

September 3, 2013

SEP - 5 2013

Federal Communications Commission
Office of Secretary
445 12th St, SW
Washington, DC 20554

FCC Mail Room From: Debra Grace Tobiasson
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FCC Rules regarding allowable frequency exposure have damaged my body. I am unable to go out into public, hold a job, travel, go to church or community gatherings, watch TV, use a microwave and more.

My name is DebGrace. I hold a degree in computer science, have been a model, high school gymnast and student body officer, Rodeo Queen, parade Queen, volunteer for Habitat for Humanity and Master Gardener in two states, worked 20 years as an Executive's Assistant for Weyerhaeuser Company and much more. I've lived in Oregon, Wash. State, Alabama, Tennessee, Georgia, South Carolina and now Arizona. I've traveled to Germany, Thailand, Denmark, France, Italy, Mexico and many points in the USA.

I am an avid reader and researcher, get along with everybody, am a team player, and still attractive at age 61; am not lazy, nor a liar.

My life has been drastically altered by the levels of frequencies allowed to expose human bodies. I am humbled and often ashamed by the way I have to cover my body up just to go the doctor's office or make a fast trip into the local grocery store. For the past seven years these two places comprise the majority of where I go.

I cannot go to the movies, visit my neighbors' homes, be around cell phones, wifi, cell towers, smart meters, generators and more without symptoms and consequences.

Symptoms: Dizzy, ears ring louder and louder – sometimes up to an internal scream, body becomes weak and faint. Sometimes it feels like flu symptoms. I have passed out three times in seven years from unexpected exposures; head feels like it is stabbed with an ice pick, body vibrates/ tingles/ shakes. Shakes can be as noticeable as a Parkinson's shake. My eyes feel burned and are often reddish. My chest and gut also vibrate/ tingle/ shake and somehow this affects digestion negatively. My vocal chords can become restricted.

While typing this letter, I feel electricity (frequency) travel my hands/arms into my head and chest. Cells vibrate too rapidly. Ears ring louder and louder. "Brain-fog" sets in. Seldom use computer anymore.

Suicide: Many times I've considered ending my life since this began. I could not figure out what was happening to me. NO doctor had a single clue till I met Dr. Abram Ber in Scottsdale - 2009. He's used his homeopathic remedies to no avail. One doctor suggested I needed a psychiatrist – so I did go for a visit. That visit hurt badly-- most doctors offices have wifi and often have a cell tower only a few blocks away. His suggestion: "You need more fun in your life".

You know these symptoms and problems are no joke. The levels of volts/ megavolts/ hertz, etc. are deeply affecting our society. Our unborn babies and young children have not finished development within their brains. Many become Autistic, or develop ADD/ADHD. The anxiety levels are significantly pushed to intolerable levels in man and woman every nanosecond while they are at work, home, in the public and even taking a hike with their cell phone attached to their body. We are all damaging our brain, heart and immune cells.

I've met people who have pacemakers installed. They tell me their symptoms when they try to shop or walk through a security door and they, too, are being affected by EMF levels. Some folks I've spoken with in doctors offices who have cancer or lowered immune systems also have similar symptoms to mine and are being affected by EMF levels.

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Husband and I opted for a medical short-sale for our home in Gilbert, AZ (loss of \$100K) and moved out into the country to get away from neighbors' wifi and nearby cell towers. I am unable to hold a job only because I cannot tolerate the frequencies coming to/from cell phones and certainly from wifi. I avoid hospitals. Last year I had IV-port installed in my chest to work on heavy metal chelation hoping this would reduce my reactivity. That hospital visit put me into chronic fatigue status two solid months. I physically crawled our home to survive.

Smart meter was removed from our home at our request and cost. We pay \$25 extra each month to keep it at bay though the meter-reader comes approx. every other month. As a test, I had it re-installed two months ago, however, my shaking and reactivity increased; plus another couple who now live here in the country on our property started developing unfortunate health problems also. I again paid full fee to have meter removed and the monthly fee to keep it away.

I am home-bound, lonely, hungry for a restaurant meal and conversations; sincerely dreaming of re-entering society one day. I have a lot to share and want to "give back".

The walls of our home on the North and East sides are lined with aluminum products or sheets of metal corrugated roofing to block the frequencies coming from boosted towers in the Queen Creek area. We have signs posted on the property letting visitors know to keep their cell phones and technology in their vehicles.

When leaving our property I wear protective gear. I have sheets of solid copper inside my hat, and wear two scarves made from silver threads. Also, I carry large strips of thick aluminum to hold up between my head/gut and a passing cell tower, or when I have to stand at a counter with a computer being served by wifi. Even these precautions do not save me entirely. These unattractive products reduce some of the amperage and level of hertz, but I still feel my body tingle, shake, ears ring, weakness, dizzy, etc.

Dr. Ber said once: "Grace, You are living in the wrong century."

My medical briefcase is full of tests, lab results, doctor visits, research and so forth. It is no longer well organized, but, I would be willing to do my best to get it in order, cover up my body and endure the pain to come to you and share with you in person as much as you'd like to learn.

I used to have savings, but have spent over \$100K out-of-pocket trying to find paths to overcome this EMF sensitivity. Regular medicine cannot help me. I continue searching for ways to overcome this hypersensitivity. Regardless, after my research and extensive readings I know we are damaging our children, our animals, our planet, our entire future.

It takes time to overcome medical sensitivities. I don't believe I will be able to do so if the FCC allows further increases. I know it would help my health efforts if frequencies and hertz levels were reduced. Someday I believe there will be other modes to surpass current technology reducing frequencies.

Technology has been grand, but I wonder if the final costs will have been worth it.

Humbly Yours,


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Home Phone – LAND LINE and my ONLY verbal access to the outside world: 480-882-2360

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Type of Filing	COMMENT	Filing Status	DISSEMINATED
Viewing Status	Unrestricted	File Number	5 Comments
Exparte/Late Filed	N		
Total Pagecount	7		
Date Received	Sep 4, 2013	Date Posted	Sep 11, 2013
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