I am a Health Practitioner, a Massage Therapist for over 20 years, I tell my clients to leave their cellphones off and in their car parked far away from my studio office. I am a sleep expert. I am a Pain Management Specialist. I am 52 years old. Wifi and EMFS are endangering our lives. Wifi and EMFs are bad for health, health is important, get rid of excess radiation and excess EMFS. Distance is the key, shielding is the key. Wifi interferes with the system, the body; our bodies are electric. I am typing from an ethernet cabled desktop computer. I have no wifi in my home, I live on 16 acres to be away from wifi, emfs. I have no numbness here. When I am not living here and I'm around celltowers, I have numbness symptoms. I need to be far away from celltowers and cellphones, far away from wifi radiation.

Virtual tracking collars for cows should not be allowed, that is not healthy for the cows or people living near the cows! I want to live in nature to be away from all the wifi, I want to live near pastures of cows to be away from people with cellphones, please remove virtual cow tracking collars. Embedded microchips should not be allowed for cats, animals, pets, it harms the cats, animals, causes infection and inflammation and is inhumane. I cannot adopt a cat with an embedded microchip, that cat will have all sorts of health issues, I only adopt cats without microchips. Leave nature alone as is.

I have EHS-Electrosensitivity, I sold my 4 acre logcabin about 2 years ago, because I had trespassers with wifi, drones with wifi pressing against my windows, I could not sleep with that happening. I complained to the Sheriff, and authorities but it still happened continuously. I was living on 4 acres and was far from neighbors, about 6 acres away until a neighbor moved in and encroached my property and they have wifi and a smartmeter that was only 3 houses away from my home, the radiation was too close. We had no smartmeter in our home, because we opted out in North Carolina, NC allows smartmeter opt-outs. I was assaulted by the neighbor’s drones each night, the Sheriff had a file report with the neighbor’s names who were flying the drones. The drone flyers flew drones with laser light shows in my window and I could not sleep with laserlight shows from 3am to 6am every night, even if it was raining, they would not miss a night. They also flew infrared thermo-radiation drone, I spoke with the mother of the son who was flying the drone, and she said her son got a hold of an old police drone and she can’t stop him. I made shutters for my windows and painted my 2- 7 ft. skylight windows with a 10 ft. pole so they would be blacked out but the drones found a way to put light in my room like it was a disco ball even though I turned all the lights off at night. It was a shame that I had to sell my home to escape the drones. I wanted to sell my home to also escape the wifi from the new neighbor who bought land and encroached on our property, he was 3 houses away from our home, the wifi was bad coming from their home, too close to my home. My husband told me if we sell our home we can find something better for me. Now it’s 2 years later and we can’t find something better and the reason is WIFI and EMFS encroaching the property that we are looking at to buy or rent. I bring measuring meters with me to see the amount of radiation, I look on a celltower map to see how close the celltowers are, and they are usually closer than 1.5 miles away and the place needs to be safe, at least 1.5 miles away from celltowers.

Please help stop the encroaching of Wifi and EMFs.

We left our logcabin thinking we can find a home on more acres, so we rented 3 homes in Connecticut but moved out because Connecticut has no smartmeter opt-out laws. I looked it up online on AI and it said that Connecticut has Smartmeter opt out laws but AI mislead me and after that I learned AI is wrong most of the time. I also called the electric company in Lebanon, CT before I moved there and I was reassured there is no smartmeters they said on the phone because it is unhealthy. They were wrong, and or they lied, the electric company misinformed me and told me the wrong information, I later found out there actually was a smartmeter there. We had every symptom from the smartmeter in our home in Lebanon, CT. We had anxiety, losing balance, falling, loss of focus, brainfog, heart palpitations, my cat got cancer there, a strange open wound, pain and inflammation, insomnia. When we left that smartmeter home, my cat's cancer healed, I have photos showing a 6 inch wound in that smartmeter home and it is now ½ an inch in a non-smartmeter home. In Connecticut I got a doctor's note saying I can not have excess radiation in my home, I have a disability and can not function with it. I never used a smartphone, I avoid using a cellphone or anything wifi for the last 10 years, no microwave, microwaves leak and take the nutrients out of food. I begged all the authorities to remove the smartmeter from my Lebanon Connecticut mansion but no one listened and I had to sleep in my vehicle. My vehicle was the only place away from a smartmeter, but it was cold in the winter, I only lasted 2 weeks in my car before moving my family back to North Carolina, where they allow smartmeter opt-outs.

