

I am submitting evidence of harm from wireless technology as an individual and can also attest to the negative effects experienced by many of my clients.

In my lifetime, I have been exposed to wasp poison at a very young age as well as lead dust. Those factors may have made my body and brain more susceptible to the effects of RF radiation/Electro Magnetic Radiation/Frequencies.

5G cellular technology has had the most negative affect on my health. When I drive on the highway and pass a tower, I immediately feel prickly sensations on my skin and temporarily experience negative thoughts/cognitions.

I was recently parked at the Sausalito California Spencer Avenue bus pad, where there is a view of the ocean. Shortly after parking there, I felt disoriented and had very negative thoughts. I got out of the car to walk for a moment to get my bearing and noticed a 5G tower as well as other wireless technology at the top of that public lot. I slowly drove out of the lot and when far enough away I parked my car. It took awhile for my brain to recalibrate into equilibrium.

I sometimes visit clients in their homes. Each time I visited a particular client, during her session, my body would heat up, there would be perspiration on my forehead and negative thoughts would flood my mind. I also felt disoriented. We tried an experiment and turned off her Xfinity modem during my visits to her home. I no longer experience the sudden heat, negative thoughts or disorientation.

I cannot sleep when wireless technology is on in the home I am at. I hear ringing in my ears and feel a buzzing in my body that is unsettling.

When I was having a new internet service installed where I lived, the technician mentioned that he is aware of the negative effects of wireless technology from first hand accounts himself. He shared that he will retire from working around wireless technology and will instead focus on his electrician skills.

Another time I was in conversation with an AT&T technician who shared that he was working on a tower in Sausalito when his head fell forward and he felt as if he was in a stupor. It took him quite awhile to come out of that and he is a young healthy man.

It is unconscionable that wireless technologies have infiltrated our lives in grocery stores, shopping malls, movie theaters, restaurants, health clubs, auto shops, community centers, homes, highways, retirement homes, sidewalks in business districts, in and near homes and schools, within national park boundaries, on beaches, etc.

It is only a matter of time before everyone has this same sensitivity, although they may not be aware of why they suddenly feel disoriented, have an onslaught of negative thoughts and feel heated up from the inside.

We are electro magnetic beings ourselves and EMR effects our brain, heart and muscles, not to mention what effect it could be having on our cells.

As a therapist, I see first hand that there is an epidemic of anxiety, depression, fear, panic, low self esteem, OCD etc. My clients are exposed to electro magnetic radiation from their phones, cars, businesses and practically everywhere they go in the world. We think it is intelligent to switch to electric vehicles yet when I use a meter to check the emf level in those cars, it is off the charts.

Our bodies are designed to go into homeostasis when in the proper environment. Our brain waves closely match the same frequencies of the earth. When we introduce artificial frequencies, artificial radiation, artificial magnetic fields, we are wreaking havoc on the very biology, the cellular integrity, and the intrinsic ability of one's body and mind to heal.

Before wireless technology was introduced, we had wired technology and we didn't experience the psychological and physical ailments that are rampant today.

How is it that wireless technologies could be introduced on this planet before undergoing rigorous testing to ensure that there was no harm caused to life? It would be impossible to prove that there is no harm, because there are thousands of scientific studies that show it is otherwise, and there are millions of people who experience EMR Syndrome, whether they are aware of it or not.

On February 6, 2019, At Senate Commerce hearing, Senator Blumenthal raised concerns on 5G wireless technology's potential health risks. *Blumenthal criticizes the FCC & FDA for inadequate answers on outstanding public health questions. Wireless carriers concede they are not aware of any independent scientific studies on safety of 5G technologies.*

*So basically, because this is a billion dollar industry, there is no checks and balances. During covid, 5G towers were added to our cities, beaches, parks, schools, etc. The public assumes that there are checks and balances, and there are not. Wireless technology is not safe, and perhaps we need to recognize that, and make changes that consider the well being of all.*

*In truth, there aren't any safe exposures to artificial radiation, electro magnetic frequencies, etc. We as humans are porous, we are vulnerable. This technology has been unleashed upon us, and most people are not educated about the harmful effects, and most people don't attribute their mental or physical challenges to technology. Most people are addicted to their phones and to their computers. Most every day I see people driving down the freeway while looking down at their phone. It has become the norm.*

When the agencies that protect the people are run by communities of people who are in the highest integrity, who cannot be swayed by billion dollar agencies or persuaded by representatives of the government, then we might just have a world where we all can at least agree that this earth is a precious place to live for us and for all species, and that protecting it is a privilege and an honor we can uphold together.