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To: Functional Endocrinology
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Patient Name: Sean R. Polacik
DOB: [REDACTED]
Age: [REDACTED]
Sex: Male
SSN: [REDACTED]

Phone: [REDACTED]
Address: [REDACTED]
Mail Address: [REDACTED]

Instructions: To Whom It May Concern,

Sean R. Polacik has electro-magnetic sensitivity. He gets palpitations, arrhythmia, headache and severe fatigue when he is close to sources of Electromagnetic field (EMF) like SMART meters, wi-fi, cell phones and such. He feels back to normal when he is not exposed and can feel the EMF in our office too.

For this patient the radiofrequency exposure has been identified as a source of his symptoms with a sufficient degree of medical certainty. If he were to continue to be exposed to sources of EMF, his prognosis is very guarded and the patient is going to have worsening of symptoms over time, while nonexposure to the EMF will lessen or eliminate them. When exposure is renewed, the patient will likely begin to experience symptoms at the same levels as before, if not more acutely, and the progression will continue if the patient being forced to suffer continued involuntary exposure. In order to accommodate this patient's needs, the Wi-Fi, SMART meters and cell phones are prohibited except for short-term limited exposure. The only effective treatment is non-exposure because that is the only remedy that will mitigate the patient's symptoms. There is no alternative. Since symptoms are severe enough the patient can be considered "disabled" in my professional medical opinion.

In conclusion, the patient requires "reasonable accommodations" for purposes of the Americans with Disabilities Act, the Rehabilitation Act and/or the Fair Housing Act to the extent they apply to the patient's life circumstances. The most basic aspect of any accommodation is exposure avoidance and that should be the emphasis.

References: ICD: The Centers for Disease Control's 2023 Classification of Diseases Codes Clinical Modification and Procedural Classification System implements the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM). Available at <https://icd10cmttool.cdc.gov/>.

Clinical Practice Guidelines in the Diagnosis and Management of Electromagnetic Field Hypersensitivity (EHS), Women's College Hospital and University of Toronto,
<https://www.womenscollegehospital.ca/assets/pdf/environmental/Preliminary%20Clinical%20Guideline%20EUROPAEM%20EMF%20Guideline%202016%20for%20the%20prevention%20diagnosis%20related%20health%20problems%20and%20illnesses.pdf>
EUROPAEM EMF Guideline 2016 for the prevention, diagnosis and treatment of EMF-related health problems and illnesses: https://www.researchgate.net/profile/IgorBelyaev/publication/305689940_EUROPAEM_EMF_Guideline_2016_for_the_prevention_diagnosis_related_health_problems_and_illnesses/links/59f2dfeaca272cdc7d0312c/EUROPAEMEMFGuideline-2016-for-the-prevention-diagnosis-and-treatment-of-EMF-related-healthproblems-andillnesses.pdf?origin=publication_detail
The "Access Board," an independent federal agency responsible for publishing Accessibility Guidelines used by the U.S. Department of Justice to enforce the Americans with Disabilities Act ("ADA"), recognized in 2002 that "electromagnetic sensitivities may be considered disabilities under the ADA."

U.S. Access Board. (n.d.). Indoor Environmental Quality. U.S. Access Board Introduction. Retrieved March 31, 2022, from <https://www.accessboard.gov/research/building/indoor-environmental-quality/>.

The Access Board contracted for the publication of the National Institute of Building Sciences 2005 report, which concludes that radiofrequency/electromagnetic frequency (RF/EMF) radiation is an "access barrier," and can render buildings "inaccessible" to those with electromagnetic sensitivity. The NIBS report recommends accessibility guidelines. National Institute of Building Sciences (NIBS), Indoor Environmental Quality (IEQ) Final Report (July 14, 2005), ©2005, National Institute of Building Sciences. A web-based version of the NIBS IEQ Final Report is available at <https://www.accessboard.gov/research/building/indoor-environmental-quality/>. IEQ Indoor Environmental Quality: https://web.archive.org/web/20060714175343/ieq.nibs.org/ieq_project.pdf For ADA Title I purposes, the U.S. Department of Labor's Office of Disability Employment Policy has issued guidelines for accommodations/.<https://www.dol.gov/agencies/odep/programareas/employers/accommodations>. [These guidelines emphasize exposure avoidance and list the EMF Medical Conference 2021, which trains medical doctors on the issue of electromagnetic radiation and health as a resource.](https://www.dol.gov/agencies/odep/programareas/employers/accommodations) <https://emfconference2021.com/>. The DOL-affiliated Job Accommodation Network's Accommodation and Compliance: Electrical Sensitivity and Accommodation and Compliance Series: Employees with Electrical Sensitivity Publication Downloads provide further information. <https://askjan.org/publications/Disability-Downloads.cfm?pubid=226622>; <https://askjan.org/disabilities/Electrical-Sensitivity.cfm>; <https://askjan.org/articles/When-NewTechnologies-Hurt.cfm>.

If you have any questions, please, do not hesitate to call/email us.

Sincerely, Dr Naila Goldenberg

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