friday January 31st 2025 12:24 Am Woke up from sleep , nightmare

Wednesday january 29th 12:04 AM Blue tint animation , right ear feels funny

1:L14 Am Woke up , blue light , red light , animation , itchy in different parts of the body

1:38 AM Woke up again , body shakes suddenly , head ache , loud noise in ears , bright bliding dots in left and right field of vision , ears feel funny , pokes over body

2:24 AM Nightmare woke up

1:49 PM Woke up from sleep , right ear hurts , itchy , fluid in ear . ringing noise

Sunday January 26th 2025 12:22 Am Woke up , ear itchy , wet , hurts , bright blindeing colors with eyes shut

1:04 Am Bright blue animation of man in uniform violent , body shakes , loud pitched satellite noise , nose itches

10:[age] PM Woke up , right ear itchy , hurts , colors red , blue white or green not as bright , dots left and right moving up and down , ringing noise

Saturday January 25th 5:10 AM Woke up , bad dream

10:40 PM Super bright red background , animation , hard to sleep

Monday January 24th 2025 2:24 Am Right ear itchy , woke up , bad dream

Sunday January 19th 2025 10:29 PM Red and blue ambient light , lots of namiation , head eating little people , sticking stuff in its mouth, high pitch noise , ear felt funny

Sunday January 12th 2025 12:04 AM Ear feels numb, fluid ringing

3:27 Am Porn animation

5:04 Am Pain on right ear , ringing

Saturday January 11th 6:33 AM Animation , red blue ambient background , bright blinding dots

11:44PM Woke up right ear , colors , animation with eyes closed

Thursday January 9th 2025 12:09 Am Woke up , left ear , images and animation . bright , colors bright dots

12:40 AM Red ambient light when eyes are lclosed to attempt sleep with vague constant animation

3:30 AM Woke up again

Monday January 6th 2025 2:47 AM Bad dream , woke up

Saturday January 4th 2025 5:24 PM Nose itched within ten minutes

Friday January 3rd 2025 11:47 PM eart super itchy , woke up , lots of aniamtion when closing my eyes to sleep since 10 PM , red ambient light in background

11:49 PM Ear ringin loud

Thursady January 2nd 2025 5:33 AM Images , high pitch noise streaming , body shakes

Tuesday December 31st 2024 4:14 AM Woke up , left ear itchy , has some fluid , no images , bright blinding dots , green blue , red white ambient animation

10:39PM Mom is gasping and making noises asleep

Monday Decemebr 30th 2024 2:51 Am Woke up , left side of face gets itchy , neck and jaw , no images

2:59 AM Ear ringin , satelite noise

3:09 AM Red ambient light , images , aniamtion

4:17 AM Woke up again , left ear itchy

Sunday December 29th 2024 12:16 AM Woke up , bad dream , when awake burning sensation from left big toe , left part of nose burns , tickles

11:41 PM Bright blinding dots left , sudden unexpefcted jerks when almost asleep , light tickles images colors and another since ten , liuttle people pulling darkness over images and animation

Wednesday Decemebr 27th 2024 3:07 AM Weird animation sequences

Tuesday Decemebr 24th 2024 6:02 PM Right side of face starts itching when I try to fall asleep

Sunday December 22nd 2024 1:23 AM Woke up , right ear itchy , fluid in ear , inflamed

Saturday Decemebr 21st 2024 5:29 Am Black naimtion with eyes closed , weird sequences , bright blinding dot l;eft and right

Friday December 20th 2024 3:55 AM Right ear itchy , has fluid , woke up 2nd or 3rd time since 11PM, animation hard to see this morning

3:55 AM Woke up at 2 AM from nightmare , ears ringing , high pitch satelite noise

4:23 Am Woke up again , right eye itchy

Wednesday Decmeber 18th 2024 12:24 AM Woke up again , left ear itchy , pain , ears ringing

12:48 AM Left part of nose stings , color of animtion of man with glasses and uniform , little bit of red ambient light with eyes closed

1:17 AM Bright blinding dot to left field of vision with eyes closed

2:05 AM Woke up again , left ear itchy , fluid , nightmare

Tuesday Decemebr 17th 2024 6:29 AM Animation , red , head with sunglasses

10:41 PM Bright blue animation since 10 , cross flipign around , woke up no , face itches like needles in some places , arm jerks someimtes

11:49 PM Woke up again , chin starts itching

11:55 PM Ears ringing

Sunday Decemebr 15th 2024 12:23 AM Woke up , right face air poke , like a needle to the skin

3:46 AM Super strange animationwith black tin , fast tiempo , woke up

Saturday Decemebr 14th 2024 5:11 AM Bright white ambient light with eyes closed

6:41 AM red ambient light , animation , man with glasses

Monday Decemebr 9th 2024 12:15 AM Nightmare , woke up

6:03 AM Mom scremas

Sunday Decemebr 8th 2024 5:12 AM Woke up

1:18 PM Harassment at gym following DOD OIG complaint

Saturday December 7th 2024 11:26 PM Mom screams

Friday December 6th 2024 2:30 AM Woke up around 2 AM

4:38 AM Woke up again , light tickling

7:29 AM Redambient light , man with glasses , animation

10:38 PM Red mambient light with eyes closed , animation , face itches in various places when trying to sleep

Wednesday December 4th 2024 5:28 AM Bluew ambient light of a man in uniform at a console with a joystick , woke up with ear hurtin worse like someon with a drill moving in my ear , pain , itchy and runny , have work tomorrow

5:43 AM

Monday December 2nd 12:07 AM Proop plane flyover

3:37 AM Headache , high pitch noise , no sleep

Sunday December 1st 2024 11:50 PM Left eye got real itchy in center woke me upfrom sleep , colors and animtion for past hour

Wednesday November 27th 2024 6:03 AM Colors animation

Sunday November 24th 2024 Bright blinding dot left field of visionconstant when eyes are closed , loud ringing noise , woke up again , attacks are mroe frequent and intense

November 23rd 2024 5:45 AM Red ambient light , animation

11:43 PM Woke , feet moved uncontrollably , animation of dude with glasses flipping me off

November 22nd 2024 11:53PM Blue ambioent light, weird cartoonanimation , face stings and neck

Novmeber 21st Thursday 2024 10:28 PM Bright blinding blue ambient light

Wednesday Novmeber 20th 2024 11:08 PM Nose itches , woke up

Tuesday Novemebr 19th 2024 4:10 AM Woke up , animation when eyes ar closed , red tinit , images of a man wearing a hat removing it , fast tiempo ,pornagraphic images in sexual content6 , psychotic looks and smiles on images

10:56 PM Bright red ambient light

Sunday November 17th 2024 5:20 AM Woke up , right ear itchy

Wednesday Novemeber 13th 2024 3:30 Am