

**Before the
Federal Communications Commission
Washington, D.C. 20554**

In the Matter of	)	
	)	
Reassessment of Federal Communications	)	ET Docket No. 13-84
Commission Radiofrequency Exposure Limits and	)	
Policies	)	
	)	
Proposed Changes in the Commission's Rules	)	ET Docket No. 03-137
Regarding Human Exposure to Radiofrequency	)	
Electromagnetic Fields	)	
	)	

To: Office of the Secretary
Federal Communications Commission
Washington, DC 20554

Comment Filed by: Cindy Bowman
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September 3, 2013

AFFIDAVIT OF Cindy Bowman

I, Cindy Bowman, attest that my statements are true to the best of my knowledge.

Comment round for FCC ET Docket No. 013-84 and ET Docket No. 03-137

1. My name is Cindy Bowman. My address is P.O. Box 222 Bloomery, WV 26817
2. I am unemployed due to illness, a condition known as electrical hypersensitivity.
3. (A) In 2004, I was assigned the task of taking phones calls at work. For this task I was given headphones which attached to my office phone. From that day, my life has never been the same.

(B)I began experiencing severe headaches, which dissipated a few hours after returning home. The next day I felt good, returned to work, and had another headache within a few hours of wearing the headphones. This phenomenon continued and soon after, I began having involuntary muscle twitches, insomnia, ringing in my ears, confusion, fatigue, inability to concentrate, dizziness, problems balancing and Alzheimer's-like memory problems. I would attend a meeting at work, take notes, and upon returning to my desk, was unable to read my own notes or even remember the meeting. I was unable to find a doctor who could help me. Barely two months later I had to leave my job because each day I went there, I was able to stay shorter and shorter times before becoming ill. By the time I left my job, I had or was experiencing more than forty physiological changes that resulted from my illness, and I was ill no matter what my location. I didn't wear headphones at any time other than for work; that was the only change in my life, and anything electrical, wireless or not, was affecting me by then. I would even experience muscle twitches when driving underneath a power line, when near a cell tower, or being next to a hybrid car in traffic. The remote control on satellite TV proved to be too strong for me; it caused many problems and I cannot be around them even now.

(C)After my headaches began I started noticing that other people at work who were taking phone calls didn't use the headphones. I started my own survey, asking why they didn't use the equipment provided by our employer. Many had headaches, some had confusion, and some had ringing in their ears after using the headphones. I reported this to the supervisor, and tried using a different pair of headphones. The supervisor said some people quit the job taking phone calls soon after beginning, but those people had been hired specifically to take calls and had not been employed very long. I had been employed there for over nine years but had not taken calls using headphones. I even tried using a private office using the speakerphone instead of headphones for taking calls but my symptoms continued to increase in number and intensity.

(D)I didn't want to leave my job but had to leave because I was no longer able to perform my duties due to my illness. The neurological changes in my body caused by my exposure to the electrical impulses in my environment were beyond imagination and I had trouble believing what I was experiencing, even while knowing that it was real and not imagined.

(E) Soon after becoming ill but before I left work, my husband contracted with a satellite TV service for football season. In my absence, my husband had the satellite installed above our bedroom window, directly above our bed. I had been staying with my mother for a week because she was ill. When I returned home, I couldn't sleep in the bed. I heard humming and vibration sounds that my husband couldn't hear. I convinced him that we should sleep with our feet under the window instead. That gave my feet and legs burning sensations, and I had to move out of the bedroom to sleep until we got rid of the satellite. I actually pitched a tent on our deck and slept outside while we had the dish. Although my husband did not experience any health problems due to the location of the dish, I felt them as long as the service was on. I turned off and unplugged the receiver box at night and when my husband was at work to stop the transmissions and hopefully feel better in my own home, but that accomplished nothing.

(F) Even before my illness began, I had used a cordless phone at home and noticed after some conversations, my inner ear felt as if it was numb, and my outer ear was hot. Switching ears while using the phone made both ears have the same feelings.

(G) I now use speakerphones exclusively, most often on corded phones.

(H) In the last month I learned the land behind my house is being considered for a cell tower site. Although I am attending local governmental meetings and voicing my thoughts, needs and ideas, if this tower is built, I will have to move. There are already eight towers within four miles of my property, according to Antennasearch.com. If this continues, I will have no place to move within the United States.

(I) The FCC's decision to review the guidelines of RF Safety is to be applauded. I believe a change to lower the FCC RF safety guidelines is in the best interest of the American public, taking place as soon as possible, to prevent more people from becoming ill. A person doesn't know they have this sensitivity until it starts. It usually isn't one or two devices which cause this sensitivity and subsequent lifelong illness, but one or two too many. I urge the FCC to act now to protect Americans' health by lowering exposure limits to Radio Frequency electromagnetic fields.

Respectfully submitted by

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September 3, 2013

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