

nm4us.org



Part A: HHS Questions:
-----**1. & 2. I am responding as:**

- ☐ an individual
- ☐ family member of an individual
- ☐ caregiver for an individual

The HHS form is geared for describing your experience with a single kind of EMR exposure. For simplicity, in question 3, **please choose a single kind of exposure that you have reacted to consistently. HHS is particularly interested in wireless and radio-frequency exposures.**

3a. Type of wireless or RF/EMF sources involved (e.g., mobile phones, Wi-Fi, smart meters...):

Cell towers, smart meters, and wireless networks all produce pain and mental confusion, and I use cell pho

3b. Nature, duration, frequency, and approximate timing (e.g., years):

Onset coincided with smart meter installations in home in 2011 and steadily grew worse.

3c. Adverse health effect(s) experienced:

Brain fog, headaches, TMJ muscles spasm, neck muscles spasm. Very strong signals produce mental disorientation.

3d. Time from first exposure to first appearance of adverse health effects; and did a change in exposure coincide with the onset of adverse effects:

Installation of smart meters in apartment building where I was living (and in all the surrounding buildings) produced the first onset of symptoms. Cell tower on next door building created intense symptoms when I was outside. Installation of wireless at work meant I had to move offices, and then finally to work from home where I had some shielding.

3e. Was medical evaluation or treatment sought? (Optionally:) Was there a diagnosis?

Yes, diagnosis of electrical sensitivity which goes by different names in different countries.

3f. Were steps taken to reduce or eliminate exposure, and were there subsequent changes in the effects?

Have a shielding canopy over bed, and protective clothing I must wear all the time now. Take

supplements to mitigate some of the effects. 5G has made this much harder to protect against.

3g. Any supporting documentation? This includes Scientific Reports, exposure measurements, or other relevant information:

A doctor provided an evaluation and a diagnosis for more employer who then provided an accommodation of a different office and then work from home. Diagnostic criteria was based on the Austrian government's diagnostic criteria.

Additional Details you would like to share about your experiences of adverse health effects you believe to be associated with exposure to wireless radiation or EMF's:

People seem to overlook the fact that we are all being bombarded by cell tower sources (including satellites) even if we choose not to use cell phones. We are all being saturated with microwave, with children being the most vulnerable and least likely to have a way to protect themselves. When low flying twin engine planes use air to ground radar I can feel them pass overhead (similar frequency to 5G).

Part B: Optional Cellular Phone Task Force (CPTF) Questions

B1: List no more than 4 or 5 (if applicable) wireless or EMF sources for each subquestion:

B1a. Sources you experience as causing you Adverse Effects:

Cell towers, GPS and satellite signals in cars, RADAR from planes (small aircraft) and from other cars.

B1b. Sources you can sense, but don't seem to harm you:

High voltage power lines do not produce immediate symptoms, but ultimately trigger even worse symptoms on a delay. Similar situation with electronics in car dashboards.

B1c. Sources you can use without sensing or being harmed:

Can use a wired (ethernet) computer and monitor, etc.

B1d. Sources that seem to provide benefit (i.e., electrotherapy):

B2. In this section, please include any health condition(s) you have had or currently have.

B2a. Health conditions you think may contribute to your sensitivity to EMFs including wireless:

Have a genetic predilection toward diabetes and Alzheimers. Since wireless damages the blood brain barrier that may produce even more effects for people like me.

B2b. Health conditions you don't necessarily associate with your sensitivity to EMFs including wireless, but might be relevant:

Had a dental implant removed to see if it would help. It stopped the "battery effect" current in my mouth but did not resolve the EMF sensitivity.

B3. For each subquestion please list up to 5 drugs, therapies, home remedies, exercises or other practices (if any):

B3a. That you recommend, as they helped you tolerate or recover from EMF exposure:

Chlorella, molecular hydrogen, inducing sweating whether through hot baths or saunas, glutathione. I have not "recovered" at all, can only protect myself.

B3b. That you recommend, but you're not positive that they help:

Fucoidan (anything that removes heavy metals from the body), vitamin C, multiminerals at low dosages

B3c. That helped you but you don't recommend. (e.g., the benefit did not last long or the side effects were too harmful):

B3d. Treatments that had no effect:

B3e. Treatments that made your sensitivity worse:

Phototherapy.

