

[REDACTED]

March 6, 2025

AT&T a/d/a AT&T Mobility
[REDACTED]

Attn: AT&T Mobility LLC

Re: Cease and Desist Letter

**REQUIRING AT&T CELLULAR TELEPHONE COMPANY, D/B/A, AT&T
MOBILITY, DEMANDING IMMEDIATE DISCONTINUANCE AND REMOVAL OF
SAID WIRELESS ANTENNA/MICROCELL LOCATED ON ALLEY UTILITY POLE,**

[REDACTED]

To Whom It May Concern:

Here is a brief summary of myself and how I became to realize that I suffer from ES or EHS which can come from "Electro Smog". I became well educated on the subject and hazards of microwave radiation and EMFs. It all started a long time ago when I was unable to sleep for a month without sleeping pills. Before going to the doctor, I thought to myself, what is going on with me, why can't I sleep.. I looked at my life and what may have changed in that time period.. Within a few minutes or less I then remembered we had upgraded our DSL internet and WIFI from 3MBPS to a new plan with 12MBPS. In order for that to happen a new modem was installed for the faster speed. I then thought to myself what really is WIFI, can this be the reason I can't sleep? So before going to bed already knowing I was out of sleeping pills, I decided to unplug the router to see what would happen because if that didn't work to the doctors I would go because I wasn't spending any more money on OTC pills to sleep.. To my surprise, I slept GREAT..! It was the best sleep I had in that entire month. That night before going to bed same thing, unplugged the router and passed out.. The following day I worked very long, was extremely exhausted, and as I was getting into bed I thought to myself, I didn't unplug that modem, I ignored that thought let my head hit the pillow and to myself I said "F*** it, I'm so tired I'm going to pass right out..!" Laying there for over an hour tossing and turning waiting for my brain to shutdown, waiting for myself to pass out... I aggressively jumped up out of bed with fury went over to the modem grabbed that thing and threw it across the room which also

unplugged it and no, it did not break.. Went back to bed and passed right out. The following day I began doing some research on WIFI and what I was dealing with. Needless to say, at that time, the internet search engine would show you SO many links... There was SO much data.. There was good “real life” information, health warnings, and hazards on this technology.. It was much easy for one to self-diagnose things back then.. Today you need to know where to look when it comes to this tech being the subject anyway..! I then learned I could control the power of my modem (factory default power output is 100%). I had it set at the lowest setting which was 40mw, we still had WIFI and I had no problems sleeping.. Years went by and my sensitivity became worse, I then learned about the hazards of dirty electricity. Filters existed but I couldn’t afford them so I had made my own and to this day they are still installed and every so often I check the readings of my outlets. I was first skeptical about all this so I only made a few filters and installed them in our kitchen where my headaches and anger outbursts were the worst. I was shocked that the headaches went away and maybe because of that I was no longer getting angry either.. So I bought enough material to make more for the rest of our home. Had I realized power lines produce LF fields that can affect our well-being I may not have moved here. However, I was only 23 years old and ignorant on the subject. Years went by and things were good for a long time but our internet at 12mb needed an upgrade. When fiber came out we were probably one of the first to have it and the day it was installed, I already knew where to find my power settings. As I went to make the adjustments I was shocked to see I could set the power to 10mw where the other modems lowest setting was 40mw. I started at 40mw then had it all the way down at 10mw but something with this was different, something wasn’t right.. I didn’t like how I felt even on our main floor, router was upstairs. I had head pressure and a very uncomfortable mild tightening in the chest pain and I couldn’t take it.. It was very disappointing as I enjoyed playing games on my ipod but my body was telling me otherwise. So I had to completely SHUT OFF the WIFI on this modem.. Over the next month I ran and wired up every device we had. If the kids played on the Ipad it was with Ethernet.. All health was good and under control until 2019 when this CELL became activate..

