I can't sleep with wifi on and it gives me the shakes. I have these neurological tremors across my shoulders and down my arms, when I use a cellphone I can feel the heat in my hand getting hotter, and I am limited in the time I can use it because of the pain it causes. My head also hurts and I get ringing in my ears, even on speakerphone with a cellphone. Sometimes I get severe stomachaches, and my legs get swollen and hot when exposed to wireless devices. The front of my legs from the knees down get red. I always feel my heart racing when I am near cellphones or routers, or in a car with a lot of wireless in it. Around a smart meter I could not sleep at all, and had to opt out, which took a long time, when I finally got the meter changed, I felt better. I feel my nervous system going into overdrive. I have developed many other health issues that get worse around exposure, including headaches, ringing ears, lymphodema, and blood pressure issues that get worse. The only way to feel better is to avoid it, to stay away from it completely. I have no wireless devices in my home. When I go out, to doctor's offices, I sit as far away from the devices as possible, even though it's impossible to avoid. No matter where I go I am besieged by this and there's no safe place anymore. There needs to be rigorous scientific testing, and disclosure of the results to the public.

The EU and Scandinavian countries have all done this- they prohibit cell towers near homes, schools, children's centers, and more, and are aware of the health effects and how sick this can make people. We haven't done anything here at all. It's shameful how there has been no science, no research, and no protection of public health at all in this country. We need research that clearly measures the impacts of what we are being exposed to so that we have more choices and can protect our health.

See these papers on how wireless RF affects health, just as one of many examples.

Henry Lai: Genetic Effects of Non-Ionizing EMF Abstracts (2022) https://bioinitiative.org/wp-content/uploads/2022/06/Genetic-Effects-of-Non-Ionizing-EMF-Abstracts-2022.pdf

Henry Lai's research summaries, updated in 2022 for genetic, neurological and free radical (oxidative damage) studies: https://bioinitiative.org/research-summaries/

World Exposure Limits, human exposures EMR/EMF: https://mdsafetech.org/conversion-and-exposure-limits-EMREMF/