

Part 1

Declaration for

COMMENTS FOR HHS Request for Information on Electromagnetic Fields (EMFs), Radiofrequency (RF) Radiation, and Wireless Radiation Exposure.

By Janet FitzGerald, Rowley, MA Oct. 21, 2026

Part I

1.) I am submitting this comment in good faith to the HHS Request for Information on Electromagnetic Fields (EMFs), Radiofrequency (RF) Radiation, and Wireless Radiation Exposure.

#2.) I am responding from the perspective of: A.) a patient with EMR Syndrome, B.) a mother, C.) a wife of a man dying of a cell phone-site glioblastoma, D.) a clinical speech-language pathologist, E.) someone who has also worked in healthcare PR (where I learned how big industry influence works), F.) a consumer who tries to avoid “smart” radiating technology, and housing without EMF Radiation complications, G.) an ovarian cancer survivor X’s 2, and H.) an advocate who has attended the EMF Medical Conference and other webinars by doctors and scientists and engineers on the topic of EMF Radiation and its impact on our biology and our communities.

#3a.) My interests include all the sources / types of EMF Radiation, including, 5G, 6G, broadcasting (“smart”) meters, WiFi in homes, offices, medical centers, stores, stadiums, “smart” appliances to avoid, cell phones – especially in a crowd, ear buds and hearing aids.

#3 b, c, d, e, & f.) EMF Radiation overload has greatly affected my life – in my lack of choices of where I can safely live, work, visit, exercise or get medical care.

3b-f.) Continued:

I first noticed a correlation between EMR's / EMF Radiation exposures and my own biological reactions 7 years ago when I got headaches only when near our router in my home office. The closer I was to my router, the more headachy I felt, and visa versa.

Resolution: We hired a building biologist who helped us change over to ethernet wiring. Then the headaches went away.

I also learned, after we moved to a new state and into a condo, that I could not tolerate the closeness to the radiating “smart” utility meters – even though we were hard-wired in our own space, I got headachy and intolerably shaky when near the smart meters near the front of the condo and in my office that shared a wall with a neighbor.

Resolution: We bought an RF meter (Acousitmeter brand), and noted it registered into the Red Zone when near the smart meters, and when near the wall we shared with a neighbor. We're pretty sure they had her WiFi on all the time.

Resolution: I found an integrative MD who gave me IV shots of Vitamin C and glutathione. It helped enough to make it easier for me to pack my family up and move to a detached home in a rural area.

I also had an EMR Syndrome event when I came within 50 feet of a new AT&T 5G bundle up on the top of the Lake Placid Olympic Ski Jumping Complex (touring). Just before I got to the top (from an enclosed stairwell) I felt faint, then got a sudden vice-like headache, then a tachycardia event – first time ever – chest pounding powerfully.

Resolutions: I took the Zip Line down as fast as I could, and felt better. But told my cardiologist about it later on, and he said he'd been hearing about and more about tachycardia resulting from EMF radiation exposures.

~~~~~

#3.g. Supporting documents: There are thousands of pages of research studies and supportive graphics that prove the biological harms to the levels of EMF radiation exposure that far exceeds the outdated FCC guidelines.

Here's one: Balmori, A. (2022). Evidence for a health risk by RF on humans living around mobile phone base stations: From radiofrequency sickness to cancer. *Environmental Research*, 214, 113851.

And another: Weller, S. G., McCredde, J. E., Leach, V., Chu, C., & Lam, A. K. (2025). A scoping review and evidence map of radiofrequency field exposure and genotoxicity: Assessing *in vivo*, *in vitro*, and epidemiological data. *Frontiers in Public Health*, 13, 1613353.

#4 a- I.) From my professional situation as a speech-language pathologist, I loved my work in hospitals, pediatric rehab setting and schools, but I can no longer work in those settings because of the "always on" high EMF radiation levels, and I know I will get sick.

See award-winning documentary: "Generation Zapped."

Also, when I go to most of my medical appointments, I bring my professional Safe and Sound Pro 2 RF Meter, and show the medical providers the high ("Red Zone") levels they are in. Many are shocked, others just look resigned.

When I went for a check-up at the Dana Farber Cancer Center, I was told to wear the EMF radiating tracker I was handed. How can they not know? Are they relying on the FCC's 30 yr. old guidelines?

#4. m.) Recommendations for future research and surveillance:

Connect with all the many vetted, independent researchers, doctors, engineers, who already have thousands of pages of independent research from all around the world, and create a true Blue Ribbon Committee with shared values of preserving life, preventing suffering, pursuing transparency. Then bring in university presidents and help fund independent research.

Some of the vetted resources that can summarize research and recommendations that you do want to meet with include: Environmental Health Sciences, Nobel Prize winner, Dr. Devra Davis of Environmental Health Trust, Dr. Joel Moskowitz (UC Berkeley), Dr. Paul Heroux (McGill U.), Dr. Henry Lai, Dr. Cindy Russell of Physicians for Safe Technology, Libby Kelly who put together the EMF Medical Conference 2021, Dr. Magda Havas of Trent Univ., and Dr. Ronald Melnick.

If you simply interview each of these experts and all those they recommend (as there's too many to properly list here) you will be off to a good start to correcting this void of information in and actions by our Congress, our federal agencies, our medical schools, our media, and our public health departments of every state and city.

Also see: EMF Medical Conference 2021 – and insist all doctors and nurses and other healthcare providers watch it!

<https://vimeo.com/showcase/10624511>

END of Part 1 due to size limitations