I cannot be around solar power because it is DE-dirty electricity and gives headaches and the worst symptoms ever. The people who have solar power on their roof are unhealthy, do studies on this, they have high anxiety, they lose sleep, have insomnia. Even with the solar panels placed away from the home, when I see the visible solar panels, I had the worst symptoms and could not go back to that place. Just because it is safe for the environment, does not mean it is safe for people. People's health should be priority before the environment, because without health we have nothing. I saw solar panels at a pool I swam at, never will I go back there again or take my child, I had headaches, dizziness, brain fog. I attended a festival at a farm and Inn. I could not return there. I had to change my social life and be less social because I can no longer spend time where there are celltowers and solar panels, it is horrible. Do you know how horrible this is? It's the worst thing ever. Celltowers cause damage to the blood barrier, cause infertility, numbness and insomnia, interrupts REM and quality sleep. Focus on sleep studies, that is the main issue and without sleep we have no health. Health is important.

I am currently living back in North Carolina on 16 acres in the middle of the forest, 6 houses away from neighbors, 4 neighbors per 200 acres, and our house rental is far away from the road. It is a good location away from celltowers, but I am 1 and 1 /2 hours where I want to be where friends are, and far away from the community where we want to live, the owner said I am not allowed to work and do massage therapy, I am a massage therapist for over 20 years and always work in my home, but I have no choice but to live in this Less EMF home even though

the owner of this rental recently said I am not allowed to work and do massage here, the owner rejected signing my home occupation work permit that I worked for one year for, sending my votes to Moore County until they changed the old amendment to a new one to allow massage therapists to work from home finally but the owner said no. I am now living on the edge financially because I have no financial security because of this. I asked if I can work outside in the yard, but the owner said no and Moore County said I am not allowed to work without the owner signing a 4 page permit for me. I filled the entire thing out and they said no, what a disappointment, how frustrating and sad. So people I know said I should move to another place that allows me to work in my home, but that is hard and I cannot find another place to live in, to rent or buy. If there were no celltowers I would live anywhere, I loved living in the city before celltowers existed, before smartmeters were placed on people's homes with no opt-out options.

I once lived near a celltower that I saw in view, outside my rented condo window in Carrboro, NC and I would get numbness in both arms, that was before I was pregnant with my child. I also moved to my husband's house in Raleigh but there was a celltower and a huge powerline for the town there, in close proximity to the house, and after 4 weeks of insomnia and anxiety from the celltower and powerline, I packed and moved back to my condominium next to the celltower.

Let me describe to you cause and effect with symptoms. When I am standing next to someone's cellphone I get numbness, when that person with the cellphone leaves, my numbness goes away, cause and effect. When I am around a person's cellphone, I usually get numbness as a delayed reaction, that numbness comes later while I am sleeping and I wake up with numb arms. I usually get numb arms as a delayed response to being next to someone's wifi cellphone. And that numbness goes away 3 days later usually, it takes that much time for the numbness to dissipate. Distance is the key to be away from EMFs and RFs.