Since late 2019 a 5G “micro cell” was installed within 10 yards, (24 ft from my bed) from my residential home located in [REDACTED] My family and I began to suffer from symptoms of Radio-Wave Sickness. Some of the more common symptoms at that time were profound tinnitus, anger, aggravation, and insomnia. During that time, I got my ladder and simply turned the knob to OFF at the power supply. On several different occasions throughout the first 2 years I had done this. Once the power was turned off, symptoms stopped. The severe ringing (tinnitus) went back to normal, It was a relief! Sleep was no longer an issue, and we were NOT angry and on edge like we had been when the micro cell was active.

I needed it off to compare and contrast the side effects with and without.. It then came to a point to where I feared for my life if I had turned it off again.. I felt like I would be killed or attacked if I had done so..

So until recently, I did nothing other than try to maintain a lifestyle with suffering outside of my safe zones on my own property. I do a lot of research on the subject of health and what is good and bad. I continue to note all severe and or devastating events for myself and my family and relatives that have come over, 1 has ran out of my home because of how they felt without any recollection that the device is there.. Whether the micro cell was the cause or not we do not know, however, his claim of fear and the most extreme sense of anxiety he's ever felt that came over him, lead me to believe this cell was probably the reason he ran out.. I know that feeling all too well but because of that I know how to control myself and cope with it, at least to a point.. I have spent thousands of dollars on shielding material, protective clothing, bed canopies, all to try and help protect myself and my family from this harmful technology and so I can try to bare to live in my own home..

With that said, the negative side effects due to the "electro smog" being produced by this micro cell, has been independently tested, observed, and data has been recorded by a self taught well trained an experienced person with EHS since the beginning this became active for the course of over 5 years.. This technology was rolled out in a hurry, sold to the public with ads, and bypassed ALL the health and safety standards without even testing if this was safe.. The companies claimed it will remain untested by the industry. Therefore, here is some of MY data, or, real life testing on live human beings!

The more recent data we have collected is very disturbing. However, it was the proof that finally made me realize this must be SHUT DOWN at once as I now have more than enough data to prove this technology is NOT good, safe, nor has any right to exist near or among mankind. The evidence and data collected in the more recent months is as follows:

It has been documented and recorded that a boy, age 16, suffered from what we assume or thought to be was food poisoning or stomach flu. However, things escalated very quickly. His heart rate hit 145, oxygen level was 86, severe shakes, the chills, the boy screamed, cried, then shouted and stated, "Everything hurts. I'm in so much pain. I feel like I'm going to die!" He began crying harder and harder, moving back and forth, side to side, unable to sit still on the couch. He then shouted, "I can't take this anymore I just want to DIE!"

(A stomach flu with severe pain all over just seemed very unusual, but eyes rolling back into head, low oxygen, signs and symptoms of loss of consciousness, and severe vomiting were indeed a concern. (This turned into stomach flu with shock and seizure-like symptoms, among several other scary concerns, for a parent to face.)

After the mother witnessed this, she contacted her husband and told him we need to take our son to the hospital emergency room. Meanwhile, the father who suffers from ES/EHS and is well-educated on the negative health effects caused by microwave radiation, suspected he only had food poisoning or a stomach flu, but questioned himself and thought, if the human body is being subjected to such harsh RF “Elecro-Smog” environmental conditions such as the many unknown frequencies (“electro smog”) bombarding him within his home, is it possible his body acting like an antenna, is receiving signals of the unknown and wreaking havoc on his central nervous system and causing him to go haywire?

