

Me and my wife both have EHS (ElectroHyperSensitivity). We Live in Nykil, Sweden on the countryside, 130 miles southwest of Stockholm.

I am born 1956 and have a Masters degree in electrical engineering and acoustics.

I got sick in the early 1990ies from a CRT colour monitor. I got red rashes on my chest and got very dizzy. I switched back to my old B/W monitor and my employer EMF mitigated my office and the lab where I worked. Thus I could continue working.

My wife is born in 1952 and she worked as an helth advisor before she retired.

She got sick in 2017, when the landline in her apartement was removed and a router with WiFi was installed to handle the telephone and internet connections. Sweden is probably the only country in the world where the landline telephone network is shut down! I helped her replace the WiFi router with a wired router, which improved the situation very much, but she still had problems with two nearby mobile masts and all the neighbours WiFi routers.

We got married in 2019, and in 2020, when the covid pandemic started, she moved to my house. Many couples, where one of them gets EHS separate, because it is a difficult life, and even though it is an approved disability, authotities denie it. This causes discord in families, and it often splits up the hole family. As we both have EHS, we can support each other and fully understand the problems we have.

The situation was not good in 2020, but we managed. But soon the situation got much worse.

In 2023, the mobile mast closest to our house was extended approximately 50 feet, and several new 5G-antennas were installed, and the radiation level increased 20-fold to around $120 \mu\text{W}/\text{m}^2$ inside the house. Outside the level is much higher, so we can't even be in our own garden!

And in 2025, smart meters became mandatory in Sweden. No exeptions are allowed for our disability, even though EHS is an approved disability by the Swedish National Board of Health and Welfare. When members of the Swedish EHS society refused the installation of the smart meters, it was enforced by the police!

5G and smart meters has forced many EHS people in our country to flee from their homes. The worst problem for the members of our EHS society is insomnia when the new "smart" meters are installed. Other symptoms we have are brain fog, amnesia, headache, concentration problems, depression, light sensitivity, skin rash, itching and many other symptoms. The life with EHS in Sweden is so difficult that many of us commit suicide.

My wifes background as an health advisor is extremely useful, as her knowledge of healty food and food supplements help us to protect our cells and keeps us alive.

