

. & 2. I am responding as: an individual

3a. Type of wireless or RF/EMF sources involved (e.g., mobile phones, Wi-Fi, smart meters...)Wifi in our home, I-phone, I-pad, Lap-top, printer

3b. Nature, duration, frequency, and approximate timing (e.g., years):5 G Wifi since september-2024, before that 4 G and 3 G

3c. Adverse health effect(s) experienced:Colon cancer 2011, stress, high blood pressure, pain in tissues even though living healthful, exercising, vegetables, making food from ground.

3d. Time from first exposure to first appearance of adverse health effects; and did a change in exposure coincide with the onset of adverse effects:A bit hard to remember, I guess my first smartphone, I-phone 4, was bought 2009, before that Nokia old kind of button-phone.

3e. Was medical evaluation or treatment sought? (Optionally:) Was there a diagnosis?Yes, and surgery 2011, cutting 30 cm of colon. Many years after with aching tissues, diagnosed with spinal stenosis, high blood pressure, breathing issues.

3f. Were steps taken to reduce or eliminate exposure, and were there subsequent changes in the effects?Have kept devices far away from my body, minimal use of microwaveoven, unfortunately still exposing myself to laptop, screen studying trading via internet.

3g. Any supporting documentation? This includes Scientific Reports, exposure measurements, or other relevant information:I am sorry, not, but is suspicious to all devices after have had your information and have read the book, "The invisible rainbow" lended from the univesity in Borås, where I live.

Additional Details you would like to share about your experiences of adverse health effects you believe to be associated with exposure to wireless radiation or EMF's:Since 2024 when wifi 5G was installed in our home, my housband have had increasing pain in hips and back. An x-ray, recently exposed a tumour in his spine, now awaiting surgery.

B1a. Sources you experience as causing you Adverse Effects:Sitting working in front of lap-top, Holding my I-phone in my hand near my head, when calling. Reading daily newspaper at my laptop.

B1b. Sources you can sense, but don't seem to harm you:I can sence all the devices but its hard to proof damages. And its hard to make others beleife in it, too!

B1c. Sources you can use without sensing or being harmed:TV-screen maybe, we are not so close to the screen, maybe 3 or 4 meters away when watching.

B1d. Sources that seem to provide benefit (i.e., electrotherapy):Yes, benefit from fasciatreatment made from time to time in the neighbourhood,wher we live.

B2a. Health conditions you think may contribute to your sensitivity to EMFs including wireless:Skin rashes after exposed a lot to my laptop, a feeling of burn in my face. Ace in my neck and shoulder. Backpain, lumbalpain.

B2b. Health conditions you don't necessarily associate with your sensitivity to EMFs including wireless, but might be relevant:I dont really know, what is causing what.

B3. For each subquestion please list up to 5 drugs or therapies or home remedies (if any)

B3a. That you recommend, as they helped you tolerate or recover from EMF exposure:A daily walk in naturereserve, where we live, gives wonderful relaxation. When possible, walk barefoot in the sand by the sea, or walk barefoot at our lawn in our small garden.

B3b. That you recommend, but you're not positive that they help:Stay away from devices when they are not used if possible.

B3c. That helped you but you don't recommend. (e.g., the benefit did not last long or the side effects were too harmful):- I dont know.

B3d. Treatments that had no effect:Stress.

B3e. Treatments that made your sensitivity worse:65-74

B4. What is your age range?65-74

B5. What year did you become aware of your sensitivity to wireless radiation or electromagnetic fields? Around 1997, when working in front of a screen, making embroidery designs at the moment, after that working with bookkeeping for many years. I had problems with "burn" in my skin, mostly in the face. that was before screen protection was invented. Ache in my neck and shoulders, mouse arm etc.

B6. What country, state, province, or major city were you living in when you first noticed your sensitivity to wireless or electromagnetic fields? In a small town called Ulricehamn. Moved to larger town, Borås, in Sweden in 2006.