Once the father arrived, he saw his son crying and his shaking continued, his breathing was heavy and he began to turn pale and he shouted again, “I’m in so much pain. My body hurts so much. I just wanna die!” The mother was ready to leave and demanded her husband to go with her. The father in fear for their son’s health/life calmly said to his wife, “My dear, please get the shielding we have upstairs and my shielded blanket.” She tried to dismiss his request and began talking, while her husband calmly interrupted her promptly and said, “Before we take him anywhere, I need to see if shielding him changes how he feels.” The father told his son to stand. He placed the shielded fabric on the couch and told his son to sit down. The father wanted to use silver/fiber screening to complete the faraday cage; however, the material had to be cut. As the father watched his son only get worse, he began to think this may all be a waste of time. He was not about to leave his son to go and cut the silver fabric. The father knew the blanket/fabric he uses to sleep with does indeed block RF signals, but he did not think it was going to be good enough to protect or change how his son felt.

He then thought to himself, “I must try this before heading to the hospital.” During the shielding process he was crying, his hands and body were shaking, and his eyes were randomly rolling high up/or into the back of his head. He was overly ecstatic, like he was in a panic or about to have a seizure and once again he stated he was in so much pain. He repeatedly shouted, “I just want to die!”

The father moved quickly and placed the blanket over his son making sure to contact the shielding that he was sitting on. The concept was to create a faraday-like cage or shielded fort. The moment the silver fiber blanket went over his head and came into contact with the shielding beneath him, the “healing effect” began, or should we say, “the defense system” worked? The wife and father were in disbelief. Instantaneously, he stopped shaking, was completely silent and was not moving at all. As the father stood there in such an uncomfortable hunched position trying to hold the blanket up so it wouldn’t rest on his face, he began to worry and said, “Jacob, are you OK??” No response. The wife then said, “Jacob say something.” Immediately, the father got worried and repeated himself louder and said, “Jacob, are you OK?? You need to say something!?” Just before the father was about to remove the blanket, his son said, “I’m just so tired now but what should I do if I have to puke?” The father and wife were relieved. The father said, “Don’t worry if you need to puke. We will help you.”

Needless to say he puked 24 times (he was counting, I don't know why). My wife and I had NOT expected such an outcome. We then cut the silver/fiber meshing to cover him and made him shielded bedding on our couch.

This along, with ALL the data I have collected, was now more than enough proof to convince any jury of 12 this 5G "micro cell" DOES NOT belong here, 12 feet from our bed, 10 yards from our residential home.

This is a very important matter to me and my wife. It affects our children. It hurts to talk about this, and I will try to be brief. A few weeks ago and the reason I am writing this letter, my 16-year old son and I were doing a little project in my garage. At the time he was standing in what I consider a HOT SPOT zone in my garage and measuring the diameter of a rod with a dial caliper (security camera footage of this incident saved). I watched my son struggle with this easy task. My son stated that he was not feeling well and wanted to go inside to eat. I told him that was fine, and I decided to go with him. He could not move. He then said "whoa! I don't feel right and I'm seeing black spots." He looked like he was dizzy or something. He then stated he was having a hard time seeing. I looked at his pupils dilating back and forth from black to brown. I was getting very concerned and scared. My son then said, "Dad, I'm having a hard time hearing. I'm scared!" I then watched his eyes go black as he stood there trying to look at me, but he couldn't see. It then looked like he began to stop breathing. I said, "Jacob! Breathe!" He started to fall towards me. I shouted again, "Jacob, son, you need to breathe!" While trying to push him/hold him up to keep his balance where he was standing, he then was starting to go limp and I quickly grabbed him, carried him and placed him down the best I could onto my office chair without dropping him. He sat there with eyes black, unconscious and I don't even know if he was breathing. I have handled many situations, and I consider myself to be one of the best working under a panicked situation. However, this was the most feared and terrified situation I have ever experienced in my life, and I did not know what to do. I began shouting at him saying, "Jacob, breathe! You need to breathe!" I then began to gently start shaking him, and I lightly touched his chest. Slowly he began to start breathing again. His eyes began to turn brown again, and my son didn't die! This is all I want to type about this because I break down every time I think about this!