B4. What is your age range? (Choose from dropdown)

65-74

B5. What year did you become aware of your sensitivity to wireless radiation or electromagnetic fields?

2011

B6. What country, state, province, or major city were you living in when you first noticed your sensitivity to wireless or electromagnetic fields?

living in Oakland, CA when smart meters first installed and radiation started coming from electrical cords from anything plugged into outlets. Had to move to another county (Contra Costa).

Thanks! Here is a copy of your responses. (HHS limit: 5000 characters; you have used 3801, including questions text.

If you wish to make any changes, go back to edit your responses in the boxes you wrote in, and they will update here.

Press Submit, so CPTF receives your responses.

After submitting, you will be taken to a screen to copy your text and navigate to the HHS website to paste your comments and submit there.

Thank you for participating! Please note that CPTF safeguards the confidentiality of your data.

1. & 2. Responding as: an individual

3a. Type of sources: Cell towers, smart meters, and wireless networks all produce pain and mental confusion, and I use cell phones only when there is no alternative since they produce the worst pain and confusion.

3b. Nature, duration, frequency, timing: Onset coincided with smart meter installations in home in 2011 and

cell towers, duration, frequency, timing. Effect compared with smart meter installations in home in 2011 and steadily grew worse.

3c. Adverse health effects: Brain fog, headaches, TMJ muscles spasm, neck muscles spasm. Very strong signals produce mental disorientation.

3d. Time from exposure to appearance of adverse effects; did a change coincide with onset: Installation of smart meters in apartment building where I was living (and in all the surrounding buildings) produced the first onset of symptoms. Cell tower on next door building created intense symptoms when I was outside. Installation of wireless at work meant I had to move offices, and then finally to work from home where I had some shielding.

3e. Medical evaluation sought? Diagnosis? Yes, diagnosis of electrical sensitivity which goes by different names in different countries.

3f. Steps taken to reduce exposure; subsequent changes in effects: Have a shielding canopy over bed, and protective clothing I must wear all the time now. Take supplements to mitigate some of the effects. 5G has made this much harder to protect against.

3g. Supporting documentation: A doctor provided an evaluation and a diagnosis for more employer who then provided an accommodation of a different office and then work from home. Diagnostic criteria was based on the Austrian government's diagnostic criteria.

Additional Details: People seem to overlook the fact that we are all being bombarded by cell tower sources (including satellites) even if we choose not to use cell phones. We are all being saturated with microwave, with children being the most vulnerable and least likely to have a way to protect themselves. When low flying twin engine planes use air to ground radar I can feel them pass overhead (similar frequency to 5G).

B1a. Sources experienced as causing Adverse Effects: Cell towers, GPS and satellite signals in cars, RADAR from planes (small aircraft) and from other cars.

B1b. Sources can sense, but don't harm: High voltage power lines do not produce immediate symptoms, but ultimately trigger even worse symptoms on a delay. Similar situation with electronics in car dashboards.

B1c. Can use without sensing: Can use a wired (ethernet) computer and monitor, etc.

B1d. That provide benefit: __

B2a. Health conditions that may contribute: Have a genetic predilection toward diabetes and Alzheimers. Since wireless damages the blood brain barrier that may produce even more effects for people like me.

B2b. Other health conditions: Had a dental implant removed to see if it would help. It stopped the "battery effect" current in my mouth but did not resolve the EMF sensitivity.

B3. Drugs, therapies, remedies, or practices:

B3a. Can recommend: Chlorella, molecular hydrogen, inducing sweating whether through hot baths or saunas, glutathione. I have not "recovered" at all, can only protect myself.

B3b. Can recommend, but not positive they help: Fucoidan (anything that removes heavy metals from the body), vitamin C, multiminerals at low dosages

B3c. Helped but don't recommend: __

B3d. Treatments having no effect: Phototherapy.

B3e. That made sensitivity worse: 65-74

B4. Age range: 65-74

B5. Year you became aware of your sensitivity to RF/EMFs: 2011

B6. Country, state, province, or city lived in when first noticed sensitivity: living in Oakland, CA when smart meters first installed and radiation started coming from electrical cords from anything plugged into outlets. Had to move to another county (Contra Costa).

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