

Public comment on:
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My name is Maxina Ventura. I'm 63 and live with intense EHS, which affects everyday life as well as my overall health (or lack thereof).

Years ago, in doing a toxic timeline of my life to try to pick apart what hit at which points in my life, I realized that MCS (Multiple Chemical Sensitivity) had hit me hard at the age of 30 while living in toxic Sonoma wine country, and EHS had developed right alongside it (not uncommon).

Eventually living back in Berkeley, the cell tower atop the police station was way too close and I started to develop worse blood sugar issues and increased EHS symptoms, including very dense cataracts at a relatively early age. I worked from home where two of my adult kids, and I, lived together and once Covid hit, rather than our previous set up of one at college classes and out and about, and the other at the elementary school where they worked, and then out and about, we all were home most often together and our set up was such that as I worked prior to the pandemic, and especially during it, I was close to a utility pole that had been laden with more and more 5g infrastructure. It probably was 12 feet away.

Kaiser kept putting off my having cataract surgery because it had to be done in an OR since the EMF's affect me, driving up my blood pressure. An OR allowed for an anaesthetist to monitor and treat me minute by minute. They would only do one eye at a time due to concerns about how I'd be affected by the EMF's still present even though in the OR everything was wired, unlike in the clinic situation where there was Bluetooth and Wifi flying everywhere, driving up my bp to too-dangerous levels to do the typical cataract surgery so I was, as a result, forced into two rounds of continued chemical exposures over 5 weeks of eye drops, and 2 rounds of the OR other EMF's (plenty even though much was wired).

Even though that cell tower was not right next door, it was only 3 blocks up and 1 block over from our apartment, and there was not only the utility pole I described, but another one about 40-50 feet away from that one. I was being blasted daily.

But since being diagnosed as blind, though I have a very limited amount of residual vision, my vision changes for the worse every few months and more important to consider, for most blind people I know (now many), their eye problems have tended to spiral downward very quickly, as did mine in spite of my being a healthcare provider who always has tracked blood sugar for the past over 30 years, and taken in almost all very good foods for the past 40+ years, paying attention to nutrition and impacts of foods on my blood sugar. For 40 years I've eaten nearly entirely organic, and with mainly only extra virgin olive oil and coconut oils, cold-pressed and in glass. Even typical doctors find it hard to believe how careful I have been since so many eat Pop Tarts and Fruit Loops, chips, etc. Today's food, as a typical example: breakfast was cauliflower, just a bit of a fall squash, and baked chicken. For lunch I enjoyed Saag Paneer (Spinach and some cheese) and some Naan, unfortunately none of it organic, at an Indian restaurant. No more bread anything rest of the day. That's how I think things through and I know what to expect in terms of blood sugar increases from foods. This evening I'm likely to have a bowl of Spring Salad greens, a bit of apple cider vinegar and a bit of olive oil and a handful of sprouted pumpkin seeds, and hibiscus tea. Rarely do I eat out but when I do, I am ultra aware of impacts I can expect. My point being, when I say I don't eat Fruit Loops, I'm not substituting with Pop Tarts!

Recently, I am dealing with Heart Failure and Chronic Kidney Disease, both of which I attribute to MCS and EHS weakening my system between toxics used in my eyes leading to immune system failure, leading to severe anemia, sepsis, pneumonia, antibiotic resistance, and a host of other problems. Now the nephrologist has been talking to me about putting me onto a kidney transplant list and the cardiologist and cardiology pharmacist are talking pacemaker (how's that work with someone with EHS?) or a stent, all of those things being paired with antibiotics and other insidious chemicals.

Diabetes and other issues long have been known to be due to chemicals and to EMF's, etc... But few in the conventional world of medicine have been interested in studying this, or those who have find little or no funding when they try to plan studies. This has to change both from the bottom, up, and the top, down.

There are, literally, thousands of studies so we do not need studies-needed to be an excuse, but studies funded so that more can be understood where there may be gaps in studies. FUNDING IS NEEDED!

Those of us who have been most directly affected feel like the government sees us as disposable but we need those who'd be happy to see us dead consider our children. My three have so little hope in life that anything will change that, at 32, 30, and nearly 25, they have talked about not having children. This is a sad but understandable way for them to feel but all three are deeply compassionate and empathetic human beings, people you would want in your lives. How awful that they are made to feel, by our government, expendable.

HHS needs to come out very strong and guide people to understand that EHS not only is real, but is affecting so many around them, and the FCC needs to come to terms with this reality.

I just turned 63 but the cardiologist pharmacist says that with what's going on with my heart, she feels I might live only 3-5 years.

This is due to the toxic world in which we live, not of my own making.

It's quite a deadline to face.

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