This was the LAST STRAW. This was NOT normal, and only 3 weeks prior was when my son suffered and we shielded him and he was better. My wife and I SHUT OFF the power that night. The relief I had NOT felt in years was unbelievable. Until we shut this off, I had not even realized how bad I have been suffering. I have suffered for SO long! (Attached is a sheet of my symptoms.) The pain I feel, the anger that consumes me, the things I CANNOT do because of this cell. Our house, our fence, everything is falling apart and I am unable to work on it because it KILLS me to be outside!! ATT didn't even come out for over a week! It was SO nice. I felt SO happy. I was cooking, cleaning, spending time in the house with my family, and SLEEP. I could actually SLEEP and stay asleep, and it was VERY good sleep as well. When

ATT finally came out, they saw the LOCK OUT TAG we placed on the lock. They just looked and saw a lock and didn't touch it, and they left.

Days went by until yesterday, March 4, 2025. As I sat at my desk beginning to do our daily timesheets for my job, my body KNEW when the cell was turned it back on. My face began to feel flushed, and then the slow squeezing pressure like tension that I have lived with all day, every day, 24/7, 365 days a year which I forgot about briefly and thought it was normal because it has been SO long, returned!

Immediately I felt SO depressed, so very depressed for so many reasons, so upset. The pain that I suffered with for years was starting all over again and for what...? So people can have wireless home internet and faster phones?! Well, I logged into an ATT outage map when we shut this down, and this micro cell was NOT on that list. Nobody's service was interrupted. If it was, ATT would not have waited almost 2 weeks to fix this problem. The second night after my wife and I turned this off, I cried to her. I cried the longest I have ever cried in my entire life. I cried and told her how sorry I was for letting this harm us for SO long. I cried to her and said, "I am so sorry I have spent years of my life away from you and the kids in the one corner of my garage where my desk. It is where I feel safe/or somewhat OK. I cried to her because I was so happy I felt better. I felt so good. I was looking forward to doing things and fixing up our home and the list goes on. As I began to stop crying, I said to her, "I promise you I will NOT let this harm us again."

I am a person who believes in Natural law and lives by the golden rule. I do NOT want to cause destruction to this device. However, turning this power off and locking it out evidently was temporary. I do not know what ATT did, but the lock I placed on the power supply is still there. I have not gotten on a ladder to see if they bypassed the power supply/fuse box and wired it straight and direct to the feed, and if they did that, it is now an unground electrical fire hazard.

Having said all the above, I began to study law and individual rights. It is clear what is happening to my family and I should not be happening. I am unsure if the General Assembly is unaware or possibly neglected or ignored all the science and research on the harmful effects of microwave radiation. I hope that now if they can read this they can understand this can cause harm and reconsider the laws on how close these antennas can be placed next to a person's home.

I also apologize for not knowing better. I was not aware at that time but I am aware of this now.

Furthermore, I [REDACTED] will uphold the Constitution of the State of Illinois, ARTICLE XI, SECTION 1. PUBLIC POLICY - LEGISLATIVE RESPONSIBILITY, ENVIRONMENT. SECTION 2. RIGHTS OF INDIVIDUALS

As a People of the State, I, [REDACTED] will do my duty to provide and maintain a healthful environment for the benefit of this and future generations and as lawful as can be, I request this be turned off at once. If my request is denied or they fail to do so I will take it upon myself to do so.

Respectfully,

[REDACTED]

Enclosure

Constitution of the State of Illinois

ARTICLE XI

ENVIRONMENT

SECTION 1. PUBLIC POLICY - LEGISLATIVE RESPONSIBILITY

The public policy of the State and the duty of each person is to provide and maintain a healthful environment for the benefit of this and future generations. The General Assembly shall provide by law for the implementation and enforcement of this public policy.

(Source: Illinois Constitution.)

SECTION 2. RIGHTS OF INDIVIDUALS

Each person has the right to a healthful environment. Each person may enforce this right against any party, governmental or private, through appropriate legal proceedings subject to reasonable limitation and regulation as the General Assembly may provide by law.

(Source: Illinois Constitution.)

