Request for Information on Electromagnetic Fields (EMFs), Radiofrequency (RF) Radiation, and Wireless Radiation Exposure

Dear U.S. Department of Health and Human Services,

Thank you for opening a public response portal to collect information regarding EMFs. This has become a very important topic for my family and our health. I will be answering question 3 as an individual and family representative.

EMF radiation from 5G broadband towers has had a significant negative impact on our health and family wellbeing.

My husband and I lived in a remote area away from the new 5G infrastructure erected until 2025. Though previous to 2020, we had lived in the city with 3G and 4G exposure with no ill effects. We were not aware of the new 5G infrastructure, except nominally, when we moved back to the city in 2025. We were staying in temporary housing a few blocks from a triple stacked 5G tower. After a couple of months in the city, my husband, 3 year old daughter, and I all began experiencing the oddest set of symptoms we had never experienced before. Continuous shooting pain through our heads and temples, non-stop headaches, stomach aches and nausea, spinal pain, overall fatigue, sleeplessness, eye pain and vision blur, and respiratory and breathing difficulty. I immediately began searching for the cause.

After a month of research, I discovered the possibility of broadband exposure producing very ill health effects. I found several scientific studies confirming my suspicions including the emf Scientist memorandum from over 200 scientists from around the globe calling for immediate stop of the dispersion of 5G infrastructure.

I began testing my hypothesis. I regularly went to visit family in places where there was no 5G infrastructure yet, though 3G and 4G was still present. An immediate and complete removal of our negative symptoms was our experience. As soon as we drove back into 5G network our symptoms began again in earnest. Our negative symptoms persist regardless of having my cell phone with me or not, or if I am in a building with wifi or not. I have thus concluded that the 5G radiation from towers are the cause. I have since noted certain states, cities and even locations within cities to vary in intensity and frequency pulses based on different pains they cause in my body. I have yet to verify the exact frequencies with a meter.

I have since noted additional pain in my hands and aches on my body wherever I hold or have my cell phone close to my body.

I have seen my doctor, who told me that she has had many patients with similar experiences. She has begun to recommend certain types house construction and distances to live from towers to try to minimize symptoms. We have purchased Aires Tech EMF products. They change the frequency pattern but do not remove overall pain. We purchased EMF protection cloths for sleeping with. They help some, but ultimately do not take care of the daily exposure and its effects. We have currently rented an old apartment with air quality issues because it is the only one we could find in an area of the city that seems to have the least amount of EFM exposure.

I am greatly concerned about the health of my nation. Not only does it affect me and my family, but what about the health of the next generation. Even if people do not immediately feel the affects of these intense frequencies, that does not mean they are non-carcinogenic. Personally, we do not know where to go. Do we change careers, live in remote mountains, move to Africa? I think it violates our rights to "life, liberty, and happiness" to have mandatory exposure to a known carcinogen. Is this country in pursuit of "progress" over health of its citizens?

I propose some possible options.

1) Create mandatory broadband free zones around all housing developments.
2) Have mandatory shut off hours between 11pm and 6am.
3) Remove all 5G towers permanently.
4) Reveal the truth of 5G's health problems to the public.

Thank you for your consideration of the health of those who love their nation and its people.

Here are links to some of the scientific reports and documentation we found. https://emfscientist.org/index.php/emf-scientist-appeal.
https://pubmed.ncbi.nlm.nih.gov/20429163/.
https://ehtrust.org/study-5g-causes-microwave-syndrome/.