Please help us by being aware of our serious wifi and EMF issues and proactive to minimize these issues so we can live in a house away from WIFI and EMFs. Wifi and EMFs are endangering our lives. Right now I am looking at houses to buy for my family. The owner of my rental recently told my property manager to tell me that they will not let us re-sign the lease, they said there is no reason but that they are not planning on us re-signing the lease, even though I have a doctor's note and was reassured that they were not going to sell this house and keep it as a rental for us. I believe it is not fair because when I met the owner once, he was mad at me when I asked him to sign my work permit for me to work and do massage therapy here in this home, I think that is the reason he is not letting us re-sign the lease. I can not find a house to rent that is at least 1.5 miles from a celltower like my house rental is right now which is very comfortable to sleep in. I have low radiation levels in this home, I measured it on my radiation frequency, RF meter and it is low, .1 to .3 is the level. I tested my previous homes that had a smartmeter with an extreme level of 50 and I can not sleep with 50, I can not sleep with anything high because I tried and there were times where I had to sleep in the basement where there were lower levels in a

high level radiation home but there was also mold in the basement and my child did not want to sleep there and I had to look after my child and family who slept upstairs near the smartmeter.

It is a struggle that every day and night I look online on my ethernet cabled desktop computer for a house to buy or rent. I feel frustrated that we can not find a home at least 1.5 miles from a celltower and away from the road, and also away from other neighbors when looking at an ariel view. If we lived close to neighbors we would be too close to their smartmeters because not everyone wants an opt-out meter and not everyone makes the effort to obtain a doctor's note to receive an opt-out meter for free, most people don't want to pay the extra expense. Please make it easy to obtain an opt-out meter, please educate everyone the high amounts of radiation, and bring back all the opt-out meters, ban smartmeters so we can live next to neighbors again. Smartmeters are money makers for the electric company only so they can make more profit and not have to hire people to manually check the meter. Bring back more jobs, do not let the electric company put profit over health. Health comes first, should be prioritized.

It was not like this in the 80's please get rid of all the celltowers, they are doing us all harm. I can not go to any grocerystores with celltowers on them or near them, which means I stay out the town of Carthage because it has too many celltowers and is overpopulated with cellphones and wifi. To stay away from that, I have to get Instacart for my groceries which is very expensive. We cannot be social with all these celltowers. I can go to the church next door to be social only because it is on a lot of acres and not near a celltower. I need to stay away from celltowers in order to stay healthy and be healthy. I can not sit in a movie theater and feel better seeing movies outside or doing outdoor activities for anything social because the wifi from people's cellphones don't make me as dizzy and I can always take my shoes off outside and ground and touch the ground. (To understand more about grounding, read The Earth's Prescription by Dr. Laura Koniver, Intuition Physician. Grounding is important to help let excess radiation and EMFS from the body dissipate when grounding, touching the earth. I have a ground rod outside with a bracelet that I sleep with sometimes, or I go outside in my barefeet to feel better from EMFS.)

I turn the circuitbreaker off at night time each night in my basement, in order to sleep with a metal roof. Sleeping with a metal roof is like sleeping in a Faraday Cage. We have no wifi in this home. Find a way to remove all the celltowers and lessen the amount of them so we can find a house to buy in nature with no celltower near by. I want there to be more quiet zones with no celltowers. I do not need a celltower connection. Bring back landline phones, pay phones. I do not want to feel like I am being electrocuted every time I try to connect with a human being. I use a landline, Google Voice and or my copper landline, please don't make them obsolete. It may take us years to find a house to buy since I cannot find a house at least 1.5 miles away from a celltower, I do not know why you ca not minimize the celltowers or just have one per town, or none! Why do you allow celltowers near homes? Back in the old days we had only one celltower, not 50 per town which is horrible, disgusting and sickening, harming my health, my

family’s health, everyone’s health. WIFI and EMFS are endangering everyone’s lives, they are ruining our lives. I am a Health Practitioner, I am a Pain Management Expert, I am a Sleep Expert. I helped lots of massage clients, I know that RFs and EMFS are harming our health, and if a client complains they have pain in their leg and they don’t know why, the first thing I ask them is what back pocket do they keep their cellphone? Then I ask them in their sleep room, what is plugged in around their head at night time? Nothing should be plugged in around their sleep room because sleep is the time when the body can reset and cells rejuvenate. Unwind, reset, unplug.